

ALBERTA YOUTH SCORING TABLES

100 Metres Sprint

Points	Time	Points	Time	Points	Time	Points	Time	Points	Time	Points	Time	Points	Time
500	11.30	415	12.20	337	13.10	267	14.00	203	14.90	148	15.80	80	17.14
498	11.32	413	12.22	336	13.12	265	14.02	202	14.92	146	15.83	78	17.20
496	11.34	412	12.24	334	13.14	264	14.04	201	14.94	145	15.86	75	17.26
494	11.36	410	12.26	332	13.16	262	14.06	199	14.96	143	15.89	73	17.33
492	11.38	408	12.28	331	13.18	261	14.08	198	14.98	141	15.92	70	17.39
490	11.40	406	12.30	329	13.20	259	14.10	197	15.00	140	15.95	67	17.46
488	11.42	404	12.32	327	13.22	258	14.12	196	15.02	138	15.98	65	17.52
486	11.44	403	12.34	326	13.24	256	14.14	194	15.04	136	16.01	62	17.59
484	11.46	401	12.36	324	13.26	255	14.16	193	15.06	135	16.04	60	17.65
482	11.48	399	12.38	322	13.28	253	14.18	192	15.08	133	16.07	57	17.72
480	11.50	397	12.40	321	13.30	252	14.20	190	15.10	131	16.10	55	17.78
478	11.52	395	12.42	319	13.32	250	14.22	189	15.12	130	16.13	52	17.85
476	11.54	394	12.44	318	13.34	249	14.24	188	15.14	128	16.16	50	17.91
474	11.56	392	12.46	316	13.36	248	14.26	187	15.16	126	16.19	48	17.98
473	11.58	390	12.48	314	13.38	246	14.28	185	15.18	125	16.22	46	18.04
471	11.60	388	12.50	313	13.40	245	14.30	184	15.20	123	16.25	43	18.11
469	11.62	387	12.52	311	13.42	243	14.32	183	15.22	122	16.28	41	18.17
467	11.64	385	12.54	310	13.44	242	14.34	182	15.24	120	16.31	39	18.24
465	11.66	383	12.56	308	13.46	240	14.36	180	15.26	119	16.34	37	18.30
463	11.68	381	12.58	306	13.48	239	14.38	179	15.28	117	16.37	35	18.37
461	11.70	380	12.60	305	13.50	238	14.40	178	15.30	115	16.40	33	18.43
459	11.72	378	12.62	303	13.52	236	14.42	177	15.32	114	16.43	31	18.50
457	11.74	376	12.64	302	13.54	235	14.44	175	15.34	112	16.46	29	18.56
455	11.76	374	12.66	300	13.56	233	14.46	174	15.36	111	16.49	28	18.63
454	11.78	373	12.68	299	13.58	232	14.48	173	15.38	109	16.52	26	18.69
452	11.80	371	12.70	297	13.60	231	14.50	172	15.40	108	16.55	24	18.76
450	11.82	369	12.72	295	13.62	229	14.52	170	15.42	106	16.58	23	18.82
448	11.84	368	12.74	294	13.64	228	14.54	169	15.44	105	16.61	21	18.89
446	11.86	366	12.76	292	13.66	226	14.56	168	15.46	103	16.64	19	18.95
444	11.88	364	12.78	291	13.68	225	14.58	167	15.48	102	16.67	18	19.02
442	11.90	362	12.80	289	13.70	224	14.60	166	15.50	101	16.70	17	19.08
440	11.92	361	12.82	288	13.72	222	14.62	164	15.52	99	16.73	15	19.15
439	11.94	359	12.84	286	13.74	221	14.64	163	15.54	98	16.76	14	19.21
437	11.96	357	12.86	285	13.76	219	14.66	162	15.56	96	16.79	13	19.28
435	11.98	356	12.88	283	13.78	218	14.68	161	15.58	95	16.82	11	19.34
433	12.00	354	12.90	282	13.80	217	14.70	160	15.60	93	16.85	10	19.41
431	12.02	352	12.92	280	13.82	215	14.72	158	15.62	92	16.88	9	19.47
429	12.04	351	12.94	279	13.84	214	14.74	157	15.64	91	16.91	8	19.54
427	12.06	349	12.96	277	13.86	213	14.76	156	15.66	89	16.94	7	19.60
426	12.08	347	12.98	276	13.88	211	14.78	155	15.68	88	16.97	6	19.67
424	12.10	345	13.00	274	13.90	210	14.80	154	15.70	87	17.00	4	19.80
422	12.12	344	13.02	273	13.92	209	14.82	153	15.72	85	17.03	3	19.88
420	12.14	342	13.04	271	13.94	207	14.84	151	15.74	84	17.06	2	20.00
418	12.16	340	13.06	270	13.96	206	14.86	150	15.76	83	17.09	1	20.10
417	12.18	339	13.08	268	13.98	205	14.88	149	15.78	81	17.12		

ALBERTA YOUTH SCORING TABLES

60 Metres Hurdles

Points	Time	Points	Time	Points	Time	Points	Time	Points	Time	Points	Time	Points	Time
500	8.28	424	9.24	352	10.20	284	11.16	222	12.12	138	13.57	59	15.26
499	8.30	422	9.26	350	10.22	283	11.18	220	12.15	136	13.61	57	15.31
497	8.32	421	9.28	349	10.24	281	11.20	218	12.18	134	13.64	55	15.35
496	8.34	419	9.30	347	10.26	280	11.22	216	12.21	132	13.68	53	15.40
494	8.36	418	9.32	346	10.28	279	11.24	214	12.24	130	13.71	52	15.44
492	8.38	416	9.34	344	10.30	277	11.26	212	12.27	129	13.75	50	15.49
491	8.40	415	9.36	343	10.32	276	11.28	210	12.30	127	13.78	48	15.53
489	8.42	413	9.38	341	10.34	275	11.30	209	12.33	125	13.82	47	15.58
487	8.44	411	9.40	340	10.36	273	11.32	207	12.36	123	13.85	45	15.62
486	8.46	410	9.42	339	10.38	272	11.34	205	12.39	121	13.89	43	15.67
484	8.48	408	9.44	337	10.40	271	11.36	203	12.42	120	13.92	42	15.71
482	8.50	407	9.46	336	10.42	269	11.38	201	12.45	118	13.96	40	15.76
481	8.52	405	9.48	334	10.44	268	11.40	200	12.48	116	13.99	38	15.80
479	8.54	404	9.50	333	10.46	267	11.42	198	12.51	114	14.03	37	15.85
478	8.56	402	9.52	331	10.48	265	11.44	196	12.54	113	14.06	35	15.89
476	8.58	401	9.54	330	10.50	264	11.46	194	12.57	111	14.10	34	15.94
474	8.60	399	9.56	329	10.52	263	11.48	192	12.60	109	14.13	32	15.98
473	8.62	398	9.58	327	10.54	261	11.50	191	12.63	107	14.17	31	16.03
471	8.64	396	9.60	326	10.56	260	11.52	189	12.66	106	14.20	30	16.07
470	8.66	395	9.62	324	10.58	259	11.54	187	12.69	104	14.24	28	16.12
468	8.68	393	9.64	323	10.60	257	11.56	185	12.72	102	14.27	27	16.16
466	8.70	392	9.66	321	10.62	256	11.58	184	12.75	101	14.31	25	16.21
465	8.72	390	9.68	320	10.64	255	11.60	182	12.78	99	14.34	24	16.25
463	8.74	389	9.70	319	10.66	253	11.62	180	12.81	97	14.38	23	16.30
462	8.76	387	9.72	317	10.68	252	11.64	178	12.84	96	14.41	21	16.34
460	8.78	386	9.74	316	10.70	251	11.66	177	12.87	94	14.45	20	16.39
458	8.80	384	9.76	314	10.72	250	11.68	175	12.90	92	14.48	19	16.43
457	8.82	383	9.78	313	10.74	248	11.70	173	12.93	91	14.52	18	16.48
455	8.84	381	9.80	312	10.76	247	11.72	171	12.96	89	14.55	16	16.52
454	8.86	380	9.82	310	10.78	246	11.74	170	12.99	88	14.59	15	16.57
452	8.88	378	9.84	309	10.80	244	11.76	168	13.02	86	14.62	14	16.61
450	8.90	377	9.86	307	10.82	243	11.78	166	13.05	84	14.66	13	16.66
449	8.92	375	9.88	306	10.84	242	11.80	165	13.08	83	14.69	12	16.70
447	8.94	374	9.90	305	10.86	241	11.82	163	13.11	81	14.73	11	16.75
446	8.96	372	9.92	303	10.88	239	11.84	161	13.14	80	14.76	10	16.79
444	8.98	371	9.94	302	10.90	238	11.86	160	13.17	78	14.80	9	16.84
443	9.00	369	9.96	300	10.92	237	11.88	158	13.20	77	14.83	8	16.88
441	9.02	368	9.98	299	10.94	235	11.90	156	13.23	75	14.87	7	16.93
439	9.04	366	10.00	298	10.96	234	11.92	155	13.26	74	14.90	6	16.97
438	9.06	365	10.02	296	10.98	233	11.94	153	13.29	72	14.94	5	17.02
436	9.08	363	10.04	295	11.00	232	11.96	151	13.32	71	14.97	4	17.07
435	9.10	362	10.06	294	11.02	230	11.98	150	13.35	69	15.01	3	17.17
433	9.12	360	10.08	292	11.04	229	12.00	148	13.38	68	15.04	2	17.24
432	9.14	359	10.10	291	11.06	228	12.02	146	13.41	66	15.08	1	17.31
430	9.16	357	10.12	290	11.08	227	12.04	145	13.44	65	15.11		
428	9.18	356	10.14	288	11.10	225	12.06	143	13.47	63	15.15		
427	9.20	355	10.16	287	11.12	224	12.08	141	13.50	62	15.18		
425	9.22	353	10.18	285	11.14	223	12.10	140	13.53	60	15.22		

ALBERTA YOUTH SCORING TABLES

80 Metres Hurdles

Points	Time	Points	Time	Points	Time	Points	Time	Points	Time	Points	Time	Points	Time
500	10.80	393	12.30	295	13.80	207	15.30	130	16.80	67	18.30	19	19.80
497	10.83	391	12.33	293	13.83	206	15.33	129	16.83	66	18.33	18	19.86
495	10.86	389	12.36	291	13.86	204	15.36	128	16.86	64	18.36	17	19.89
493	10.89	387	12.39	290	13.89	202	15.39	126	16.89	63	18.39	16	19.95
491	10.92	385	12.42	288	13.92	201	15.42	125	16.92	62	18.42	15	19.98
489	10.95	383	12.45	286	13.95	199	15.45	123	16.95	61	18.45	14	20.04
486	10.98	381	12.48	284	13.98	197	15.48	122	16.98	60	18.48	13	20.07
484	11.01	379	12.51	282	14.01	196	15.51	121	17.01	59	18.51	12	20.13
482	11.04	377	12.54	280	14.04	194	15.54	119	17.04	58	18.54	11	20.16
480	11.07	375	12.57	278	14.07	193	15.57	118	17.07	57	18.57	10	20.22
478	11.10	373	12.60	277	14.10	191	15.60	117	17.10	56	18.60	9	20.28
475	11.13	371	12.63	275	14.13	189	15.63	115	17.13	55	18.63	8	20.34
473	11.16	369	12.66	273	14.16	188	15.66	114	17.16	54	18.66	7	20.37
471	11.19	367	12.69	271	14.19	186	15.69	113	17.19	53	18.69	6	20.43
469	11.22	365	12.72	269	14.22	185	15.72	111	17.22	52	18.72	5	20.49
467	11.25	363	12.75	268	14.25	183	15.75	110	17.25	51	18.75	4	20.55
465	11.28	361	12.78	266	14.28	181	15.78	109	17.28	50	18.78	3	20.61
462	11.31	359	12.81	264	14.31	180	15.81	107	17.31	48	18.81	2	20.67
460	11.34	357	12.84	262	14.34	178	15.84	106	17.34	47	18.84	1	20.76
458	11.37	355	12.87	260	14.37	177	15.87	105	17.37	46	18.87		
456	11.40	353	12.90	259	14.40	175	15.90	103	17.40	45	18.90		
454	11.43	351	12.93	257	14.43	174	15.93	102	17.43	44	18.96		
452	11.46	349	12.96	255	14.46	172	15.96	101	17.46	43	18.99		
449	11.49	347	12.99	253	14.49	170	15.99	99	17.49	42	19.02		
447	11.52	345	13.02	252	14.52	169	16.02	98	17.52	41	19.05		
445	11.55	343	13.05	250	14.55	167	16.05	97	17.55	40	19.08		
443	11.58	341	13.08	248	14.58	166	16.08	96	17.58	39	19.11		
441	11.61	339	13.11	246	14.61	164	16.11	94	17.61	38	19.14		
439	11.64	337	13.14	245	14.64	163	16.14	93	17.64	37	19.17		
437	11.67	335	13.17	243	14.67	161	16.17	92	17.67	36	19.20		
435	11.70	333	13.20	241	14.70	160	16.20	91	17.70	35	19.23		
432	11.73	331	13.23	239	14.73	158	16.23	89	17.73	34	19.26		
430	11.76	329	13.26	238	14.76	157	16.26	88	17.76	33	19.29		
428	11.79	327	13.29	236	14.79	155	16.29	87	17.79	32	19.32		
426	11.82	325	13.32	234	14.82	154	16.32	86	17.82	31	19.38		
424	11.85	323	13.35	232	14.85	152	16.35	84	17.85	30	19.41		
422	11.88	321	13.38	231	14.88	151	16.38	83	17.88	29	19.44		
420	11.91	320	13.41	229	14.91	149	16.41	82	17.91	28	19.47		
418	11.94	318	13.44	227	14.94	148	16.44	81	17.94	27	19.50		
416	11.97	316	13.47	226	14.97	146	16.47	79	17.97	26	19.56		
413	12.00	314	13.50	224	15.00	145	16.50	78	18.00	25	19.59		
411	12.03	312	13.53	222	15.03	143	16.53	77	18.03	24	19.62		
409	12.06	310	13.56	221	15.06	142	16.56	76	18.06	23	19.65		
407	12.09	308	13.59	219	15.09	140	16.59	75	18.09	22	19.71		
405	12.12	306	13.62	217	15.12	139	16.62	74	18.12	21	19.74		
403	12.15	304	13.65	216	15.15	138	16.65	72	18.15	20	19.77		
401	12.18	303	13.68	214	15.18	136	16.68	71	18.18	18	19.85		
399	12.21	301	13.71	212	15.21	135	16.71	70	18.21	16	19.92		
397	12.24	299	13.74	211	15.24	133	16.74	69	18.24	8	20.30		
395	12.27	297	13.77	209	15.27	132	16.77	68	18.27	1	20.82		

ALBERTA YOUTH SCORING TABLES

90 Metres Hurdles

Points	Time	Points	Time	Points	Time	Points	Time	Points	Time	Points	Time	Points	Time
500	11.89	399	13.39	306	14.89	218	16.45	141	18.01	77	19.57	27	21.13
498	11.92	397	13.42	304	14.92	217	16.48	140	18.04	75	19.60	26	21.16
496	11.95	395	13.45	302	14.95	215	16.51	139	18.07	74	19.63	25	21.19
494	11.98	393	13.48	300	14.98	213	16.54	137	18.10	73	19.66	24	21.23
492	12.01	391	13.51	299	15.01	212	16.57	136	18.13	72	19.69	23	21.26
490	12.04	389	13.54	297	15.05	210	16.61	134	18.17	71	19.73	22	21.30
487	12.07	387	13.57	295	15.08	209	16.64	133	18.20	70	19.76	21	21.34
485	12.10	385	13.60	293	15.11	207	16.67	132	18.23	69	19.79	20	21.38
483	12.13	383	13.63	291	15.14	205	16.70	130	18.26	67	19.82	20	21.42
481	12.16	382	13.66	289	15.17	204	16.73	129	18.29	66	19.85	19	21.46
479	12.19	380	13.69	288	15.20	202	16.76	127	18.32	65	19.88	18	21.50
477	12.22	378	13.72	286	15.23	201	16.79	126	18.35	64	19.91	17	21.54
475	12.25	376	13.75	284	15.26	199	16.82	125	18.38	63	19.94	16	21.58
473	12.28	374	13.78	282	15.29	197	16.85	123	18.41	62	19.97	15	21.62
471	12.31	372	13.81	281	15.32	196	16.88	122	18.44	61	20.00	14	21.66
469	12.34	370	13.84	279	15.36	194	16.92	121	18.48	60	20.04	13	21.70
467	12.37	368	13.87	277	15.39	193	16.95	119	18.51	59	20.07	12	21.74
465	12.40	366	13.90	275	15.42	191	16.98	118	18.54	58	20.10	11	21.80
463	12.43	364	13.93	273	15.45	189	17.01	117	18.57	57	20.13	10	21.84
461	12.46	363	13.96	272	15.48	188	17.04	115	18.60	56	20.16	9	21.90
459	12.49	361	13.99	270	15.51	186	17.07	114	18.63	55	20.19	8	21.96
457	12.52	359	14.02	268	15.54	185	17.10	113	18.66	54	20.22	7	22.02
455	12.55	357	14.05	266	15.57	183	17.13	111	18.69	53	20.25	6	22.08
453	12.58	355	14.08	265	15.60	182	17.16	110	18.72	52	20.28	5	22.14
451	12.61	353	14.11	263	15.63	180	17.19	109	18.75	51	20.31	4	22.20
448	12.64	351	14.14	261	15.67	179	17.23	107	18.79	50	20.35	3	22.26
446	12.67	349	14.17	259	15.70	177	17.26	106	18.82	49	20.38	2	22.34
444	12.70	348	14.20	258	15.73	176	17.29	105	18.85	48	20.41	1	22.43
442	12.73	346	14.23	256	15.76	174	17.32	104	18.88	47	20.44		
440	12.76	344	14.26	254	15.79	173	17.35	102	18.91	46	20.47		
438	12.79	342	14.29	252	15.82	171	17.38	101	18.94	45	20.50		
436	12.82	340	14.32	251	15.85	170	17.41	100	18.97	44	20.53		
434	12.85	338	14.35	249	15.88	168	17.44	99	19.00	43	20.56		
432	12.88	337	14.38	247	15.91	167	17.47	97	19.03	42	20.59		
430	12.91	335	14.41	246	15.94	165	17.50	96	19.06	41	20.62		
428	12.94	333	14.44	244	15.98	164	17.54	95	19.10	40	20.66		
426	12.97	331	14.47	242	16.01	162	17.57	94	19.13	39	20.69		
424	13.00	329	14.50	241	16.04	161	17.60	92	19.16	38	20.72		
422	13.03	327	14.53	239	16.07	159	17.63	91	19.19	37	20.75		
420	13.06	326	14.56	237	16.10	158	17.66	90	19.22	36	20.78		
419	13.09	324	14.59	235	16.13	156	17.69	89	19.25	35	20.81		
417	13.12	322	14.62	234	16.16	155	17.72	88	19.28	35	20.84		
415	13.15	320	14.65	232	16.19	153	17.75	86	19.31	34	20.87		
413	13.18	318	14.68	230	16.22	152	17.78	85	19.34	33	20.90		
411	13.21	317	14.71	229	16.25	150	17.81	84	19.37	32	20.93		
409	13.24	315	14.74	227	16.29	149	17.85	83	19.41	31	20.97		
407	13.27	313	14.77	225	16.32	147	17.88	82	19.44	30	21.00		
405	13.30	311	14.80	224	16.35	146	17.91	80	19.47	29	21.03		
403	13.33	309	14.83	222	16.38	145	17.94	79	19.50	29	21.06		
401	13.36	308	14.86	220	16.41	143	17.97	78	19.53	28	21.09		

ALBERTA YOUTH SCORING TABLES

100 Metres Hurdles

Points	Time	Points	Time	Points	Time	Points	Time	Points	Time	Points	Time	Points	Time
500	12.89	405	14.39	317	15.89	236	17.39	164	18.89	101	20.39	49	21.92
498	12.92	403	14.42	315	15.92	235	17.42	163	18.92	100	20.42	48	21.96
496	12.95	401	14.45	313	15.95	233	17.45	161	18.95	99	20.45	46	22.00
494	12.98	399	14.48	311	15.98	231	17.48	160	18.98	98	20.48	45	22.04
492	13.01	397	14.51	310	16.01	230	17.51	159	19.01	97	20.51	44	22.08
490	13.04	395	14.54	308	16.04	228	17.54	157	19.04	96	20.54	43	22.12
488	13.07	394	14.57	306	16.07	227	17.57	156	19.07	94	20.57	42	22.16
486	13.10	392	14.60	305	16.10	225	17.60	155	19.10	93	20.60	41	22.20
484	13.13	390	14.63	303	16.13	224	17.63	153	19.13	92	20.63	39	22.24
482	13.16	388	14.66	301	16.16	222	17.66	152	19.16	91	20.66	38	22.28
480	13.19	386	14.69	300	16.19	221	17.69	151	19.19	90	20.69	37	22.32
478	13.22	385	14.72	298	16.22	219	17.72	149	19.22	89	20.72	36	22.36
476	13.25	383	14.75	297	16.25	218	17.75	148	19.25	88	20.75	35	22.40
474	13.28	381	14.78	295	16.28	216	17.78	147	19.28	87	20.78	34	22.44
472	13.31	379	14.81	293	16.31	215	17.81	145	19.31	86	20.81	33	22.48
470	13.34	377	14.84	292	16.34	214	17.84	144	19.34	85	20.84	32	22.52
469	13.37	376	14.87	290	16.37	212	17.87	143	19.37	83	20.87	31	22.56
467	13.40	374	14.90	288	16.40	211	17.90	142	19.40	82	20.90	30	22.60
465	13.43	372	14.93	287	16.43	209	17.93	140	19.43	81	20.93	29	22.64
463	13.46	370	14.96	285	16.46	208	17.96	139	19.46	80	20.96	28	22.68
461	13.49	369	14.99	283	16.49	206	17.99	138	19.49	79	20.99	27	22.72
459	13.52	367	15.02	282	16.52	205	18.02	136	19.52	78	21.02	26	22.76
457	13.55	365	15.05	280	16.55	203	18.05	135	19.55	77	21.05	25	22.80
455	13.58	363	15.08	279	16.58	202	18.08	134	19.58	76	21.08	24	22.84
453	13.61	361	15.11	277	16.61	200	18.11	133	19.61	75	21.11	23	22.88
451	13.64	360	15.14	275	16.64	199	18.14	131	19.64	74	21.14	22	22.92
449	13.67	358	15.17	274	16.67	197	18.17	130	19.67	73	21.17	21	22.96
448	13.70	356	15.20	272	16.70	196	18.20	129	19.70	72	21.20	20	23.00
446	13.73	354	15.23	270	16.73	195	18.23	128	19.73	71	21.23	19	23.06
444	13.76	353	15.26	269	16.76	193	18.26	126	19.76	70	21.26	18	23.12
442	13.79	351	15.29	267	16.79	192	18.29	125	19.79	69	21.29	16	23.18
440	13.82	349	15.32	266	16.82	190	18.32	124	19.82	68	21.32	15	23.24
438	13.85	347	15.35	264	16.85	189	18.35	123	19.85	67	21.35	14	23.30
436	13.88	346	15.38	263	16.88	187	18.38	121	19.88	66	21.38	13	23.36
434	13.91	344	15.41	261	16.91	186	18.41	120	19.91	65	21.41	12	23.42
432	13.94	342	15.44	259	16.94	185	18.44	119	19.94	64	21.44	11	23.48
431	13.97	340	15.47	258	16.97	183	18.47	118	19.97	63	21.47	10	23.52
429	14.00	339	15.50	256	17.00	182	18.50	117	20.00	62	21.50	9	23.56
427	14.03	337	15.53	255	17.03	180	18.53	115	20.03	61	21.53	8	23.60
425	14.06	335	15.56	253	17.06	179	18.56	114	20.06	60	21.56	8	23.65
423	14.09	334	15.59	252	17.09	178	18.59	113	20.09	59	21.59	7	23.71
421	14.12	332	15.62	250	17.12	176	18.62	112	20.12	58	21.62	6	23.77
419	14.15	330	15.65	248	17.15	175	18.65	111	20.15	57	21.65	5	23.83
418	14.18	328	15.68	247	17.18	174	18.68	109	20.18	56	21.68	4	23.89
416	14.21	327	15.71	245	17.21	172	18.71	108	20.21	55	21.71	3	23.95
414	14.24	325	15.74	244	17.24	171	18.74	107	20.24	54	21.74	2	24.06
412	14.27	323	15.77	242	17.27	169	18.77	106	20.27	53	21.77	1	24.15
410	14.30	322	15.80	241	17.30	168	18.80	105	20.30	52	21.80		
408	14.33	320	15.83	239	17.33	167	18.83	104	20.33	51	21.83		
406	14.36	318	15.86	238	17.36	165	18.86	102	20.36	50	21.88		

ALBERTA YOUTH SCORING TABLES

800 Metres

Points	Time	Points	Time	Points	Time	Points	Time	Points	Time	Points	Time
500	2,04.80	375	2,26.00	267	2,47.20	176	3,08.40	103	3,29.60	44	3,53.40
497	2,05.20	373	2,26.40	265	2,47.60	175	3,08.80	103	3,30.05	43	3,53.90
497	2,05.20	371	2,26.80	264	2,48.00	174	3,09.20	101	3,30.50	42	3,54.40
492	2,06.00	369	2,27.20	262	2,48.40	172	3,09.60	100	3,30.95	41	3,54.90
490	2,06.40	367	2,27.60	260	2,48.80	171	3,10.00	99	3,31.40	40	3,55.40
487	2,06.80	364	2,28.00	258	2,49.20	169	3,10.40	97	3,31.85	39	3,55.90
485	2,07.20	362	2,28.40	256	2,49.60	168	3,10.80	96	3,32.30	38	3,56.40
482	2,07.60	360	2,28.80	254	2,50.00	166	3,11.20	95	3,32.75	37	3,56.90
480	2,08.00	358	2,29.20	253	2,50.40	165	3,11.60	93	3,33.20	36	3,57.55
478	2,08.40	356	2,29.60	251	2,50.80	163	3,12.00	92	3,33.65	35	3,58.20
475	2,08.80	354	2,30.00	249	2,51.20	162	3,12.40	91	3,34.10	34	3,58.85
473	2,09.20	352	2,30.40	247	2,51.60	160	3,12.80	90	3,34.55	33	3,59.50
470	2,09.60	349	2,30.80	245	2,52.00	159	3,13.20	88	3,35.00	32	4,00.15
468	2,10.00	347	2,31.20	244	2,52.40	157	3,13.60	87	3,35.45	31	4,00.80
465	2,10.40	345	2,31.60	242	2,52.80	156	3,14.00	86	3,35.90	29	4,01.45
463	2,10.80	343	2,32.00	240	2,53.20	154	3,14.40	85	3,36.35	28	4,02.10
460	2,11.20	341	2,32.40	238	2,53.60	153	3,14.80	83	3,36.80	27	4,02.75
458	2,11.60	339	2,32.80	236	2,54.00	151	3,15.20	82	3,37.25	26	4,03.40
456	2,12.00	337	2,33.20	235	2,54.40	150	3,15.60	81	3,37.70	25	4,04.05
453	2,12.40	335	2,33.60	233	2,54.80	149	3,16.00	80	3,38.15	24	4,04.70
451	2,12.80	333	2,34.00	231	2,55.20	147	3,16.40	79	3,38.60	23	4,05.35
448	2,13.20	331	2,34.40	229	2,55.60	146	3,16.80	77	3,39.05	22	4,06.00
446	2,13.60	328	2,34.80	228	2,56.00	144	3,17.20	76	3,39.50	21	4,06.65
444	2,14.00	326	2,35.20	226	2,56.40	143	3,17.60	75	3,39.95	20	4,07.30
441	2,14.40	324	2,35.60	224	2,56.80	142	3,18.00	74	3,40.40	19	4,08.05
439	2,14.80	322	2,36.00	222	2,57.20	140	3,18.40	73	3,40.85	18	4,08.80
436	2,15.20	320	2,36.40	221	2,57.60	139	3,18.80	72	3,41.30	17	4,10.30
434	2,15.60	318	2,36.80	219	2,58.00	137	3,19.20	71	3,41.75	16	4,11.05
432	2,16.00	316	2,37.20	217	2,58.40	136	3,19.60	69	3,42.20	15	4,11.80
429	2,16.40	314	2,37.60	216	2,58.80	135	3,20.00	68	3,42.65	14	4,12.55
427	2,16.80	312	2,38.00	214	2,59.20	133	3,20.40	67	3,43.10	13	4,13.30
425	2,17.20	310	2,38.40	212	2,59.60	132	3,20.80	66	3,43.55	12	4,14.05
422	2,17.60	308	2,38.80	211	3,00.00	131	3,21.20	65	3,44.00	11	4,15.55
420	2,18.00	306	2,39.20	209	3,00.40	129	3,21.60	64	3,44.45	10	4,16.30
418	2,18.40	304	2,39.60	207	3,00.80	128	3,22.00	63	3,44.90	9	4,17.05
415	2,18.80	302	2,40.00	206	3,01.20	127	3,22.40	62	3,45.35	8	4,18.55
413	2,19.20	300	2,40.40	204	3,01.60	125	3,22.80	61	3,45.80	7	4,19.30
411	2,19.60	298	2,40.80	202	3,02.00	124	3,23.20	60	3,46.25	6	4,20.80
409	2,20.00	296	2,41.20	201	3,02.40	123	3,23.60	59	3,46.70	5	4,22.30
406	2,20.40	294	2,41.60	199	3,02.80	121	3,24.00	58	3,47.15	4	4,23.05
404	2,20.80	292	2,42.00	197	3,03.20	120	3,24.40	57	3,47.60	3	4,24.55
402	2,21.20	290	2,42.40	196	3,03.60	119	3,24.80	56	3,48.05	2	4,26.05
399	2,21.60	288	2,42.80	194	3,04.00	118	3,25.20	55	3,48.50	1	4,28.30
397	2,22.00	286	2,43.20	193	3,04.40	116	3,25.60	54	3,48.95		
395	2,22.40	284	2,43.60	191	3,04.80	115	3,26.00	53	3,49.40		
393	2,22.80	283	2,44.00	189	3,05.20	114	3,26.40	52	3,49.85		
390	2,23.20	281	2,44.40	188	3,05.60	113	3,26.80	51	3,50.30		
388	2,23.60	279	2,44.80	186	3,06.00	111	3,27.20	50	3,50.75		
386	2,24.00	277	2,45.20	185	3,06.40	110	3,27.60	49	3,51.20		
384	2,24.40	275	2,45.60	183	3,06.80	109	3,28.00	48	3,51.65		
382	2,24.80	273	2,46.00	181	3,07.20	108	3,28.40	47	3,52.10		
379	2,25.20	271	2,46.40	180	3,07.60	106	3,28.80	46	3,52.55		
377	2,25.60	269	2,46.80	178	3,08.00	105	3,29.20	45	3,53.00		

ALBERTA YOUTH SCORING TABLES

Long Jump

Points	Result	Points	Result	Points	Result	Points	Result	Points	Result	Points	Result	Points	Result
500	690	405	598	345	537	288	476	233	414	170	337	112	258
498	688	403	597	344	536	287	475	232	413	169	336	110	255
496	686	402	596	343	535	286	474	231	411	168	334	108	252
494	685	401	594	341	533	285	472	229	410	167	333	106	249
492	683	400	593	340	532	284	471	228	408	166	331	104	246
491	681	399	592	339	531	282	470	227	407	165	330	102	243
489	679	397	591	338	530	281	469	226	405	163	328	100	240
487	677	396	590	337	529	280	468	224	404	162	327	98	237
485	676	395	588	336	527	279	466	223	402	161	325	96	234
483	674	394	587	335	526	278	465	222	401	160	324	94	231
481	672	393	586	333	525	277	464	221	399	159	322	92	228
479	670	392	585	332	524	276	463	219	398	158	321	90	225
477	668	390	584	331	523	275	462	218	396	157	319	88	222
475	667	389	582	330	521	274	460	217	395	155	318	87	219
473	665	388	581	329	520	273	459	216	393	154	316	85	216
471	663	387	580	328	519	272	458	214	392	153	315	83	213
470	661	386	579	327	518	271	457	213	390	152	313	81	210
468	659	384	578	325	517	270	456	212	389	151	312	79	207
466	658	383	576	324	515	268	454	211	387	150	310	77	204
464	656	382	575	323	514	267	453	209	386	149	309	75	201
462	654	381	574	322	513	266	452	208	384	148	307	73	198
460	652	380	573	321	512	265	451	207	383	146	306	72	195
458	650	378	572	320	511	264	450	206	381	145	304	70	192
456	649	377	570	319	509	263	448	204	380	144	303	68	189
455	647	376	569	318	508	262	447	203	378	143	301	66	186
453	645	375	568	316	507	261	446	202	377	142	300	65	183
451	643	374	567	315	506	260	445	201	375	141	298	63	180
449	641	373	566	314	505	259	444	199	374	140	297	61	177
447	640	371	564	313	503	258	442	198	372	139	295	59	174
445	638	370	563	312	502	257	441	197	371	138	294	58	171
443	636	369	562	311	501	256	440	196	369	137	292	56	168
442	634	368	561	310	500	255	439	195	368	135	291	54	165
440	632	367	560	309	499	254	438	193	366	134	289	53	162
438	631	366	558	308	497	253	436	192	365	133	288	51	159
436	629	364	557	306	496	252	435	191	363	132	286	49	156
434	627	363	556	305	495	251	434	190	362	131	285	48	153
432	625	362	555	304	494	249	433	189	360	130	283	46	150
430	623	361	554	303	493	248	432	187	359	129	282	45	147
429	622	360	552	302	491	247	430	186	357	128	280	43	144
427	620	359	551	301	490	246	429	185	356	127	279	41	141
425	618	357	550	300	489	245	428	184	354	126	277	40	138
423	616	356	549	299	488	244	427	183	353	125	276	38	135
421	614	355	548	298	487	243	426	181	351	124	274	37	132
419	613	354	546	296	485	242	424	180	350	123	273	35	129
418	611	353	545	295	484	241	423	179	348	121	271	34	126
416	609	352	544	294	483	240	422	178	347	120	270	33	123
414	607	350	543	293	482	239	421	177	345	119	268	31	120
412	605	349	542	292	481	238	420	175	344	118	267	30	117
410	604	348	540	291	479	237	418	174	342	117	265	28	114
409	602	347	539	290	478	236	417	173	341	116	264	27	111
407	600	346	538	289	477	235	416	172	339	115	262	26	108

ALBERTA YOUTH SCORING TABLES

Discus

Points	Result	Points	Result	Points	Result	Points	Result	Points	Result	Points	Result
499	39.60	428	34.30	357	29.00	288	23.70	219	18.35	119	10.40
498	39.50	426	34.20	356	28.90	287	23.60	217	18.20	117	10.25
496	39.40	425	34.10	355	28.80	285	23.50	215	18.05	115	10.10
495	39.30	424	34.00	353	28.70	284	23.40	213	17.90	113	9.95
494	39.20	422	33.90	352	28.60	283	23.30	211	17.75	112	9.80
492	39.10	421	33.80	351	28.50	281	23.20	209	17.60	110	9.65
491	39.00	420	33.70	349	28.40	280	23.10	207	17.45	108	9.50
490	38.90	418	33.60	348	28.30	279	23.00	205	17.30	106	9.35
488	38.80	417	33.50	347	28.20	277	22.90	204	17.15	104	9.20
487	38.70	416	33.40	346	28.10	276	22.80	202	17.00	102	9.05
486	38.60	414	33.30	344	28.00	275	22.70	200	16.85	101	8.90
484	38.50	413	33.20	343	27.90	274	22.60	198	16.70	99	8.75
483	38.40	412	33.10	342	27.80	272	22.50	196	16.55	97	8.60
481	38.30	410	33.00	340	27.70	271	22.40	194	16.40	95	8.45
480	38.20	409	32.90	339	27.60	270	22.30	192	16.25	93	8.30
479	38.10	408	32.80	338	27.50	268	22.20	190	16.10	92	8.15
477	38.00	406	32.70	336	27.40	267	22.10	188	15.95	90	8.00
476	37.90	405	32.60	335	27.30	266	22.00	186	15.80	88	7.85
475	37.80	404	32.50	334	27.20	265	21.90	184	15.65	86	7.70
473	37.70	402	32.40	332	27.10	263	21.80	183	15.50	84	7.55
472	37.60	401	32.30	331	27.00	262	21.70	181	15.35	83	7.40
471	37.50	400	32.20	330	26.90	261	21.60	179	15.20	81	7.25
469	37.40	398	32.10	328	26.80	259	21.50	177	15.05	79	7.10
468	37.30	397	32.00	327	26.70	258	21.40	175	14.90	77	6.95
467	37.20	396	31.90	326	26.60	257	21.30	173	14.75	75	6.80
465	37.10	395	31.80	324	26.50	255	21.20	171	14.60	74	6.65
464	37.00	393	31.70	323	26.40	254	21.10	169	14.45	72	6.50
463	36.90	392	31.60	322	26.30	253	21.00	167	14.30	70	6.35
461	36.80	391	31.50	321	26.20	252	20.90	166	14.15	68	6.20
460	36.70	389	31.40	319	26.10	250	20.80	164	14.00	66	6.05
459	36.60	388	31.30	318	26.00	249	20.70	162	13.85	65	5.90
457	36.50	387	31.20	317	25.90	248	20.60	160	13.70	63	5.75
456	36.40	385	31.10	315	25.80	246	20.50	158	13.55	61	5.60
455	36.30	384	31.00	314	25.70	245	20.40	156	13.40	59	5.45
453	36.20	383	30.90	313	25.60	244	20.30	154	13.25	58	5.30
452	36.10	381	30.80	311	25.50	243	20.20	152	13.10	56	5.15
451	36.00	380	30.70	310	25.40	241	20.10	151	12.95	54	5.00
449	35.90	379	30.60	309	25.30	240	20.00	149	12.80	52	4.85
448	35.80	377	30.50	307	25.20	239	19.90	147	12.65	51	4.70
447	35.70	376	30.40	306	25.10	237	19.80	145	12.50	49	4.55
445	35.60	375	30.30	305	25.00	236	19.70	143	12.35	47	4.40
444	35.50	373	30.20	304	24.90	235	19.60	141	12.20	45	4.25
443	35.40	372	30.10	302	24.80	234	19.50	139	12.05	44	4.10
441	35.30	371	30.00	301	24.70	232	19.40	137	11.90	42	3.95
440	35.20	369	29.90	300	24.60	231	19.30	136	11.75	40	3.80
439	35.10	368	29.80	298	24.50	230	19.20	134	11.60	38	3.65
437	35.00	367	29.70	297	24.40	228	19.10	132	11.45	37	3.50
436	34.90	365	29.60	296	24.30	227	19.00	130	11.30	35	3.35
435	34.80	364	29.50	294	24.20	226	18.90	128	11.15	33	3.20
433	34.70	363	29.40	293	24.10	225	18.80	126	11.00	32	3.05
432	34.60	361	29.30	292	24.00	223	18.70	125	10.85	30	2.90
430	34.50	360	29.20	290	23.90	222	18.60	123	10.70	28	2.75
429	34.40	359	29.10	289	23.80	221	18.50	121	10.55	27	2.60

ALBERTA YOUTH SCORING TABLES

Shot Put

Points	Result	Points	Result	Points	Result	Points	Result	Points	Result	Points	Result
500	15.20	404	12.65	330	10.65	246	8.37	184	6.66	123	4.95
498	15.16	403	12.62	328	10.61	245	8.34	183	6.63	121	4.90
496	15.11	401	12.58	327	10.57	244	8.31	182	6.60	119	4.85
495	15.07	400	12.55	325	10.53	243	8.28	181	6.57	118	4.80
493	15.02	399	12.51	324	10.49	241	8.25	180	6.54	116	4.75
491	14.98	397	12.48	322	10.45	240	8.22	178	6.51	114	4.70
490	14.93	396	12.44	321	10.41	239	8.19	177	6.48	112	4.65
488	14.89	395	12.41	319	10.37	238	8.16	176	6.45	111	4.60
486	14.84	393	12.37	318	10.33	237	8.13	175	6.42	109	4.55
484	14.80	392	12.34	316	10.29	236	8.10	174	6.39	107	4.50
483	14.75	391	12.30	315	10.25	235	8.07	173	6.36	105	4.45
481	14.71	390	12.27	313	10.21	234	8.04	172	6.33	104	4.40
479	14.66	388	12.23	312	10.17	233	8.01	171	6.30	102	4.35
478	14.62	387	12.20	310	10.13	232	7.98	170	6.27	100	4.30
476	14.57	386	12.16	309	10.09	231	7.95	169	6.24	98	4.25
474	14.53	384	12.13	307	10.05	229	7.92	168	6.21	97	4.20
473	14.48	383	12.09	306	10.01	228	7.89	167	6.18	95	4.15
471	14.44	382	12.06	304	9.97	227	7.86	166	6.15	93	4.10
469	14.39	380	12.02	303	9.93	226	7.83	164	6.12	91	4.05
467	14.35	379	11.99	302	9.89	225	7.80	163	6.09	90	4.00
466	14.30	378	11.95	300	9.85	224	7.77	162	6.06	88	3.95
464	14.26	377	11.92	299	9.81	223	7.74	161	6.03	86	3.90
462	14.21	375	11.88	297	9.77	222	7.71	160	6.00	84	3.85
461	14.17	374	11.85	296	9.73	221	7.68	159	5.97	83	3.80
459	14.12	373	11.81	294	9.69	220	7.65	158	5.94	81	3.75
457	14.08	371	11.78	293	9.65	219	7.62	157	5.91	79	3.70
456	14.03	370	11.74	291	9.61	217	7.59	156	5.88	77	3.65
454	13.99	369	11.71	290	9.57	216	7.56	155	5.85	76	3.60
452	13.94	367	11.67	288	9.53	215	7.53	154	5.82	74	3.55
451	13.90	366	11.64	287	9.49	214	7.50	153	5.79	72	3.50
449	13.85	365	11.60	285	9.45	213	7.47	152	5.76	71	3.45
447	13.81	364	11.57	284	9.41	212	7.44	151	5.73	69	3.40
446	13.76	362	11.53	282	9.37	211	7.41	149	5.70	67	3.35
444	13.72	361	11.50	281	9.33	210	7.38	148	5.67	65	3.30
442	13.67	360	11.46	279	9.29	209	7.35	147	5.64	64	3.25
440	13.63	358	11.43	278	9.25	208	7.32	146	5.61	62	3.20
439	13.58	357	11.39	277	9.21	207	7.29	145	5.58	60	3.15
437	13.54	356	11.36	275	9.17	205	7.26	144	5.55	59	3.10
435	13.49	354	11.32	274	9.13	204	7.23	143	5.52	57	3.05
434	13.45	353	11.29	272	9.09	203	7.20	142	5.49	55	3.00
432	13.40	352	11.25	271	9.05	202	7.17	141	5.46	53	2.95
430	13.36	351	11.22	269	9.01	201	7.14	140	5.43	52	2.90
429	13.31	349	11.18	268	8.97	200	7.11	139	5.40	50	2.85
427	13.27	348	11.15	266	8.93	199	7.08	138	5.37	48	2.80
425	13.22	347	11.11	265	8.89	198	7.05	137	5.34	47	2.75
424	13.18	345	11.08	263	8.85	197	7.02	136	5.31	45	2.70
422	13.13	344	11.04	262	8.81	196	6.99	135	5.28	43	2.65
420	13.09	343	11.01	260	8.77	195	6.96	133	5.25	42	2.60
419	13.04	341	10.97	259	8.73	194	6.93	132	5.22	40	2.55
417	13.00	340	10.94	257	8.69	192	6.90	131	5.19	38	2.50
415	12.95	339	10.90	256	8.65	191	6.87	130	5.16	37	2.45
413	12.91	338	10.87	255	8.61	190	6.84	129	5.13	35	2.40
412	12.86	336	10.83	253	8.57	189	6.81	128	5.10	33	2.35
410	12.82	335	10.80	252	8.53	188	6.78	127	5.07	32	2.30
408	12.77	334	10.76	250	8.49	187	6.75	126	5.04	30	2.25
407	12.73	332	10.73	249	8.45	186	6.72	125	5.01	28	2.20
405	12.68	331	10.69	247	8.41	185	6.69	124	4.98	27	2.15

General