



## **CLAC Combined competition**

Hi team and welcome to the CLAC Combined competition – one of our biggest club competition days of the year!

Our U6 athletes complete 3 events, and our U7 & U8 athletes complete 4 events. All U6-U8 athletes will be presented with ribbons on the day (not medals).

All athletes U9 and up will compete in 5 events across the morning. Events will include 100m, Hurdles, Long Jump, Discus (boys) or Shot Put (girls) and the 800m.

The CLAC Combined Events Day will follow a similar format to the LAVic State Combined Event Championships that are held at Lakeside Stadium for U9+ athletes in January (20<sup>th</sup> & 21<sup>st</sup>).

Athletes are awarded points based on their performance in each discipline.

At the completion of all the events, the accumulated points are tallied and the top three point scorers in each age group will receive a medal.

The scoring system used is the Alberta Youth scoring tables. These tables are used for all Little Aths Combined competitions across the country & can be found attached for your reference.

The program does run a little longer as every age group needs to use the jumps pits and conduct presentations.

### **Please plan on a midday(ish) finish.**

Any earlier finish is a bonus and will depend on everyone working together on the day.

We do require some time to tabulate the final results for each group and for the field event results and 800m times to flow through and calculate fully, so presentations are generally scheduled for 20 mins or so after each group's final event is completed.

Please be patient as we endeavour to calculate the final results as soon as possible.

There are 18 groups we need to calculate for, and this process does take some time.

**AGM's only** should take their group over to the presentation area (the tent to the right of the canteen) 15 mins or so after all athletes have completed their last event, report to Nat, then please wait to be called.

Nat will be working with the results team and arrange to have the results announced and medals presented as soon as possible.

**There can be a backlog of groups waiting for presentation at the end of a long day so we ask for your patience please. We are all volunteers doing our best and we want to go home too!**

Have fun and enjoy the day!