

Bayside Cross Country 2024



2024 Calendar

Date	Event / Program	Venue	Centre on Duty
27 April	Event 1 - Normal Program	Bald Hill Park	Sandringham
04 May	Event 2 - Normal Program	Hampton Foreshore	South Melbourne
11 May	Event 3 - Normal Program	Braeside Park	Mentone
18 May	Event 4 - Normal Program	Bald Hill Park	Caulfield
25 May	Event 5 - Normal Program	Hampton Foreshore	Brighton/Springvale
01 June	Event 6 - Normal Program	Bald Hill Park	Sandringham
08 June	LAVic State XC RELAY Championships <i>King's Birthday Public Holiday weekend</i>	Cruden Farm <i>U9+ Athletes only</i>	
15 June	Event 7 – Bayside XC Seeded - Special Program	Bald Hill Park	Moorabbin/Oakleigh
22 June	Event 8 – Normal Program	Braeside Park	South Melbourne
29 June	WINTER BREAK		
06 July	WINTER BREAK		
13 July	SMR Region Cross Country Championships (Brighton, Caulfield, Mentone, Moorabbin, Oakleigh, Sandringham, Springvale) WMR Region Cross Country Championships (South Melbourne)	TBC <i>U9+ Athletes only</i>	
20 July	Event 9 – Normal Program	Hampton Foreshore	Moorabbin/Oakleigh
27 July	Event 10 – Normal Program	Braeside Park	Mentone
03 Aug	Event 11 - Bayside XC Championship - Special Program	Bald Hill Park	All Centres
10 Aug	LAVic State Cross Country Championships	Lake Dewar, Myrning <i>U9+ Athletes only</i>	
31 Aug	Bayside XC Presentation Night (evening)	Duncan MacKinnon Club Rooms	All Centres

Order of Events for Normal Program		Approx. Start Time
U13 to U17	3000m (2 laps of red course)	8:15am
U9 to U10	1500m (1 lap of red course)	8:30am
U6	500m (1 lap modified blue course)	8:40am
U7 to U8	1000m (1 lap of blue course)	8:50am
U11 to U12	2000m (2 laps of blue course)	9:00am

Walk the course from 7:55am – 8:10am

Event times are approximate and will depend on the number of runners on the day.

Please arrive at least 20minutes prior to start times.