



CAULFIELD CENTRE CHAMPIONSHIPS SPECIAL PROGRAM



	8.15am	8.30am	8:45am	9:00am	9:15am	9:30am	9:45am	10:00am	10:15am	10:30am	10:45am	11:00am	11:15am	11:30am	11:45am	12:00pm	12:15pm	12:30pm	12:45pm			
U6 GIRLS			Long Jump 1	70 (B)		Discus 1	100 (B)	Shot Put 3		PRESENTATION										U6 GIRLS		
U6 BOYS			70 (B)	Long Jump 2					200 (B)											U6 BOYS		
U7 GIRLS			70 (B)	Long Jump 3		100 (B)				Vortex 1	Shot Put 2	400	PACK UP							U7 GIRLS		
U7 BOYS			Long Jump 2	70 (B)		100 (B)			200 (B)	Shot Put 1		400	PACK UP							U7 BOYS		
U8 GIRLS			60H (F)	70 (B)	High Jump (Scissor)		Vortex 1				Long Jump 1	400		Discus 1		PACK UP				U8 GIRLS		
U8 BOYS			60H (F)	Shot Put 2	70 (B)					Discus 2	High Jump (Scissor)		Long Jump 1	400		Vortex 1		PACK UP		U8 BOYS		
U9 GIRLS			60H (F)	70 (B)		700m Walk						400		Vortex 2				PACK UP		U9 GIRLS		
U9 BOYS			60H (F)	800			HJ (Scissor)	Shot Put 1	100 (F)	High Jump (Scissor)	200 (B)		Long Jump 2					PACK UP		U9 BOYS		
U10 GIRLS			60H (F)		70 (B)				100 (F)	Vortex 2	200 (B)		Discus 1	400		Long Jump 2			PACK UP	U10 GIRLS		
U10 BOYS			60H (F)	800		Discus 2			100 (B)	Shot Put 2	Long Jump 1	200 (B)	PACK UP		Jav (Turbo) 1	High Jump (Scissor)				U10 BOYS		
U11 GIRLS					70 (B)	1110m Walk														U11 GIRLS		
U11 BOYS			800	Discus 2	80H (F)				100 (F)	Javelin 1	High Jump 1	200 (B)	Shot Put 1	PACK UP		Long Jump 3	400		Triple Jump 3	U11 BOYS		
U12 GIRLS					Shot Put 1				100 (F)	High Jump 2	200 (B)	Long Jump 4	High Jump 1	PACK UP	400	Javelin 1			Triple Jump 4	U12 GIRLS		
U12 BOYS			800		80H (F)				100 (F)	High Jump 2	200 (B)	Triple Jump 3			400	Long Jump 1		Discus 2	PACK UP	U12 BOYS		
U13 GIRLS					80H (F)				100 (F)	High Jump 1	Javelin 1				400	PACK UP	Long Jump 2		Discus 1	U13 GIRLS		
U13 BOYS					80H (F)				100 (F)	High Jump 1	Javelin 1				400	PACK UP	Long Jump 2		Discus 1	U13 BOYS		
U14 GIRLS					80H (F)	1500m Walk			100 (F)	Long Jump 3		200 (B)	Discus 2		200H (F)	Shot Put 2			Triple Jump 1	U14 GIRLS		
U15-17 GIRLS									100 (F)	Long Jump 3		200 (B)	Javelin 1							U15-17 GIRLS		
U14 BOYS			800						100 (F)	Discus 1		High Jump 2		200H (F)	300H (F)		Long Jump 4		Shot Put 1	400	Javelin 1	U14 BOYS
U15-17 BOYS									100 (F)	Long Jump 4		200 (B)	Shot Put 2	SENIORS	FAREWELL RUN		High Jump 2		Triple Jump 4	400	Discus 2	U15-17 BOYS

Please sign in for DUTY as soon as you arrive. The program cannot commence until all official positions are filled.

Please note that we will endeavour to run all programs to schedule however the Centre Executive reserves the right to adjust the events or the timetable at any time.

Age Group Managers

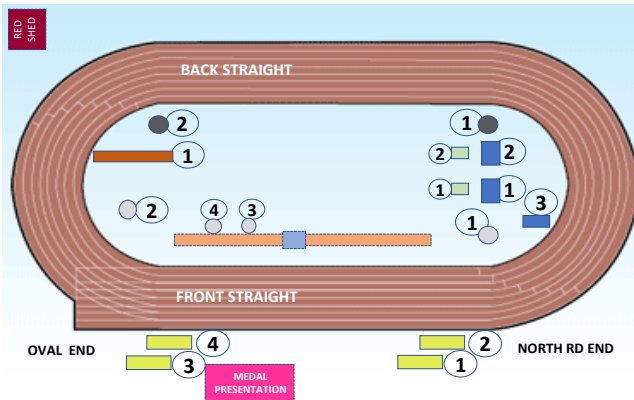
Please take your group over to the Medal Presentation area throughout the morning, when you have breaks between events, or medal winners available and not competing in an event

It will get busy at Presentations as the morning goes on, so please don't leave everything to the end of the day

Parents

We appreciate you would like to leave as soon as possible (we would too!), but we all volunteers doing our best so please be patient as we navigate a very busy morning and jump in to help where you can to move things along

Symbol	Venue Type
L	Jump Pits
S	Shot Put Rings
H	Jump Mats
J	Javelin Runway
V	Vortex/Turbo Runways
D	Discus Cages



Sprint Hurdle specifications				
Age Group	Distance	Track mark	Height	Flights
U6	60m		20cm	6
U7	60m		30cm	6
U8	60m		45cm	6
U9	60m		45cm	6
U10	60m		60cm	6
U11	80m		60cm	9
U12	80m		68cm	9
U13	80m		68cm	9
U14 Girls	80m		76cm	9
U14 Boys	90m		76cm	9
U15-16 Girls	90m		76cm	9
U15-16 Boys	100m		76cm	10
U17 Girls	100m		76cm	10
U17 Boys	110m		76cm	10

Long Hurdle specifications				
Age Group	Distance	Track mark	Height	Flights
U13	200m		68cm	5
U13	200m		68cm	5
U14	200m		76cm	5
U15-17	300m		76cm	7