



Season Record

2022 / 2023



Well done to our 2022/23 major award winners!

Centre PB Champion
Marton Janos
 - 46 PB's

Glenhuntly Award
Angus Emons
Alix Rezsneki-Carrere

2022/23 Life Membership
Pat Kaufman

2022/23 LAVic Long Service Members

Angus Emons
Keely English

Centre Champions
Cooper Acklom
Allegra Orso

Tom Cohn Award (Volunteer of the Year)
Dee Rundle

Alan Morris Award (Volunteer Official)
Greg Ellis

Jazmin Firth
Jaikiah Honner
Emma Middleton
Allegra Orso
Emily Rundle

2022/23 Centre Records

Annabel Miller Long Jump	U8 Girls 3.51m	Club Competition	25 February 2023	Charlotte Nielsen 100m 200m	U16 Girls 12.99 sec 26.91 sec	SMR Track & Field SMR Track & Field	19 February 2022 18 February 2022
Sarah Sigismundi 70m	U9 Girls 10.83 sec	Club Competition	21 January 2023	Chelsea Whittle 90m Hurdles 300m Hurdles	U16 Girls 14.81 sec	State Track & Field	12 March 2023
Ashleigh French 700m Walk	U9 Girls 4 min 29.41 sec	Club Competition	19 November 2022	1500m High Jump	5 min 44.36 sec 1.45m	Club Competition Club Competition	11 February 2023 19 November 2022
Austin Miller 60m Hurdles 70m 100m 200m 400m Shot Put 1.5kg Discus 500g Long Jump High Jump 700m Walk Combined Event (5)	U9 Boys Multi Class 26.17 sec 26.01 sec 21.34 sec 1 min 20.90 sec 3 min 36.28 sec 5.54m 7.59m 1.46m 0.50m 10 min 01.48 sec 99 points	Club Competition Club Competition Club Competition Club Competition Club Competition Club Competition Club Competition Club Competition Club Competition Club Competition Club Competition Club Combined Event	5 November 2022 28 January 2023 11 February 2023 17 December 2022 19 November 2022 19 November 2022 4 March 2023 17 December 2022 25 February 2023 19 November 2022 5 November 2022	Emily Rundle High Jump	U16 Girls 1.50m	Club Competition	17 December 2022
Olivia Wilson 80m Hurdles	U11 Girls 12.76 sec *	State Track & Field	12 March 2023	Madison Carr 200m Shot Put 3kg High Jump	U16 Girls 27.97 sec 12.71m 1.51m	Club Competition Club Competition Club Competition	1 October 2022 1 October 2022 25 February 2023
Jesse Sezonov 80m Hurdles 200m Combined Event (5)	U11 Boys 13.03 sec 27.93 sec 1388 points	State Track & Field State Track & Field State Combined	12 March 2023 11 March 2023 13 November 2022	Angus Emons 800m 1500m	U16 Boys 2 min 17.10 sec 4 min 42.20 sec	Club Competition SMR Track & Field	25 February 2023 19 February 2023
Jack Newton Discus 750g	U13 Boys 41.87m	Club Competition	28 January 2023	Daniel MacRae 1500m Walk	U16 Boys 8 min 20.03 sec	Club Competition	19 November 2022
Adele Roche 400m	U14 Girls 59.03 sec	State Track & Field	12 March 2023	Jaikiah Honner 400m 800m Combined Event (7)	U16 Boys 52.72 sec 2 min 19.33 sec 4338 points	Club Competition Club Competition State Combined	15 October 2022 8 October 2022 13 November 2022
Allegra Orso Triple Jump Long Jump	U15 Girls 11.67m 5.37m	Centre Championships Club Competition	25 March 2023 4 March 2023	Eric Arnachellum 100m 110m Hurdles 200m 400m 800m Long Jump Triple Jump High Jump Shot Put 5kg Discus 1.5kg Javelin 700g Combined Event (5)	U17 Boys 12.07 sec 19.28 sec 24.76 sec 57.76 sec 2 min 41.24 sec 4.99m 10.80m 1.65m 7.92m 21.68m 24.15m 1423 points	Club Competition Centre Championships Club Competition State Track & Field Club Combined Event Club Competition Centre Championships SMR Track & Field Club Competition Club Competition SMR Track & Field Club Combined Event	1 October 2022 25 March 2003 10 December 2022 12 March 2023 5 November 2022 11 February 2022 25 March 2003 19 February 2023 19 November 2022 11 February 2023 19 February 2023 5 November 2022
Cooper Acklom Combined Event (7)	U15 Boys 4285 points	State Combined	13 November 2022				

* Broke previous Victorian Best Performance

BE *your* **BEST**
Little^{at} Aths

**Caulfield Little Athletics Centre
PO Box 3030, Murrumbeena 3166**

www.caulfieldlittleaths.org.au

**Duncan Mackinnon Reserve Athletics Track
North Road, Murrumbeena**

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We have taken care to try and ensure the information in this book is accurate.
 If you find an error, please email secretary@caulfieldlittleaths.org.au
 with the details.

Caulfield LAC Season 2022/2023 Sponsors

Caulfield Little Athletics would like to acknowledge the financial assistance of our Sponsors for Season 2022/2023. We greatly appreciate their support of our centre and athletes.

We ask that whenever possible; you support these local businesses. Of course, mention Caulfield LAC so they know their money was well spent with us!

Major Sponsor

- Bendigo Bank – 436 Neerim Road, Murrumbeena Ph. 9568 8166

Sponsors

- Wilson Storage – 928 North Road, Bentleigh East Ph. 8585 7982
- Grill'd – 86 Koornang Rd, Carnegie Ph. 9569 7300
- Stringers Sport – 306 Clayton Road, Clayton Ph. 9544 2925
- South East Sports Podiatry – 354 Neerim Road, Murrumbeena Ph. 9568 3107
- Carnegie Electrical Services Ph. 9530 9099
- Coles Caulfield Village – 5/17 Normanby Road, Caulfield Ph. 9056 0000

If you would like to support the club and see your business here?

Contact Duane Girton at sponsorship@caulfieldlittleleaths.org.au



Club History

Caulfield Little Athletics Centre has a proud history and tradition. Our journey began on the 5th of June 1969, when a motion was carried that Glenhuntly Athletics Club (seniors) take steps to start a Little Athletics Centre in Caulfield. On the 4th of September 1969, a motion was carried that a sub-committee be formed to organise a public meeting aimed at establishing a Little Aths Centre in Caulfield.

The sub-committee members were: Trevor Vincent, Bill Coupe, Ian Sivell, Peter Colthup, Gus Theobald, Tony Cook & D Jones. And so, it all began on the 22nd of November 1969 at 9.00am on the Glenhuntly Football Ground behind Caulfield Racecourse with 500 registered athletes. There has been a lot of change since that first competition.

Due to the large numbers, Caulfield Little Aths moved to the current site on the corner of North and Murrumbeena Roads, which at the time was the local football ground and tip. With the support of the City of Glen Eira Council (then City of Caulfield), a new athletic track, Duncan Mackinnon Reserve, was established. Whilst the track was under construction, competition was held at the rear of Murrumbeena Secondary College, (now a housing estate). In 1976 we moved back to Duncan Mackinnon Reserve.

We moved briefly at the start of the 1994/95 season whilst the track was upgraded to its present high standard.

In 2005/2006 Caulfield Little Aths entered the World Wide Web with the commencement of our website: www.caulfieldlittleleaths.org.au

The 2006/2007 season saw the introduction of our current uniform, and the NARS recording system.

During the 2009/2010 season, we upgraded our electronic timing gates to include a wireless starting system and also added a Barcode recording system. In 2013/14 we switched to Result HQ for our online recording and results.

The start of our 2015/16 season saw the introduction of a new finish gate system – designed to communicate directly with Results HQ (our online recording and results programme).

During the 2017/18 season the Duncan Mackinnon Athletics track was replaced during the summer resulting in the season being disrupted and a number of our regular competitions being held with our neighbourhood clubs (Mentone, Sandringham, and Brighton).

The club celebrated our 50th Anniversary in 2019/20 by hosting our first Open Day in many years, and a gala dinner which saw many former athletes and life members gather to look back on and celebrate a fabulous first five decades.

COVID struck in 2020 and provided unprecedented challenges for us all, however through the hard work of the committee we were able to work with council to continue offering training, weekly competitions and SMR events for our athletes by abiding by strict protocols and modifying how we operated.

With the continued growth in membership numbers, season 2020/21 saw the club invest in a second set of timing gates, which enabled us to start running events on both straights in parallel.

This opened up much greater programming flexibility, enabling us to further optimise our programs and cater for additional age groups and numbers while maintaining a pre-noon finish time.

Club Life Members and Long Service Members

At the commencement of the 2022/23 season, Caulfield Little Aths had 21 life members and 65 long service members.

The qualification to be nominated for life membership is 'Outstanding Service to the Centre' for at least eight years, including at least five years on the Centre Executive Council; or outstanding general service to the Centre for a period exceeding ten years.

Long service membership is granted to all athletes who compete for 10 years+ with the club.

This season we are thrilled to welcome a new Life Member in Pat Kaufman, and five Long Service Members who have just celebrated their 10th season at Caulfield Little Aths Centre.

Pat's involvement with the club first began in 1999 when his daughter Jessica signed up and competed as an athlete through to U15's in 2007. After a brief hiatus, Pat returned when his younger daughter Chloe signed up in 2012, and he has remained involved with the club ever since.

In Pat's time at the club, he has provided more than 15 years of service and support. He has fulfilled many roles throughout this time, from coaching (and acting as Coaching Coordinator), being a committee member, being a relay AGM and an official, both at club and Region level.

Pat has provided countless hours of coaching expertise to the club on a volunteer basis. His knowledge and skills across both distance running and throws has been invaluable and helped many CLAC athletes improve and achieve wonderful results over the years.

Even with no children remaining at the club Pat's involvement continues, and we are lucky to have him.

Congratulations on your Life Membership Pat!

CAULFIELD LITTLE ATHLETICS CENTRE

LIFE MEMBERS

Roy Foley (dec)
Noel Seward
Eddie Glenfield
Gordon Major
Alan Morris
Peter Vine
Lexie Seward
John Treanor (dec)
Jan Gyles
John Scott
Tom Cohn
Helen Garland
Donna Brammer
Nicole Lalande
Matt Baker
Meghan Baker
Sharyn Owen

Tony Glew
Russell Harper
Mary Harper
Derek Freedman

22/23 addition
Pat Kaufman

Juliet Austin
Stephanie Baker
Patrick Beraun
Sarah Biggs
Ally Brammer
Bridget Brammer
Melissa Brearley
Dylan Calleja
Callum Carothers
Chantelle Cayzer
Anthony Cohn
Elise Cooper
John Cooper
Sonya Deligianis
Georgia Drover
Jade Economidis
Liam Freedman
Zara Freedman
Matthew Gamble
Margaret Gleeson

LONG SERVICE MEMBERS

Liam Glew
Sebastian Graham
Doug Greenough
Lucy Hamilton
Isabella Harper
James Harper
Rebecca Hassett
Rebecca Ho
Josie Holmes
Craig Jamieson
Will Johns
Alexandra Jones
Chloe Kaufman
Alex Lalande
Jacson Lalande
Natalie Leontaridis
Grant Lewis
Martine Lewis
Monique Lewis
Trent Lewis
Toby Lowe
Stuart Major
John Morris
Lisa Morrison
Amy Morrison
Charlotte Nielsen
Aiden Orr'Ofarrell
Lucas Orso
Jemma Owen
Kelly Passmore
Findlay Rayson
Nicholas Rayson
Stuart Rooke
Debbie Scott
Belinda Stone
Erika Tomazi
Rachel Truscott
Gideon Tuckman
Pip Wallish
Sasha Watson

Jessica Watson
Chelsea Whittle
Katharine Wright
Henrietta Zeffert
Christopher Ziaei

22/23 additions
Angus Emons
Keely English
Jaikiah Honner
Emma Middleton
Allegra Orso

Caulfield Centre Committee 2022/2023

Executive

President	Vacant
Vice President	Sheridan English
Secretary	Meikhaela Spooner
Treasurer	Paul Roche
Registrar	Claire Burzacott
Competition Director	Sheridan English

Non - Executive

Equipment & Set Up Manager	Glenn Bryant
Duty Co-Ordinator	Andrew Mattinson
Coaching Co-Ordinator	Ty Ty Lim, transitioned to Duane Girton post-Christmas
Website & Team App Manager	Claire Burzacott
Assistant Registrar	Julie Vun
Inclusion & Child Safety Officer	Sarah Lorentzen
Uniforms Co-Ordinator	Natalie Nielsen
Canteen & BBQ Coordinator	Jo Whittle
Social Media Manager	Jess Roche
Competition Announcer	Aron Newbould
Timing Solutions Manager	Emma McShae
On Track Co-Ordinator	Hannah Benton
Relays Co-Ordinator	Sheridan English
Cross Country Co-Ordinator	Jo Whittle
SMR Delegates	Sarah Lorentzen & Sheridan English
Schools Timing Solutions Co-Ordinator	Simone O'Brien
General	Jason Whittle, Ty Ty Lim, Eric Wong

Vice President's Season Review

The 2022/23 season saw Caulfield Little Athletics successfully complete our 53rd year of competition delivering on our values of family, fun, fitness and participation.

We were able to deliver 15 centre competitions this season, including our Club Combined event, and wrapping up with a great day of Centre Championships.

Our 53rd year of operation saw another year of significant growth in membership, closing the season out with 460 members, up from 408 in 21/22 and well over our 5-year average of 350.

Our levels of participation at region and state events continued at record levels. This season saw the return of relays to the calendar after a year off in 2021/22, and a modified program in 2020/21 due to Covid. Our training numbers remained strong, although did drop off slightly across the season.

From a regional athletics perspective Team Caulfield continues to play a leading role in our Southern Metro Region. We again stepped up to host both SMR Relays and Track & Field carnivals, making this our 5th straight year of hosting region events.

The events were a great success and a credit to the hard work and determination of our team and parents. Details of our results can be found in my Competition Director report later in this document.

With a multitude of SMR clubs recently receiving upgrades to their tracks and facilities, hopefully we get some help with hosting these big events next year to help share the load.

A few highlights must be noted for our completed season:

- We continue to offer the broadest range of training options and skill development amongst any little athletics centres. The continued dedication and support by our coaches provides the opportunity for all our athletes to continually improve. With new Coaching Coordinator Duane on board, we hope to continue to develop our offering for next season.
- Our Inclusion policy continues to offer the mechanism to ensure we can provide opportunities for all our members, regardless of personal challenges, to participate and enjoy little athletics. It was exciting to have our first Multi-Class athlete represent this club at SMR and State level this season, and hopefully these numbers will continue to grow.
- Our sustained level of planning, preparation and delivery continues to improve year on year to meet our goal of providing a consistent and more enjoyable experience for our members. This is primarily built upon the outstanding commitment from our committee members, age group managers and key officials.

None of these achievements are possible without the outstanding effort of our volunteers and supporters. A huge thank you must go to:

- to our committee members who provide the effort and direction on running the club.
- to our parents who as weekly volunteers provide support to run each competition day and who always support our regional hosting and large events.
- to our coaches who provide experience and motivation for our outstanding training program
- to our life members and supporters such as Alan Morris and Tom Cohn who attend every week when they can to ensure we run a successful competition.
- to our sponsors who continue to provide financial support and services in kind to help keep our club operating and thriving.

As you may note, this report is coming to you from myself as Vice President rather than the President, as despite now being the 4th largest club in the state, we have been operating all season with no president. Truth be told I have only kept managing the Vice President role as we had no-one nominate for the position which I had intended to vacate with my move to Competition Director this season after 4 years in the VP seat.

If you are interested in joining a fabulous group and continuing to develop our wonderful club, I urge you to contact us and submit a nomination form and get involved. Many hands make light work!

Stepping down from our committee this year are:

- Paul Roche (Treasurer)
- Jess Roche (Social Media)
- Emma McShae (Timing Solutions)
- Hannah Benton (On Track)
- Ty Ty Lim (Coaching Co-Ordinator)
- Eric Wong (General Committee & former Competition Director)

All have served the club wonderfully during their years of service and will be sorely missed as they move on with new opportunities outside of aths.

I'd like to especially thank Jason Whittle, who stepped down from the President role after 4 years at the helm at the end of the 2021/22 season in preparation for his time at the club to wrap up with his daughter in the U16's age group this season. We are blessed that LAVic's decision to introduce U17's means he will hopefully still be around the club when he can to help share his wisdom learned over his years in the chair and years prior as general committee. I thoroughly enjoyed being his Vice President throughout those years and thank him for his outstanding service to the club.

This year concludes my 5th and (hopefully) final year as Vice President. I will remain in the Competition Director role next season and will be here to support all incoming and existing committee members.

In an effort to keep costs down and still provide a high-quality experience for our athletes, we rely on support from our sponsors (listed on page 3). Our Marquee Sponsor - Murrumbena Community Bank again provided outstanding sponsorship to CLAC, which now exceeds 10 years of support to our club. For all your banking and insurance needs call in and have a talk to Sue to see if she can offer you a better deal. We are also thankful to our other sponsors who provide financial support or services in kind.

In summary I am very happy in the state of the club. Our membership numbers continue to be strong. We are in a good position financially. Our club culture remains strong and focused on our values of family, fun, fitness and participation. Our participation at all levels of competition continues to grow and our programming continues to evolve to meet the needs that accompany that growth.

Go Team Caulfield and I hope to see you back again in season 2023/24!

Kind regards,

Sheridan English

Vice President, Caulfield Little Athletics

Registrar's Executive Report

Season 2022/23 got off to a flying start with registrations surpassing the 400 mark by Week 4. We finished the season with 460 athletes, an increase of 52 from 408 the previous season.

This season also marked the introduction of the U17 age group by LAVic.

Our new Assistant Registrar, Julie Vun, did an outstanding job handling online enquiries from 360 trial athletes. Julie's commitment and attention to detail saw her coordinate 277 athletes to Come & Try (up from 179), 224 of those on Saturday competition days.

As a result of Julie's hard work and the great efforts by our Age Group Managers and Age Group Assistants, 162 trial athletes went on to register as members (up from 140), a conversion rate of 72%.

We repeated last season's feat of hosting 100 trial athletes on our first competition day of the season. A huge thank you goes to Bree Langdon, Vicki Newton, Phillipa Holland, Natalie Miller, Rebecca Newbould and Evana Durack who helped Julie out on the trial athletes registration desk at the start of the season.

AGE GROUP	GIRLS	BOYS	TOTAL
UNDER 6	26 (13)	24 (25)	50 (38)
UNDER 7	15 (24)	35 (23)	50 (47)
UNDER 8	29 (33)	26 (46)	55 (79)
UNDER 9	26 (25)	43 (17)	69 (42)
UNDER 10	27 (24)	23 (30)	50 (54)
UNDER 11	26 (23)	34 (14)	60 (37)
UNDER 12	21 (23)	21 (15)	42 (38)
UNDER 13	17 (19)	15 (10)	32 (29)
UNDER 14	11 (8)	11 (9)	22 (17)
UNDER 15	8 (5)	6 (1)	14 (6)
UNDER 16	4 (4)	11 (7)	15 (11)
UNDER 17 (new)	0 (0)	1 (0)	1 (0)
TOTAL	210 (201)	250 (207)	460 (408)

() 2021/22 comparison

This season's 460 athletes were made up of 46% girls and 54% boys. New athletes numbered 208 with the U6G & U7B groups representing 22% (11% respectively), followed by the U6B (9%) & U11B (8%).

We had 252 returning athletes with the U9B group being the largest group (12%), followed by the U10G (8%).

Our U6-U12 age groups made up 82% of our athletes, so we strongly urge parents from these age groups to consider joining the committee to ensure the club's continued growth and success.

I would especially like to thank Julie Vun for her work this season in handling such a massive volume of trial athlete registrations and for supporting me in my first year as Registrar.

We thank all families, new and returning, for making our jobs an enjoyable and rewarding experience.

Claire Burzacott & Julie Vun

Registrar & Assistant Registrar, Caulfield Little Athletics

Competition Director's Executive Report

As Competition Director for Caulfield Little Athletics, I provide this end-of-season report for season 2022/23.

This season saw the introduction of the U17 age group by LAVic. While we only had one athlete this season, we are expecting more to continue moving forward which will be great to see.

With an ever-growing membership base, it is critical we are able to run both sets of timing gates in parallel, but this requires both extra starters and finishing line teams. It was great to see us gain a new starter this season in Huw and establish solid finish line teams week in and week out.

We are unfortunately losing several of our finish line team for next season, so would encourage new parents to consider raising their hand to help so we can continue to operate smoothly.

Our participation rates and success at Regional and State level competition continue to grow, with CLAC topping the medal tallies at both SMR Relays and Track & Field and achieving strong performances at State level. We also saw a substantial number of centre records broken this season, including one from 1998 and two from 2004! It really was a brilliant season.

Weekly Program

In 2022/23, we moved to a four program rotation (from 7 last season), balancing sprints with middle distance events on the track and a good mix of field events over each program. We have moved to the Walks being an optional event for serious athletes only and were lucky enough to have qualified judges in attendance throughout the season on Walks weeks. This helped cut down the programming time required by reducing the number of races and eliminating the "mucking around/running" factor.

Despite losing two weeks of competition due to wet weather, it was pleasing to be able to deliver a 15 competition season. Personally, it was disappointing to lose both planned twilight meets, but hopefully the weather gods will be kind and we are able to run our first twilight since pre-Covid next season.

As always, we could not run our program each week without Caulfield parents committing to duty, with many parents helping every week. Thank you to all who did duty this year, especially with set-up and pack up duty, as this played a key role in enabling us to start and finish on time. A special thank-you goes to Glenn and his set up teams for their dedication to set-up, the team are there incredibly early every week rain (quite a bit of rain some weeks!) or shine.

A special thank you goes to Andrew Mattinson for managing the duty roster this season and to Liz, Stuart, Andrew and Bec for completing results entry each week.

Finally, a huge thank you must go to all our officials, the track team, event coordinators and age group managers who put in consistently and without complaint each and every week. Without them we could not run competition.

Equipment

This season saw the arrival of our new (much needed) hurdles. A huge thank you to Glenn Bryant our Equipment Manager extraordinaire, who put in countless hours of hard work in the off season to build our new, smaller hurdles trolleys, as well as updating the throws trolleys so they are much easier to manoeuvre and look fantastic! We also purchased a portable discus cage, new flag fencing and various equipment to replace damaged items.

Competition

Throughout the season, we saw some incredible achievements by our Caulfield athletes with 9,124 Personal Bests recorded. This is a record number of PB's and a 18% increase on last season (7,712).

In addition, we had 16 athletes break a total of 28 Centre Records, with 7 athletes breaking multiple records, and some records broken by athletes on numerous occasions throughout the season.

Congratulations to all those athletes who broke centre records during the season and set our inaugural records for our U17 boys and U9 boys Multi Class.

A particular standout was Olivia Wilson whose time run at State Track & Field in coming 2nd for the 80m Hurdles was not only a centre record, but also broke the previous Victorian Best Performance time set in 2016 by 0.1 sec (12.76 vs old VBP of 12.86).

A list of all centre records set this season is included on the inside front cover of the record and the status of all centre and other venue records at the end of the season is contained at the end of record.

Representative Competition

Caulfield saw another year-on-year increase in athletes competing the Regional and State carnivals on offer with SMR Relays (106 teams up from 84 in 2020/21 no relays were held in 2021/22), State Relays (59 teams), SMR Track and Field (130 athletes up from 125) and State Track and Field (86 athletes up from 76). The State Combined Event Championships had no change year on year in registrations (38 athletes), but only 27 competed due to illness and injury.



State Combined Event Championships

State Combined was held earlier in the season than usual on the 12-13th Nov 2022 at Lakeside Stadium. Caulfield had 27 athletes compete over the 2 days. Caulfield finished 8th on the medal tally of all clubs in the state with 3 medals (1 gold and 2 silver) and 3 Centre records set.

GOLD MEDAL

Jaikiah Honner U16 Boys - 7 Event Combined 4,338 points **NEW CENTRE RECORD**

SILVER MEDAL

Jesse Sezonov U11 Boys - 5 Event Combined 1,388 points **NEW CENTRE RECORD**

Cooper Acklom U15 Boys - 7 Event Combined 4,285 points **NEW CENTRE RECORD**



SMR Relays

This season saw the welcome return of Region Relays for the first time since 2019/20.

SMR Relays were hosted by Caulfield yet again at Duncan Mackinnon on the 3rd of Dec 2022. Caulfield had 106 teams comprising of 149 athletes competing (up from 80 in 2019/20).

Overall CLAC won 60 medals (up from 30 in 2019/20) consisting of 22 Gold, 20 Silver and 18 Bronze medals and placed first on the medal tally, ahead of Sandringham (with a total of 33 medals).



SMR Track and Field

SMR Track and Field was hosted by Caulfield for the 5th year straight at Duncan Mackinnon on the 18th-19th Feb 2023. Caulfield had 130 athletes competing over the two days. Our athletes achieved numerous Personal Bests in their chosen events, as well as 7 Centre Records broken at the event. Overall CLAC won 159 medals (up from 156 in 2021/22) consisting of 56 Gold, 52 Silver and 51 Bronze medals and placed first on the medal tally, knocking off Sandringham and Mentone for just the third time in over a decade.



State Relays

Caulfield had 59 teams (up from 31 in 2019/20) qualify for the State Relay Championships held at Lakeside Stadium on the 4th of March.

The club came away with 18 medals (versus 10 in 2019/20) medals comprising of 5 Gold, 5 Silver and 8 Bronze, resulting in CLAC finishing 6th on the medal tally of all Victorian clubs.

CAULFIELD MEDAL TALLY

Medal	AGE/GENDER	Event	Team
Gold	U9 Boys	4 x 200m	Tahki Lim, Jude Langham, Asher Vun & Ashton Beric
	U9 Mixed	4 x 200m	Sarah Sigismundi, Phoebe Fisher, Jensen Madeira & Jude Langham
	U11 Girls	4 x 100m	Imogen Brownjohn, Olivia Wilson, Sara Paszko & Lidia Volpert
	U16 Girls	4 x 100m	Chelsea Whittle, Adele Roche (U14), Emily Rundle & Charlotte Nielsen
	U16 Mixed	4 x 100m	Emily Rundle, Charlotte Nielsen, Louis Baeppler & Jaikiah Honner
Silver	U9 Boys	Swedish Medley	Tahki Lim, Ashton Beric, Asher Vun & Jude Langham
	U12 Boys	4 x 100m	Myles Ellis, Hugo Bryan, Eli Ongarezos & Michael Kousourakis
	U15 Girls	4 x 100m	Emma Middleton, Jazmin Firth, Allegra Orso & Julia Zaitseva
	U15 Mixed	4 x 100m	Allegra Orso, Jazmin Firth, Tully Smith & Cooper Acklom
	U16 Mixed	4 x 200m	Chelsea Whittle, Emily Rundle, Daniel MacRae & Xavier Siruelo
Bronze	U9 Mixed	4 x 100m	Sarah Sigismundi, Jessica Leeds, Asher Brown & Ashton Beric
	U11 Mixed	4 x 200m	Sara Paszko, Lidia Volpert, Brodie Hill & Jesse Sezonov
	U13 Girls	4 x 200m	Samantha Fardell, Emma Wilson, Lola Stewart & Kiara Malhotra
	U13 Girls	Swedish Medley	Samantha Fardell, Amy Russo, Emma Wilson & Kiara Malhotra
	U13 Mixed	4 x 100m	Samantha Fardell, Amy Russo, Jack Newton & Oskar Dogrusever
	U13 Mixed	4 x 200m	Emma Wilson, Kiara Malhotra, Jack Newton & Andrew MacRae
	U15 Girls	Swedish Medley	Emma Middleton, Julia Zaitseva, Alix Rezsneki-Carrere & Jazmin Firth
	U16 Boys	4 x 200m	Jaikiah Honner, Louis Baeppler, Fraser Mattinson & Nicholas Tan



State Track and Field

Caulfield had 86 athletes (up from 76 last year) qualify for the State Track and Field Championships held at Lakeside Stadium on the 11th-12th March. Over the weekend many PBs were beaten, and 7 Centre records and a Victorian Best Performance time broken.

CLAC came away with 32 medals (versus 34 in 2021/22) medals comprising of 7 Gold, 14 Silver and 11 Bronze, resulting in CLAC finishing 15th on the medal tally of all Victorian clubs.

It is worth noting that CLAC had our first Multi-Class competitor (Austin Miller) compete and come away with 4 medals and hopefully some great memories. Well done Oz!

CAULFIELD MEDAL TALLY

ATHLETE	AGE/GENDER	GOLD	SILVER	BRONZE
Jude Langham	U9 Boys			400m, 800m
Stephanie Newton	U9 Girls		Shot Put	Discus
Austin Miller (MC)	U9 Boys	Shot Put	100m, Long Jump, Discus	
Brooklyn Rummans	U10 Girls		400m	
Jesse Sezonov	U11 Boys		200m	
Imogen Brownjohn	U11 Girls			100m, 400m
Olivia Wilson	U11 Girls	Long Jump	80m Hurdles	Triple Jump
Holly Miller	U13 Girls			Discus
Serena Bryant	U14 Girls		800m, 1500m	
Adele Roche	U14 Girls	400m		
Cooper Acklom	U15 Boys	200m, Discus		100m
Jazmin Firth	U15 Girls		Shot Put	Discus
Emma Middleton	U15 Girls			Triple Jump
Allegra Orso	U15 Girls	Triple Jump	Long Jump	
Julia Zaitseva	U15 Girls		200m	
Fraser Mattinson	U16 Boys	Javelin		
Madison Carr	U16 Girls		Shot Put	
Chelsea Whittle	U16 Girls		300m Hurdles	90m Hurdles

Coles Little Athletics National Camp

This season, Caulfield had four U15 athletes selected to attend the Coles National camp in Brisbane in Oct (of only 20 Victorian athletes selected).

Well done to Jazmin Firth, Allegra Orso, Julia Zaitseva & Cooper Acklom on your selections.

Australian Little Athletics Championships / Australian Junior Athletics Championships

This season, Caulfield had one athlete, Cooper Acklom (U15B), selected to represent Victoria at the Australian Little Athletics Championships (ALAC) for U13 and U15 athletes, and two athletes Adele Roche (U14G) & Serena Bryant (U14G) selected as VIC representatives at the newly introduced Australian Junior Athletics Championships (AJAC) for U14 athletes which were held by Little Athletics Australia at Lakeside Stadium from the 21st-23rd April.

Not only was Cooper selected to represent, he was also selected as VIC team captain!

All represented well with Adele placing 3rd in the 400m, Serena 9th in the 800m and also 9th in the 1500m, and Cooper 12th in the Heptathlon after a massive fortnight for all after competing at AA Nationals in Brisbane the prior week.

CLAC athletes selected to represent Victoria at National Championships

Fantastic performances by our athletes throughout the season saw 14 achieve qualifying standards and be selected to represent Victoria at three major national championships this season.

A huge congratulations to all – especially those who medalled in their events. Special mention to Laura Wong is this season's National Champion for both the 80m & 90m Hurdles.

Athlete	Event	Place	Event	Place	Event	Place
School Sport Australia 12 Years & Under Championships (held in Brisbane in December)						
Elea Vagedes (U11G)	10G High Jump	10 th	Medley Relay	3 rd		
Lidia Volpert (U11G)	10G 100m	11 th	4x100m Relay	3 rd		
Jack Newton (U13B)	12B Discus	3 rd	12B Shot Put	11 th		
Amy Russo (U13G)	12G Discus	11 th	Medley Relay	3 rd		
Australian All Schools Championships (held in Adelaide in December)						
Laura Wong (U14G)	U14 80m Hurdles	1 st	4x100m Relay	3 rd		
Jazmin Firth (U15G)	U15 400m	4 th	U15 Discus	8 th		
Chemist Warehouse Athletics Australia Track & Field Championships (held in Brisbane in April)						
Serena Bryant (U14G)	U15 800m	23 rd				
Adele Roche (U14G)	U15 400m	4 th				
Laura Wong (U14G)	U15 90m Hurdles	1 st	100m	13 th		
Cooper Acklom (U15B)	U16 200m Hurdles	3 rd	U16 Pole Vault	3 rd	U16 Heptathlon	8 th
Tully Smith (U15B)	U16 Triple Jump	12 th				
Jazmin Firth (U15G)	U16 400m	5 th				
Allegra Orso (U15G)	U16 Triple Jump	2 nd	U16 Long Jump	10 th		
Julia Zaitseva (U15G)	U16 200m	6 th	U16 100m	22 nd	4x200m Relay	4 th

To round off my report I would like to thank the Executive and General Committee and all our AGM and parent helpers for all your assistance and hard work throughout the 2022/2023 season as I have tackled my first season in the role.

It's been a great challenge which has gone more smoothly than I expected. Looking forward to doing it all again in season 2023/24.

Sheridan English
Competition Director, Caulfield Little Athletics

Caulfield Little Athletics Centre 2022/23 Season Calendar



As at 07/02/2023

	COMPETITION/EVENT	PROGRAM	PACK UP DUTY	DUTY TEAM	VENUE
JUNE					
Saturday 4th	State Cross Country Relays	Special program		As rostered	Cruden Farm
Saturday 16th	SMR Cross Country	Special program		As rostered	Paterson River SC
AUGUST					
Sat 6 th	State Cross Country	Special program		As rostered	Lake Dewar
SEPTEMBER					
	(School Holidays Sat 17/9 – Sun 2/10)				
Saturday 17th	Welcome to Caulfield Introductory & Warm Up Comp. (9:00am – 11:00am)	Modified program (WTC)	All groups		Duncan Mackinnon
OCTOBER					
Saturday 1st	Club Competition Wk 1 (8:30am – 11:40am)	Program A	U10 Boys		Duncan Mackinnon
Saturday 8 th	Club Competition Wk 2 (8:30am – 11:40am)	Program B	U13 Boys		Duncan Mackinnon
Saturday 15th	Club Competition Wk 3 (8:30am – 11:40am)	Program C	U7 Boys		Duncan Mackinnon
Saturday 22nd	CLAC Combined Event Wk 4 (8:30am – 12:00pm) WASHED OUT – RESCHEDULED to 5th Nov	Combined program	U12 Boys		Duncan Mackinnon
Friday 28 th	Twilight Competition Wk 5 (5:30pm – 8:30pm) WASHED OUT	Twilight A	U8 Girls		Duncan Mackinnon
NOVEMBER					
Saturday 5th	CLAC Combined Event Wk 6 (8:30am – 12:00pm)	Combined Program	U8 & U9 Girls		Duncan Mackinnon
Sat 12 th - Sun 13 th	State Combined Events Championship	Special program		As rostered	Lakeside Stadium
Saturday 19th	Coles Round – wear red! Club Competition Wk 7 (8:30am – 12:00pm)	Program D	U12 Girls		Duncan Mackinnon
Sunday 20 th	Mentone Relay Open Day	Special program			Bricker Reserve
Saturday 26th	Club Competition Wk 8 (8:30am – 11:40am)	Program A	U13 Girls		Duncan Mackinnon
DECEMBER					
	(School Holidays Sat 21/12 – Sun 29/1)				
Saturday 3rd	SMR Relays	Special program		As rostered	Duncan Mackinnon
Saturday 10th	Club Competition Wk 9 (8:30am – 11:40am)	Program B	U7 Girls		Duncan Mackinnon
Saturday 17th	Club Competition Wk 10 (8:30am – 12:00pm) & XMAS Break-Up including Caulfield Gift II	Special program	U8 & U11 Boys		Duncan Mackinnon
JANUARY					
	(Wed 26th - Australia Day Public Holiday)				
Saturday 21st	Club Competition Wk 11 (8:30am – 11:40am)	Program C	U14 Girls		Duncan Mackinnon
Saturday 28th	Club Competition Wk 12 (8:30am – 11:50am)	Program D	U10 Girls		Duncan Mackinnon
FEBRUARY					
Saturday 4 th	State Relays	Special program		As rostered	Lakeside Stadium
Saturday 11th	Club Competition Wk 13 (8:30am – 11:40am)	Program A	U11 Girls		Duncan Mackinnon
Sat 18 th – Sun 19 th	SMR Track & Field	Special program		As rostered	Duncan Mackinnon
Saturday 25 th	Club Competition Wk 14 (8:30am – 11:40am)	Program B	U15-U17 Boys		Duncan Mackinnon
MARCH					
	(Mon 13 th – Labour Day Public Holiday)				
Saturday 4th	Club Competition Wk 15 (8:30am – 11:40am)	Program C	U9 Boys		Duncan Mackinnon
Sat 11 th – Sun 12 th	State Track & Field	Special program		As rostered	Lakeside Stadium
Saturday 18th	Club Competition Wk 16 (8:30am – 11:50am)	Program D	U15-U17 Girls		Duncan Mackinnon
Saturday 25th	Club Championships Wk 17 (8:30am – 1:00pm)	Special program	All groups		Duncan Mackinnon
APRIL					
	(School Holidays & Easter Fri 7/4 – Sun 23/4)				
Fri 20 th - Sun 22 nd	Australian Little Athletics Championships	Special program			Lakeside Stadium
Sat 22 nd	CLAC 22/23 Presentation Day and AGM				Duncan Mackinnon
Sat 29 th	Bayside Cross Country commences. Various venues. Check Team App for details				Various
MAY					
Mon 1 st	Winter training commences. Mon nights from 5pm – 6pm. Continues until end August				Duncan Mackinnon

End of Season Club Awards Explanation

After each season, the club will host a presentation day to present end of season awards.

End of season awards will be presented across several categories.

To be eligible for end of season awards, an athlete must compete in 50% of the available centre programs offered since their date of registration and have returned to the track after the Christmas break.

Awards will be determined by the competition sub-committee and be endorsed by the club executive according to the following criteria:

Centre Record Trophy – Awarded to all athletes who set a Centre record over the season.

Centre PB Champion – Awarded to the athlete (boy or girl) who achieves the greatest number of PB's during the season covering club competitions only, including club multi's and centre championships but excluding Region, State and ALAC events.

Centre Champions – Awarded to the senior (U13+) boy and/or girl athletes judged to have had the most outstanding season considering performances at all club, Region, and State events. Other achievements at State or National level at senior or school competitions may also be included for consideration. This award is decided at the discretion of the club awards committee.

Encouragement Awards – Awarded to athlete/s in each junior age group who consistently demonstrate the club values in their performances and participation. Recipients are nominated by each age group manager or the committee and decided at the discretion of the club awards committee.

Tom Cohn Club Service Award – Awarded to a parent/guardian/volunteer or athlete for outstanding service to the centre. This award to be at the sole discretion of the club committee. The award is intended to recognise the service of non-committee members.

Tom Cohn is a life member of CLAC and has provided outstanding support to the club for over 30 years. He has held numerous key roles over the years to contribute to the success of the club. You can still find Tom at the track most weeks and lending his voice as our official Awards presenter at club competitions and region events.

Alan Morris Officials Award – Awarded to a parent/guardian/volunteer for outstanding service to the centre in the field of competition officiating. This award to be at the sole discretion of the club committee. The award is intended to recognise the service of non-committee members.

Alan Morris is a life member of CLAC and has provided outstanding support to the club for over 30 years. Alan is our track starter at our Saturday competitions. Alan also volunteers as our Team Manager for region and state events. Alan can always be relied upon to support the overall running of our competition program.

Damian O'Shea Memorial Trophy (Glenhuntly Award) – This award is sponsored by Glenhuntly Senior Athletics Club and is presented at the sole discretion of the committee to two older age athletes to encourage them to continue their athletic journey into senior athletics.

Under 6 – On Track – Participation Award - All eligible Under 6 athletes who participate in the 'On Track' program will receive a trophy recording their participation in the season.

Age Group Champion and Event Category Awards - The Age Group Champion and Age Group Event Category Champion Awards are determined on an accumulated point basis across the regular season (excluding Club Combined and Centre Championship events).

Details on how these awards are calculated can be found below:

How the points system works...

- Each athlete's top 3 results per event are used to calculate their individual ranking per age group per event. Where an athlete has not competed three times in an event then the number of times they have competed is used for the average.
- Points are awarded to athletes according to their ranking per event within their age group according to the following table.

1 st place	= 10 points
2 nd place	= 9 points
3 rd place	= 8 points
4 th place	= 7 points
5 th place	= 6 points
6 th place	= 5 points
7 th place	= 4 points
8 th place	= 3 points
9 th place	= 2 points
10 th place	= 1 point

- Points per athlete are then added up per event category (Jumps, Throws, Sprints, Hurdles and Middle Distance) according to the following table.

	Sprints			Middle Distance			Hurdles		Jumps			Throws		
	70m	100m	200m	400m	800m	1500m	60-110mH	200m-300mH	LJ	TJ	HJ	Discus	Shot Put	Javelin
U7	X	X	X						x			x	x	
U8	X	X	X	x			x		x		x	x	x	
U9	X	X	X	x	x		x		x		x	x	x	x
U10	X	X	X	x	x		x		x	x	x	x	x	x
U11	X	X	X	x	x	x	x		x	x	x	x	x	x
U12	X	X	X	x	x	x	x		x	x	x	x	x	x
U13		X	X	x	x	x	x	x	x	x	x	x	x	x
U14		X	X	x	x	x	x	x	x	x	x	x	x	x
U15		X	X	x	x	x	x	x	x	x	x	x	x	x
U16		X	X	X	x	x	x	x	x	x	x	x	x	x
U17		X	X	x	x	x	x	x	x	x	x	x	x	x

- Ranking points are totaled per event category to calculate the event category winners per age group. Event category awards are provided to the first two placegetters in each event category per age group.
- To calculate the age group champion, points are totaled across all events for each athlete.
- Additional bonus points for participation are added to this total at the rate of 5 points per event completed, as well as 1 point for each PB achieved.
- Event points and bonus points are combined to determine the age group champion.
- Age Group Champion Awards are given for the first, second and third placegetters in each age group, plus any event category winners and runners up.
- As Walks are now offered as an optional additional event, they are no longer included in the total Age Group Champion awards. However, a Walks Champion & Runner Up will be awarded for each eligible Age Group

Note 1: If there is an extremely unusual performance for an athlete recorded e.g., mistake by an official measuring, timing, or recording, it will come under the CLAC executive committee's sole discretion as to whether the result will be included, based on the athlete's prior and continuing performances.

Note 2: All awards are at the discretion of the Executive Committee and may vary from season to season.

2022/2023 Summer Season Awards

General Categories

Centre PB Champion – Perpetual Trophy

1 st – Marton Janos (<i>U11B</i>)	46 PB's
2 nd – Andrew MacRae (<i>U13B</i>)	44 PB's
3 rd – Levente Janos (<i>U9B</i>)	42 PB's

Centre Champions

Cooper Acklom (<i>U15B</i>)	Allegra Orso (<i>U15G</i>)
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Tom Cohn Clubman Award

Dee Rundle

Alan Morris Officials Award

Greg Ellis

Damian O'Shea Memorial Trophy (Glenhuntly Award)

Angus Emons (<i>U16B</i>)	Alix Rezsneki-Carrere (<i>U15G</i>)
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Age Group Champions

	1 st	Points	2 nd	Points	3 rd	Points
U17 Boys	Eric Arnachellum	343				
U16 Boys	Daniel MacRae	566	Fraser Mattinson	509	Angus Emons	456
U16 Girls	Chelsea Whittle	540	Emily Rundle	492	Madison Carr	248
U15 Boys	Noah Fleiszig	496	Henry Dwyer	447	Cooper Acklom	333
U15 Girls	Keely English	417	Alix Rezsneki-Carrere	380	Elizabeth Wong	336
U14 Boys	Archie Rizzi	549	Julian Fardell	527	Luke Barber	462
U14 Girls	Olin Buisman	459	Amelie Luba	430	Serena Bryant	339
U13 Boys	Andrew MacRae	553	Jack Newton	543	Lucas Hijlkema	477
U13 Girls	Holly Miller	516	Kiara Malhotra	424	Madeline French	381
U12 Boys	Myles Ellis	500	Braedyn Gunn	432	Hugo Bryan	411
U12 Girls	Ella Logan	469	Lucia Pentland	453	Ella Spooner	425
U11 Boys	Kai Cadusch	395	Andrew Newbould	384	Jesse Sezonov	377
U11 Girls	Elea Vagedes	377	Scarlett French	371	Olivia Wilson	364
U10 Boys	Tyler Vun	554	Archer Carisbrooke	509	Archie Thomas	473
U10 Girls	Arabella Fitzpatrick	448	Brooklyn Rummans	411	Antigony Koutsoupas	399
U9 Boys	Asher Vun	436	Jude Langham	416	Ashton Beric	404
U9 Girls	Gisele Luba	424	Phoebe Fisher	399	Sarah Sigismundi	398
U8 Boys	Asher Brown	364	Lucas Tao	357	Thomas Bates	342
U8 Girls	Annabel Miller	395	Vivienne Mariani	354	Elsie Weeks	330
U7 Boys	Noah Vagedes	343	Mishi Milias	291	Jack Stein	286
U7 Girls	Alice Copes	346	Audrey Graham	342	Beth Benton	306

Champion Athlete Event Category Awards

Age Group	Event	Place	Boys	Girls
U17	Sprints	Champion	Eric Arnachellum	
	Hurdles	Champion	Eric Arnachellum	
	Throws	Champion	Eric Arnachellum	
	Jumps	Champion	Eric Arnachellum	
	M/Distance	Champion	Eric Arnachellum	
U16	Sprints	Champion	Jaikiah Honner	Emily Rundle
	Sprints	Runner Up	Theo Ioannou	Chelsea Whittle
	Hurdles	Champion	Daniel MacRae	Chelsea Whittle
	Hurdles	Runner Up	Fraser Mattinson	Emily Rundle
	Throws	Champion	Fraser Mattinson	Chelsea Whittle
	Throws	Runner Up	Daniel MacRae	Emily Rundle
	Jumps	Champion	Daniel MacRae	Chelsea Whittle
	Jumps	Runner Up	Theo Ioannou	Emily Rundle
	M/Distance	Champion	Angus Emons Daniel MacRae	Chelsea Whittle
	M/Distance	Runner Up	Fraser Mattinson	Emily Rundle
	Walks	Champion	Daniel MacRae	Chelsea Whittle
	Walks	Runner Up	Angus Emons Fraser Mattinson	
	U15	Sprints	Champion	Tully Smith
Sprints		Runner Up	Henry Dwyer	Keely English
Hurdles		Champion	Noah Fleiszig	Emma Middleton
Hurdles		Runner Up	Cooper Acklom	Keely English
Throws		Champion	Henry Dwyer	Alix Rezsneki-Carrere
Throws		Runner Up	Cooper Acklom	Keely English
Jumps		Champion	Noah Fleiszig	Alix Rezsneki-Carrere
Jumps		Runner Up	Henry Dwyer	Allegra Orso
M/Distance		Champion	Noah Fleiszig	Keely English
M/Distance		Runner Up	Henry Dwyer	Elizabeth Wong
Walks		Champion	Noah Fleiszig	
U14		Sprints	Champion	Archie Rizzi
	Sprints	Runner Up	Oscar Abbott	Olin Buisman
	Hurdles	Champion	Archie Rizzi	Amelie Luba
	Hurdles	Runner Up	Julian Fardell	Olin Buisman
	Throws	Champion	Julian Fardell	Olin Buisman
	Throws	Runner Up	Luke Barber	Amelie Luba
	Jumps	Champion	Archie Rizzi	Amelie Luba
	Jumps	Runner Up	Oscar Abbott	Olin Buisman
	M/Distance	Champion	Archie Rizzi	Olin Buisman
	M/Distance	Runner Up	Julian Fardell	Serena Bryant
	Walks	Champion	Luke Barber	Olin Buisman
	Walks	Runner Up		Serena Bryant

Age Group	Event	Place	Boys	Girls
U13	Sprints	Champion	Oskar Dogrusever	Samantha Fardell
	Sprints	Hurdles	Jack Newton	Kiara Malhotra
	Hurdles	Champion	Andrew MacRae	Kiara Malhotra
	Hurdles	Runner Up	Lucas Hijlkema	Holly Miller
	Throws	Champion	Jack Newton	Holly Miller
	Throws	Runner Up	Andrew MacRae	Blaene Gunn
	Jumps	Champion	Andrew MacRae	Holly Miller
	Jump	Runner Up	Cooper Smith	Blaene Gunn
	M/Distance	Champion	Jack Newton	Holly Miller
	M/Distance	Runner Up	Andrew Newton	Kiara Malhotra
	Walks	Champion	Andrew MacRae	Madeline French
	Walks	Runner Up	Lucas Hijlkema	Holly Miller
	U12	Sprints	Champion	Hugo Bryan Michael Kousourakis
Sprints		Runner Up	Myles Ellis	Ella Logan
Hurdles		Champion	Myles Ellis	Ella Logan
Hurdles		Runner Up	Hugo Bryan	Lucia Pentland
Throws		Champion	Myles Ellis	Leah Newton
Throws		Runner Up	Jaron English	Ella Spooner
Jumps		Champion	Myles Ellis	Lucia Pentland
Jump		Runner Up	Braedyn Gunn	Ella Logan
M/Distance		Champion	Braedyn Gunn	Lucia Pentland
M/Distance		Runner Up	Oscar Lorentzen	Ella Logan
Walks		Champion	Myles Ellis	Lucia Pentland
Walks		Runner Up	Jaron English Oscar Lorentzen	Ella Logan
U11		Sprints	Champion	Jesse Sezonov
	Sprints	Runner Up	William Paszko	Sara Paszko
	Hurdles	Champion	Jesse Sezonov	Elea Vagedes
	Hurdles	Runner Up	Brodie Hill	Alessandra Mariani
	Throws	Champion	Andrew Newbould	Gemma Bryant
	Throws	Runner Up	Ross Wallace	Allegra Lodding
	Jumps	Champion	Brodie Hill	Elea Vagedes
	Jumps	Runner Up	Andrew Newbould	Olivia Wilson
	M/Distance	Champion	Kai Cadusch	Kaida Lim
	M/Distance	Runner Up	Edward Chen	Allegra Lodding
	Walks	Champion	Andrew Newbould	Scarlett French
	Walks	Runner Up	Theodore Roche	Sara Paszko

Age Group	Event	Place	Boys	Girls
U10	Sprints	Champion	Tyler Vun	Brooklyn Rummans
	Sprints	Runner Up	Archer Carisbrooke	Arabella Fitzpatrick
	Hurdles	Champion	Tyler Vun	Arabella Fitzpatrick
	Hurdles	Runner Up	Rian Raiden	Antigony Koutsoupas
	Throws	Champion	Archer Carisbrooke	Brooklyn Rummans
	Throws	Runner Up	Tyler Vun	Arabella Fitzpatrick
	Jumps	Champion	Tyler Vun	Victoria Travers
	Jumps	Runner Up	Archer Carisbrooke	Arabella Fitzpatrick
	M/Distance	Champion	Archie Thomas	Arabella Fitzpatrick
	M/Distance	Runner Up	Archer Carisbrooke	Antigony Koutsoupas
	Walks	Champion	Tyler Vun	Arabella Fitzpatrick
	Walks	Runner Up	Archer Carisbrooke	Louisa Roche
U9	Sprints	Champion	Ashton Beric	Sarah Sigismundi
	Sprints	Runner Up	Jude Langham	Gisele Luba
	Hurdles	Champion	Asher Vun	Stephanie Newton
	Hurdles	Runner Up	Zach Sutton	Sarah Sigismundi
	Throws	Champion	Asher Vun	Stephanie Newton
	Throws	Runner Up	Cameron Cunnane	Poppy Ellis
	Jumps	Champion	Asher Vun	Phoebe Fisher
	Jumps	Runner Up	Jensen Madeira	Gisele Luba
	M/Distance	Champion	Jude Langham	Gisele Luba
	M/Distance	Runner Up	Ashton Beric	Maddie Widjaja
	Walks	Champion	Harry Newbould	Allegra Pentland
	Walks	Runner Up	Cameron Cunnane	Maddie Widjaja
U8	Sprints	Champion	Lucas Tao	Hannah Sheahan
	Sprints	Runner Up	Sacha Marmur	Annabel Miller
	Hurdles	Champion	Lucas Tao	Annabel Miller
	Hurdles	Runner Up	Asher Brown	Vivienne Mariani Abby Kolber
	Throws	Champion	Thomas Bates	Vivienne Mariani
	Throws	Runner Up	Asher Brown	Neve Cunnane
	Jumps	Champion	Lucas Tao	Annabel Miller
	Jumps	Runner Up	Asher Brown Oliver Backman	Hannah Sheahan
	M/Distance	Champion	Joshua Parker	Neve Cunnane
	M/Distance	Runner Up	Thomas Bates	Annabel Miller
U7	Sprints	Champion	Mishi Miliias	Audrey Graham
	Sprints	Runner Up	Noah Vagedes	Alice Copes
	Throws	Champion	Noah Vagedes	Beth Benton
	Throws	Runner Up	Harrison Bailey	Alice Copes
	Jumps	Champion	Jack Stein	Emily Zhang
	Jumps	Runner Up	Noah Vagedes Michael Smith	Alice Copes Beth Benton

Encouragement Awards

Age Group	Boys	Girls
Under 7	Dylan Coutts Leo Ferraro Alexander Marchant	Bella Chen Lucinda Holst
Under 8	Jackson Backman Ace Macandrew	Amala Parasnis Gemma Wilson Valentina Shipperd
Under 9	Joshua Krodkiewski Remzi Cavagna Monty Carey-Munro	Kendall Rummans Lily Morris
Under 10	Zac Taylor Elliott Little	Poppy Bozic Isabel Logan
Under 11	Harrison Weeks Marton Janos	Isabella Lodding Zoe Ellis
Under 12	Eli Ongarezos Omar Gonzalez	Erin Deayton Lily Thomas
Under 13	Charlie Abbott	Lucy Ellis

Caulfield Little Athletics Combined Championships Results

Date: Saturday 5th November 2022

Age (# of Events)	Placing	Boys	Points	Girls	Points
U9 (5 events)	Gold	Ashton Beric	834	Sarah Sigismundi	684
	Silver	Jude Langham	766	Phoebe Fisher	537
	Bronze	Tahki Lim	759	Stephanie Newton	456
U10 (5 events)	Gold	Tyler Vun	1045	Arabella Fitzpatrick	710
	Silver	Archer Carisbrooke	1005	Brooklyn Rummans	680
	Bronze	Arlo Sutton	834	Victoria Travers	606
U11 (5 events)	Gold	Jesse Sezonov	1287	Olivia Wilson	942
	Silver	Edward Chen	753	Imogen Brownjohn	935
	Bronze	Marton Janos	702	Lidia Volpert	830
U12 (5 events)	Gold	Myles Ellis	986	Ella Logan	905
	Silver	Eli Ongarezos	922	Lucia Pentland	781
	Bronze	Jaron English	891	Olivia Lewin	732
U13 (5 events)	Gold	Jack Newton	1324	Holly Miller	1004
	Silver	Andrew MacRae	1122	Emma Wilson	975
	Bronze	Lucas Hijlkema	1091	Kiara Malhotra	915
U14 (5 events)	Gold	Archie Rizzi	1166	Sophie Volpert	990
	Silver	Oscar Abbott	1050	Olin Buisman	766
	Bronze	Julian Fardell	995	Evie Hamilton	760
U15 (5 events)	Gold	Samuel Moore	1290	Emma Middleton	1053
	Silver	Tully Smith	1049	Elizabeth Wong	908
	Bronze	Noah Fleiszig	793	Keely English	360
U16 (5 events)	Gold	Louis Baeppler	1683	Emily Rundle	1229
	Silver	Daniel MacRae Fraser Mattinson	1626	Chelsea Whittle	1139
U17 (5 events)	Gold	Eric Arnachellum	1423		

Cross Country Competition



After two very interrupted seasons due to Covid, Cross Country returned in 2022 with Region & State events back on the calendar for our U9-U16 age groups which was wonderful to see.

Each year as the summer Track and Field season comes to an end, a dedicated group of Caulfield Athletes get together with children from Brighton, Sandringham Oakleigh, Moorabbin, Mentone, Springvale, and South Melbourne Centres to run the Cross-Country season under the banner of Bayside Cross Country.

The competition is held on Saturday mornings during the winter months at various locations and our 'home' ground is Bald Hill Park in Clarinda.

In 2022 Caulfield had 62 Cross Country athletes competing at Bayside XC (up from 54), making us the highest represented centre last season.

Cross-country is a great way to stay fit over the winter months and complements other winter sports such as football, basketball, netball & soccer, so come along and get involved.

Bayside Cross-Country Club Championships



The Bayside Cross-Country Club Championships were held at our home course of Bald Hill Park, Clarinda on Saturday 30th July 2022. Congratulations to all athletes who ran during the season and to the following Caulfield athletes who won medals:

Gold Medal	U6 Boys	Noah Vagedes
	U8 Boys	Jude Langham
	U13 Girls	Serena Bryant
	U14 Boys	Onkaar Lamba
	U15 Boys	Angus Emons
	U15 Girls	Chelsea Whittle
Silver Medal	U6 Boys	Michael Smith
	U11 Girls	Sophie Arbaitman
	U14 Boys	Noah Fleiszig
Bronze Medal	U10 Boys	Harry Brennan
	U11 Girls	Emily Wetzels
	U12 Boys	Lucas Hijlkema
	U13 Girls	Olin Buisman

Bayside Cross-Country Age Group Champions:

1st Place	U8 Boys	Jude Langham
	U11 Girls	Sophie Arbaitman
	U13 Girls	Willow Devine
	U14 Boys	Henry Dwyer
	U15 Girls	Chelsea Whittle
2nd Place	U15 Boys	Angus Emons
	U6 Girls	Bella Chen
	U13 Girls	Serena Bryant
	U14 Boys	Noah Fleiszig
3rd Place	U15 Girls	Ella Yang
	U10 Boys	Harry Brennan
	U11 Girls	Emily Wetzels
	U12 Boys	Lucas Hijlkema
	U13 Girls	Olin Buisman

**State Cross Country Relays**

The 2022 Little Athletics Cross Country season saw the State Cross Country Relays return to Cruden Farm on the 4th of June 2022. The distances for the relays are slightly shorter than the usual XC distances allowing athletes to test out their speed as well.

Caulfield had 8 teams entered, as well as athletes competing in an additional 3 SMR teams.

A huge congratulations to our U16 Girls who won the Gold Medal, as well as Lucas & Kane Hijlkema who won the Silver Medal as part of an SMR team.

Our athletes achieved the following results:

U9 Boys (SMR) - 13th Place	U12 Boys - 16th Place
U9 Girls (SMR) - 6th Place	U13 Girls - 4th Place
U9 Girls - 12th Place	U14 Boys (SMR) - 2nd Place
U10 Boys - 9th Place	U14 Girls - 4th Place
U10 Girls - 20th Place	U16 Girls - 1st Place
U11 Girls - 17th Place	

SMR Cross Country Carnival

SMR Cross Country returned after being cancelled due to Covid in 2021 and was held at Patterson River Secondary College, Seaford on Saturday 16th June. Caulfield had 20 athletes entered and we achieved 7 individual Medals (2 Gold, 2 Silver & 3 Bronze) and 3 Team Medals (1 Silver & 2 Bronze).

U9 Girls – 1500m

Arabella Fitzpatrick	10 th Place
Antigony Koutsoupas	16 th Place
Louisa Roche	19 th Place
U9 Girls Team	3rd Place

Under 10 Boys – 1500m

Harry Brennan	3 rd Place
Edward Chen	7 th Place
Theodore Roche	15 th Place
Myles Ainley	16 th Place
U10 Boys Team	3rd Place

Under 11 Boys – 2000m

Asher Magasanik	3 rd Place
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Under 11 Girls – 2000m

Sophie Arbaitman	4 th Place
Emily Wetzels	13 th Place

Under 12 Boys – 2000m

Lucas Hijlkema	9 th Place
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Under 12 Girls – 2000m

Jasmine Chilco-Burns	12 th Place
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Under 13 Boys – 3000m

Henry Burriss	6 th Place
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Under 13 Girls – 3000m

Serena Bryant	2 nd Place
Willow Devine	5 th Place
Olin Buisman	7 th Place
U13 Girls Team	2nd Place

Under 14 Boys – 3000m

Henry Dwyer	1 st Place
Onkaar Lamba	2 nd Place

Under 14 Girls – 3000m

No entrants

Under 15 Boys – 3000m

Angus Emons	1 st Place
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Under 15 Girls – 3000m

Chelsea Whittle	3 rd Place
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State Cross Country Championships

The 2022 Little Athletics Cross Country season culminated with the State Cross Country Championships being held at Lake Dewar, Myrniong on Saturday 6th August 2022. Caulfield had 13 athletes participate.

Our athletes achieved the following results:

U9 Girls – 1500m

Arabella Fitzpatrick	29 th Place
Antigony Koutsoupas	36 th Place

Under 10 Boys – 1500m

Harry Brennan	7 th Place
Edward Chen	21 st Place
Myles Ainley	48 th Place
<i>U10 Boys Team</i>	6 th Place

Under 11 Girls – 2000m

Sophie Arbaitman	14 th Place
Emily Wetzels	31 st Place

Under 13 Girls – 2000m

Willow Devine	13 th Place
Olin Buisman	21 st Place

Under 14 Boys – 3000m

Onkaar Lamba	13 th Place
Henry Dwyer	17 th Place

Under 15 Boys – 3000m

Angus Emons	4 th Place
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Under 15 Girls – 3000m

Chelsea Whittle	8 th Place
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Caulfield Little Athletics Centre – ALAC Representatives

Caulfield Athletes who represented Victoria at the Australian Championships

Year	Athletes/s
1973/74	Bronwyn Bullivant
1976/77	Mandy Seward
1978/79	Tony Wilson
1979/80	Helga Klausgraber
1983/84	Natalie Francis Melanie Dyball
1984/85	Lara Beardsley
1986/87	Gary Brown Sonia Crabtree
1987/88	Stuart Major
1990/91	Steve Partsanis
1991/92	Matthew Robbins
1992/93	Marc Antoine
1993/94	Doug Greenough
1995/96	Michael Ryan
1997/98	Daniel Fowler
1998/99	Tim Rooke Sarah Foster
1999/00	Samantha Cook Jason Ziaei
2000/01	Natasha Ephstein Tim Rooke
2001/02	Jason Ziaei
2002/03	Christopher Ziaei
2004/05	Georgia Drover Jessica Kaufman

Year	Athletes/s
2005/06	Keana Tour-May
2006/07	Dylan Calleja
2008/09	Henry Smith
2009/10	Nicholas Edwards
2010/11	Budget Brammer Charlotte McKenzie
2013/14	Piper Montag
2015/16	Aisling O'Conner-Buckley Genevieve O'Brien
2016/17	Gemma Craddock Kiyani Sydnor
2017/18	Aisling O'Conner-Buckley Aiden Shearer Lachie Marriner
2019/20	Cancelled due to COVID
2020/21	Cancelled due to COVID
2021/22	Madison Carr Laura Wong
2022/23	Cooper Acklom (Captain)
	Serena Bryant
	Adele Roche

Centre Records

The following pages provide a listing of all current centre records at the conclusion of the most recent summer season. Track records set prior to the introduction of electronic timing equipment and records for events no longer part of the program have been archived. Whilst care has been taken to ensure all details are correct and up to date, if we have made an error, we apologise. If you believe you have set a new record or an error has been recorded, please email competition@caulfieldlittleleaths.org.au with the details and errors will be rectified for the following year's handbook.

Performances recorded at regular Centre Competition, and Region, State, or Australian Team Championships are recognised. Cross Country best performances are recognised at regular competition day, Region/State Championships or at Open Days that are electronically timed.

Track

All electronic times, regardless of placing, qualify as a potential record. Electronic times are those that are electronically started and finished. With hand timing, 3 official watches must be used to verify a potential record. Both manual and electronic times will be recognised as Centre records.

Track records, for less than 400 metres, will be allowed when there is strong wind assistance. The Centre Competition Director, in consultation with the Chief of Officials and the President, will decide on wind assistance.

Field

The parent of an athlete may not measure field event records.

On Centre competition days, field event records must be checked & signed by two members of the Centre Executive before the measuring spike is removed or high jump height altered.

Wind assistance does **NOT** factor in the recording of any field Centre Record.

In the table below:

- **Yellow** highlight indicates a record broken in the most recent season
- **Grey** highlight denotes historical records for events no longer offered in that age group

Caulfield Little Athletics Centre Records as of 1st April, 2023

EVENT	RECORD	DATE	NAME	RECORD	DATE	NAME	RECORD	DATE	NAME
	U7 BOYS			U8 BOYS			U9 BOYS		
70 METRES	11.16	23/03/19	Jesse Sezonov	11.13	29/03/03	Gerard Gleeson	10.46	12/03/22	Hugh Blandamer
100 METRES	16.62	29/02/20	Hugh Blandamer	15.57	15/3/2014	Dinesh Jayasena	14.60	13/03/22	Hugh Blandamer
200 METRES	34.52	02/03/19	Jesse Sezonov	33.27	15/3/2014	Dinesh Jayasena	30.34	12/03/22	Hugh Blandamer
400 METRES	1:24.96	09/02/19	Jesse Sezonov	1:15.93	31/01/15	Luke Kennedy	1:08.20	17/03/96	Phillip Page
800 METRES	no event			no event			2:37.05	15/03/03	Ethan Wilson
60M HURDLES	no event			11.37	22/03/03	Lachlan Ritchie	10.51	17/03/96	Brent Ryan
WALK	no event			no event			4:19.92 (700m)	24/03/18	Charlie Thomas
HIGH JUMP	no event			1.18m	29/03/03	Gerard Gleeson	1.30m	02/03/13	Liam Glew
LONG JUMP	3.42m	24/01/20	Hugh Blandamer	3.74m	09/03/12	Liam Glew	4.17m	13/03/10	Daniel Mouratch
SHOT PUT	7.07m (1kg)	23/03/19	Jesse Sezonov	7.89m (1.5kg)	16/11/19	Jesse Sezonov	9.18m (2kg)	13/03/88	Steve Partsanis
DISCUS	20.35m (350g)	09/02/19	Jesse Sezonov	28.6m (500g)	01/12/86	Steve Partsanis	35.12m (500g)	21/02/88	Steve Partsanis
M/EVENT Alberta Youth	no event			no event			1212 pts	29/01/22	Hugh Blandamer
CROSS COUNTRY	4.07.50 (1K)	01/07/06	Max O'Donnell	3:40.00 (1K)	21/07/12	Liam Glew	5:32.86 (1.5K)	30/07/06	Mason Martinez

EVENT	RECORD	DATE	NAME	RECORD	DATE	NAME	RECORD	DATE	NAME
	U10 BOYS			U11 BOYS			12 BOYS		
70 METRES	10.29	22/11/97	Chris Huang	no event			no event		
	10.29	20/03/11	Daniel Mouratch						
100 METRES	13.84	20/03/11	Daniel Mouratch	13.53	22/03/98	Jason Ziaei	12.70	21/03/99	Jason Ziaei
200 METRES	29.32	12/03/22	Jesse Sezonov	27.93	11/03/23	Jesse Sezonov	25.54	20/03/99	Jason Ziaei
400 METRES	1:04.34	17/03/19	Angus Brown	1:01.31	16/03/03	Christian Smak	56.97	21/03/99	Jason Ziaei
800 METRES	2:25.80	04/03/79	Troy Harris	2:23.50	30/03/80	Troy Harris	2:18.75	20/03/10	Oliver Kelaart
1500 METRES	no event			no event			4:44.10	25/03/79	Tony Wilson
60/80M HURDLES	10.62 (60m)	14/03/04	Callum Carothers	13.03 (80m)	22/03/98	Jesse Sezonov	12.85 (80m)	20/03/99	Brent Ryan
WALK	6:7.82 (1.1K)	11/03/17	Ben Frewin	6:14.40 (1.1K)	10/03/18	Ben Frewin	7:39.40 (1.5K)	27/02/83	Timothy Fuss
HIGH JUMP	1.41m	24/02/85	Matthew Gamble	1.49m	10/03/07	Henry Smith	1.61m	13/03/99	Noel Bahnsen
LONG JUMP	4.57m	22/03/98	Chris Huang	4.80m	29/03/15	Liam Glew	5.19m	19/01/02	Christopher Ziaei
TRIPLE JUMP	10.08m	28/3/2014	Liam Glew	10.62m	29/03/15	Liam Glew	11.00m	19/03/16	Liam Glew
SHOT PUT	11.42m (2kg)	04/03/89	Steve Partsanis	13.00m (2kg)	19/02/05	Dylan Calleja	10.94m (2kg)	02/02/22	Jack Newton
DISCUS	37.86m (500g)	11/02/89	Steve Partsanis	30.22m (500g)	02/03/19	Cooper Acklom	50.64m (750g)	16/02/91	Steve Partsanis
JAVELIN	no event			33.79m (400g)	28/03/03	Redmond Matthews	38.17m (400g)	13/03/04	Redmond Matthews
M/EVENT Alberta Youth	1167 pts	29/01/2022	Jesse Sezonov	1388 pts	13/11/22	Jesse Sezonov	1285 pts	21/11/10	Nicholas Rayson
CROSS COUNTRY	5:16.34 (1.5K)	26/07/98	Jason Abbott	6:51.70 (2K)	26/07/09	Oliver Kelaart	6:58.35 (2K)	26/07/98	Tim Rooke

EVENT	RECORD	DATE	NAME	RECORD	DATE	NAME	RECORD	DATE	NAME
	U13 BOYS			U14 BOYS			U15 BOYS		
70 METRES	no event			no event			no event		
100 METRES	11.60	22/04/07	Dylan Calleja	11.68	22/03/97	Aidan Schanssema	11.36	22/03/98	Aidan Schanssema
200 METRES	24.30	10/03/18	Lachlan Marriner	23.61	16/03/19	Lachlan Marriner	23.03	21/03/09	Dylan Calleja
400 METRES	54.00	16/04/00	Jason Ziaei	53.25	14/03/04	Christopher Ziaei	51.46	29/03/15	Jesse Scholz
800 METRES	2:12.08	20/03/99	Tim Rooke	2:11.00	28/03/87	Andrew Pearson	2:03.09	16/03/02	Jason Ziaei
1500 METRES	4:42.01	02/03/86	Robin Schwass	4:28.69	29/3/14	Jasper Pickering	4:25.96	29/03/15	Jasper Pickering
SPRINT HURDLES	12.05 (80m)	29/04/18	Aiden Shearer	12.74 (90m)	16/02/19	Aiden Shearer	13.40 (100m)	16/02/19	Sam Cantwell
200M/300M HURDLES	28.02 (200m)	11/03/18	Aiden Shearer	27.79 (200m)	25/01/19	Aiden Shearer	29.18 (300m)	07/10/17	Theo Soldati
1500M WALK	7:55.32	13/03/99	Christopher Hammond	7:57.16	25/03/00	Christopher Hammond	7:05.70	28/03/87	Dominic McGrath
HIGH JUMP	1.73m	26/04/09	Henry Smith	1.85m	21/03/10	Henry Smith	1.86m	21/03/98	Todd Andrews
LONG JUMP	5.79m	20/03/93	Marc Antoine	6.05m	16/03/91	Matthew Robbins	6.68m	01/04/92	Matthew Robbins
TRIPLE JUMP	11.87m	20/03/11	Taishi Nakase	13.13m	21/03/10	Henry Smith	12.88m	23/02/19	Sam Cantwell
SHOT PUT	17.39m (3kg)	22/04/07	Dylan Calleja	16.55m (4kg)	08/03/08	Dylan Calleja	16.20m (4kg)	07/03/09	Dylan Calleja
DISCUS	341.871m (750g)	28/01/23	Jack Newton	60.62m (1kg)	01/02/93	Steve Partsanis	64.68m (1kg)	28/01/94	Steve Partsanis
JAVELIN	38.94m (600g)	11/03/05	Redmond Matthews	45.09m (600g)	11/03/18	Haddi El Shorbagy	54.29m (700g)	17/03/19	Haddi El Shorbagy
M/EVENT Alberta Youth	1455 pts (5 Events)	26/11/16	Seamus O'Brien	1891 pts (5 Events)	03/04/08	Callum Carothers	1732 pts (5 Events)	04/12/21	Jaikiah Honner
M/EVENT IAAF	no event			2435 pts (6 Events)	30/01/22	Cooper Acklom	4285 pts (7 Events)	13/11/22	Cooper Acklom
CROSS COUNTRY	11:10.00 (3K)	1994/95	Ken Zeffert				10:58.00 (3K)	1986	Andrew Robinson

EVENT	RECORD	DATE	NAME	RECORD	DATE	NAME
	U16 BOYS			U17 BOYS		
70 METRES	No event			No event		
100 METRES	11.50	12/12/20	Lachlan Marriner	12.07	01/10/22	Eric Arnachellum
200 METRES	23.37	13/03/21	Lachlan Marriner	24.76	10/12/22	Eric Arnachellum
400 METRES	52.72	15/10/22	Jaikiah Honner	57.76	12/03/23	Eric Arnachellum
800 METRES	2:17.10	25/02/23	Angus Emons	2:41.24	05/11/22	Eric Arnachellum
1500 METRES	4:42.20	19/02/23	Angus Emons			
100M/110M HURDLES	13.21 (100m)	15/02/20	Sam Cantwell	19.28 (110m)	25/03/23	Eric Arnachellum
300M HURDLES	40.29	25/10/19	Sam Cantwell			
1500M WALK	8:20.03	19/11/22	Daniel MacRae			
HIGH JUMP	1.77m	26/03/22	Elijah Khoury	1.65m	19/02/23	Eric Arnachellum
LONG JUMP	6.21m	08/02/20	Sam Cantwell	4.99m	11/02/23	Eric Arnachellum
TRIPLE JUMP	12.93m	25/10/19	Sam Cantwell	10.80m	25/03/23	Eric Arnachellum
SHOT PUT	16.66m (4kg)	29/02/20	Haddi El Shorbagy	7.92m (5kg)	19/11/22	Eric Arnachellum
DISCUS	50.20m (1kg)	06/03/20	Haddi El Shorbagy	21.68m (1.5kg)	11/02/23	Eric Arnachellum
JAVELIN	53.48m (700g)	22/02/20	Haddi El Shorbagy	24.15m (700g)	19/02/23	Eric Arnachellum
M/EVENT Alberta Youth	1704 pts (5 Events)	12/12/20	Aiden Shearer	1423 pts (5 Events)	05/11/22	Eric Arnachellum
M/EVENT IAAF	4338 pts (7 Events)	13/11/22	Jaikiah Honner			
CROSS COUNTRY						

EVENT	RECORD	DATE	NAME	RECORD	DATE	NAME	RECORD	DATE	NAME
	U7 GIRLS			U8 GIRLS			U9 GIRLS		
70 METRES	11.80	14/03/15	Allegra Orso	11.47	22/01/05	Braden Carothers	10.83	21/01/23	Sarah Sigismundi
100 METRES	17.07	14/03/15	Allegra Orso	16.30	05/03/16	Allegra Orso	15.18	19/02/17	Allegra Orso
200 METRES	35.24	14/03/15	Allegra Orso	33.37	06/02/16	Allegra Orso	31.67	11/03/17	Allegra Orso
400 METRES	1:26.25	08/02/14	Chelsea Whittle	1:18.34	05/12/15	Allegra Orso	1:14.46	20/03/16	Chelsea Whittle
800 METRES	no event			no event			2:46.05	18/03/95	Jenni Vine
60M HURDLES	no event			11.80 (45cm)	27/03/04	Ally Brammer	10.88	19/02/94	Anna Popescu
WALK	no event			no event			4.29.41 (700m)	19/11/22	Ashleigh French
HIGH JUMP	no event			1.06m	11/02/17	Grace McIntyre	1.20m	25/03/84	Belinda Stone
LONG JUMP	3.20m	21/03/15	Allegra Orso	3.51m	25/02/23	Annabel Miller	1.20m	10/11/01	Margaret Gleeson
SHOT PUT	5.58m (1kg)	04/12/21	Annabel Miller	6.16m (1.5kg)	19/03/22	Stephanie Newton	4.06m	15/03/81	Natalie Francis
DISCUS	18.33m (350g)	25/02/12	Chloe Kaufman	20.55m (500g)	19/02/99	Kimberley Mulhall	7.90m (2kg)	19/03/00	Kimberley Mulhall
M/EVENT Alberta Youth	no event			no event			27.67m (500g)	18/03/00	Kimberley Mulhall
CROSS COUNTRY	4:24.25 (1K)	26/07/14	Chelsea Whittle	4:08.00 (1K)	30/06/73	Mandy Seward	902 pts (5 Events)	28/01/18	Grace McIntyre
							6:02.60 (1.5K)	13/07/74	Mandy Seward

EVENT	RECORD	DATE	NAME	RECORD	DATE	NAME	RECORD	DATE	NAME
	U10 GIRLS			U11 GIRLS			U12 GIRLS		
70 METRES	10.08	16/03/02	Alexandra Churchward	no event			no event		
100 METRES	14.49	17/03/02	Alexandra Churchward	13.86	11/03/18	Charlotte Nielsen	13.30	17/03/19	Charlotte Nielsen
200 METRES	30.26	16/03/02	Alexandra Churchward	28.64	10/03/18	Charlotte Nielsen	27.74	16/03/19	Charlotte Nielsen
400 METRES	1:08.83	12/03/17	Tanasha Santosh	1:04.93	29/03/14	Genevieve O'Brien	1:02.51	17/03/19	Andriana Skandalis
800 METRES	2:35.96	15/03/03	Keana Tour-May	2:31.44	29/03/14	Genevieve O'Brien	2:27.37	29/03/15	Genevieve O'Brien
1500 METRES	no event			5:18.21	14/03/04	Keana tour-May	4:57.69	25/03/12	Georgie Macdonald
60M/80M HURDLES	10.48 (60m)	17/03/19	Laura Wong	12.76 (80m)	12/03/23	Olivia Wilson	13.09 (80m)	16/03/96	Sarah Forster
WALK	5.46.27 (1.1K)	16/03/08	Jemima Montag	12:07.02 (1.1K)	21/10/17	Chelsea Whittle	6:56.16 (1.5K)	20/03/10	Jemima Montag
HIGH JUMP	1.27m	13/03/99	Sage Greenwood	1.41m	30/11/85	Belinda Stone	1.49m	21/02/88	Pamela Janko
LONG JUMP	4.42m	21/03/82	Natalie Francis	4.80m	13/03/83	Natalie Francis	5.34m	25/03/84	Natalie Francis
TRIPLE JUMP	9.29m	30/01/82	Natalie Francis	10.09m	25/03/84	Lara Beardsley	11.08m	25/03/84	Melanie Dyball
SHOT PUT	10.01m (2kg)	10/03/01	Kimberley Mulhall	12.07m (2kg)	16/02/02	Kimberley Mulhall	13.72m (2kg)	16/03/03	Kimberley Mulhall
DISCUS	32.21m (500g)	18/03/01	Kimberley Mulhall	33.30m (500g)	16/03/19	Jazmin Firth	37.91m (750g)	28/02/02	Kimberley Mulhall
JAVELIN	no event			27.44m (400g)	16/03/02	Kimberley Mulhall	32.58m (400g)	16/02/03	Kimberley Mulhall
M/EVENT Alberta Youth	959 pts (5 Events)	29/01/22	Olivia Wilson	1297 pts (5 Events)	02/02/19	Jazmin Firth	1366 pts (5 Events)	02/02/20	Jazmin Firth
CROSS COUNTRY	5:30.00 (1.5K)	13/06/75	Mandy Seward	7:06.16 (2K)	07/07/07	Anne Wallace	6.47.30 (2K)	31/07/05	Keana Tour May

EVENT	RECORD	DATE	NAME			NAME	RECORD	DATE	NAME
	U13 GIRLS			U14 GIRLS			U15 GIRLS		
70 METRES	no event			no event			no event		
100 METRES	12.79	13/03/22	Laura Wong	12.70	13/03/22	Julia Zaitseva	12.41	18/03/07	Georgia Drover
200 METRES	26.47	19/03/05	Georgia Drover	25.71	10/03/18	Kiyani Sydnor	25.11	17/03/07	Georgia Drover
400 METRES	1:00.71	20/03/16	Genevieve O'Brien	59.03	12/03/23	Adele Roche	58.45	15/02/04	Susan Knight
800 METRES	2:19.33	23/03/19	Tanasha Santosh	2:17.08	11/03/17	Genevieve O'Brien	2:21.82	19/03/05	Laura Monagle
1500 METRES	4:56.32	05/03/06	Keana Tour-May	4:54.69	12/03/17	Genevieve O'Brien	4:50.72	20/03/05	Laura Monagle
80M/90M HURDLES	12.56 (80m)	13/03/22	Laura Wong	12.61 (80m)	11/03/17	Aisling O'Connor-Buckley	13.20 (90m)	28/04/18	Aisling O'Connor-Buckley
200M/300M HURDLES	29.83 (200m)	12/03/17	Gemma Craddock	30.33 (200m)	13/03/21	Chelsea Whittle	39.10 (300m)	07/10/17	Aleesha Whittle
WALK	6:44.36	20/03/11	Jemima Montag	6:49.74	25/03/12	Jemima Montag	7:35.62	02/02/08	Madeleine Graham
HIGH JUMP	1.53m	03/11/18	Anh Ly	1.60m	19/03/95	Natasha Biggs	1.65m	28/02/90	Belinda Stone
LONG JUMP	5.01m	22/03/86	Christine Stewart	5.34m	09/03/01	Lauren Woodman	5.37m	04/03/23	Allegra Orso
TRIPLE JUMP	10.75m	24/03/85	Melanie Dyball	11.80m	22/03/86	Melanie Dyball	11.67m	25/03/23	Allegra Orso
SHOT PUT	13.08m (3kg)	23/04/05	Jessica Kaufman	12.98m (3kg)	29/03/15	Piper Montag	13.77m (3kg)	10/03/07	Jessica Kaufman
DISCUS	39.69m (750g)	20/03/05	Jessica Kaufman	37.92m (1kg)	11/02/06	Jessica Kaufman	39.75m (1 kg)	10/03/07	Jessica Kaufman
JAVELIN	36.23m (400g)	22/04/17	Gemma Craddock	34.10m (400g)	21/10/05	Jessica Kaufman	38.83m (500g)	18/03/07	Jessica Kaufman
M/EVENT Alberta Youth	1464 pts (5 Events)	02/02/14	Piper Montag	1563 pts (5 Events)	04/12/21	Jazmin Firth	4363 pts (7 Events)	25/01/16	Piper Montag
M/EVENT IAAF	no event			1952 pts (6 Events)	30/01/22	Jazmin Firth	4363 pts (7 Events)	25/01/16	Piper Montag
CROSS COUNTRY	10.41.02 (3K)	30/07/06	Keana Tour-May	10.40.90 (3K)	01/08/10	Anne Wallace	11.25.88 (3K)	30/07/06	Laura Eades

EVENT	RECORD	DATE	NAME	RECORD	DATE	NAME
	U16 GIRLS			U17 GIRLS		
70 METRES	No event			No event		
100 METRES	12.99	19/02/23	Charlotte Nielsen			
200 METRES	26.91	18/02/23	Charlotte Nielsen			
400 METRES	1:04.71	13/03/22	Tamzyn Dolgoy			
800 METRES	2:31.64	12/03/22	Tamzyn Dolgoy			
1500 METRES	5:44.36	11/02/23	Chelsea Whittle			
90M/100M HURDLES	14.81 (90m)	12/03/23	Chelsea Whittle			
300M HURDLES	47.86	11/03/23	Chelsea Whittle			
1500M WALK	8:10.57 (1.5k)	05/03/16	Georgie Whittle			
HIGH JUMP	1.51m	25/02/23	Madison Carr			
LONG JUMP	4.92m	23/03/19	Cara Smith			
TRIPLE JUMP	10.69m	16/03/19	Cara Smith			
SHOT PUT	12.71m (3kg)	01/10/22	Madison Carr			
DISCUS	30.26m (750g)	30/10/15	Jemma Owen			
JAVELIN	40.54m (400g)	24/01/20	Gemma Craddock			
M/EVENT Alberta Youth	1248 pts (5 Events)	04/12/21	Anna Liacopoulos			
M/EVENT IAAF	4386 pts (7 Events)	02/02/20	Gemma Craddock			
CROSS COUNTRY						

Other Venue Records as at 1st of April 2023

These records are achieved by Caulfield Athletes at any venue other than Duncan Mackinnon.

These are generally Open Days at other Centres. They will not include performances at Region or State as those performances are considered in official CLAC records. Caulfield LAC has recognised “other venue” records since Season 2007/08. If you attend any Open Days or compete at another Little Athletics centre this season, other than at our track, and you better any of the performances listed in this table, just email a copy of your results ticket or online results link to competition@caulfieldlitleaths.org.au

Age Group	Event	Name	Record	Season	Venue
Girls U/7	70m	Emily Sinclair	13.39	2009/10	Waverley
	100m	Piper Montag	18.13	2007/08	Knox
	200m	Piper Montag	38.4	2007/08	Knox
	LJ	Piper Montag	2.69m	2007/08	Knox
	SP (1.5kg)	Chloe Kaufman	5.25m	2011/12	Oakleigh
	Discus (350 g)	Chloe Kaufman	15.76	2011/12	Oakleigh
	Boys U/7	70m	Hugh Blandamer	11.46	2019/20
100m		Hugh Blandamer	16.67	2019/20	Werribee
200m		Hugh Blandamer	35.03	2019/20	Werribee
LJ		Jesse Sezonov	3.40m	2018/19	Seaford
Discus (350g)		Jack Newton	17.82m	2016/17	Coburg
SP (1.5kg)		Finn Pickering	5.54m	2010/11	Waverley
Girls U/8	70m	Allegra Orso	11.19	2015/2016	Doncaster
	100m	Allegra Orso	16.26	2015/2016	Doncaster
	200m	Allegra Orso	33.40	2015/2016	Doncaster
	400m	Sophie McCaffrey	1:29.51	2018/19	Knox
	60mH	Jasmine Fassoulis	12.57	2008/09	Knox
	LJ	Allegra Orso	3.28m	2015/2016	Doncaster
	HJ	Abigail Newman	0.85m	2011/12	Collingwood
	SP (2kg)	Chloe Kaufman	5.46m	2012/13	Waverley
	Discus (500g)	Stephanie Newton	18.23m	2021/22	Seaford
	Boys U/8	60H	Liam Glew	11.71	2011/12
70m		Liam Glew	11.53	2011/12	Werribee
100m		Liam Glew	15.66	2011/12	Werribee
200m		Nicholas Rayson	33.08	2006/07	Werribee
400m		Liam Glew	1:15.50	2011/12	Clarence, Tas
LJ		Liam Glew	3.69m	2011/12	Werribee
HJ		Liam Glew	0.97m	2011/12	Clarence, Tas
SP (2kg)		Nicholas Rayson	6.27m	2006/07	Doncaster
Discus (500g)		Kevin Healy	24.02m	2012/13	Coburg
Girls U/9	60mH	Piper Montag	11.71	2009/10	Knox

Age Group	Event	Name	Record	Season	Venue
	70m	Allegra Orso	11.32	2016/17	Knox
	100m	Allegra Orso	15.85	2016/17	Chelsea
	200m	Allegra Orso	32.33	2016/17	Doncaster
	400m	Bridget Brammer	1:20.44	2006/07	Waverley
	800m	Bridget Brammer	2:57.00	2006/07	Sandringham
	700m Walk	Emma McCaffrey	5:17.41	2017/18	Berwick
	LJ	Allegra Orso	3.82m	2016/17	Doncaster
	HJ	Bridget Brammer	1.10m	2006/07	Werribee
	SP (2kg)	Piper Montag	6.63m	2009/10	Knox
	Discus (500g)	Abigail Newman	21.18m	2012/13	Collingwood
Boys U/9	70m	Liam Glew	11.05	2012/13	Clarence, TAS
	100m	Liam Glew	15.05	2012/13	Werribee
	200m	Liam Glew	32.33	2012/13	Sandringham
	400m	Nicholas Rayson	1:15.24	2007/08	Waverley
	60mH	Nicholas Rayson	10.83	2007/08	Knox
	800m	Liam Glew	2:53.57	2012/13	Sandringham
	HJ	Liam Glew	1.30	2012/13	Werribee
	LJ	Liam Glew	3.96m	2012/13	Clarence, TAS
	Discus (500g)	Kevin Healy	28.93	2013/14	Collingwood
	SP (2kg)	Kevin Healy	7.77	2013/14	Oakleigh
Girls U/10	70m	Allegra Orso	10.70	2017/18	Berwick
	100m	Allegra Orso	14.82	2017/18	Berwick
	200m	Allegra Orso	30.75	2017/18	Berwick
	400m	Amy Russo	1:20.49	2019/20	Doncaster
	60mH	Bridget Brammer	12.56	2006/07	Seaford
	TJ	Bridget Brammer	8.08m	2007/08	Waverley
	LJ	Allegra Orso	4.18m	2017/18	Knox
	HJ	Isabella Harper	1.20m	2006/07	Knox
	Discus (500g)	Sophie Volpert	29.26m	2018/19	Coburg
	SP (2kg)	Sophie Volpert	8.01m	2018/19	Seaford
	1100m Walk	Jemima Montag	6:07.63	2007/08	Waverley
	800m	Bridget Brammer	2:50.60	2007/08	Waverley
Boys U/10	70m	Liam Glew	10.60	2013/14	Clarence, TAS
	100m	Liam Glew	14.39	2013/14	Sandringham
	200m	Liam Glew	31.74	2013/14	Waverley
	400m	Paul Christodoulou	1:13.34	2009/10	Sandringham
	800m	Jasper Pickering	2:44.72	2009/10	Coburg
	60mH	Mitchell Shaw	10.74	2017/18	Berwick
	LJ	Liam Glew	4.21m	2013/14	Collingwood

Age Group	Event	Name	Record	Season	Venue
	TJ	Liam Glew	9.42m	2013/14	Sandringham
	HJ	Liam Glew	1.34m	2013/14	Moorabbin
	Discus (500g)	Jared Freedman	23.95	2013/14	Doncaster
	SP (2kg)	Taishi Nakase	7.94m	2007/08	Oakleigh
	1100m Walk	Jacson Lalande	6:45.41	2007/08	Waverley
Girls U/11	70m	Charlotte Nielsen	10.30	2017/18	Knox
	100m	Charlotte Nielsen	14.20	2017/18	Berwick
	200m	Charlotte Nielsen	29.24	2017/18	Berwick
	400m	Genevieve O'Brien	1:07.63	2013/14	Doncaster
	800m	Chelsea Whittle	2:43.73	2017/18	Doncaster
	60mH	Ally Brammer	10.28	2006/07	Seaford
	80mH	Olivia Wilson	13.91	2022/23	Knox
	1500m	Genevieve O'Brien	5:29.05	2013/14	Doncaster
	1500m Walk	Isabella Harper	10:50.56	2013/14	Collingwood
	LJ	Olivia Wilson	4.28m	2022/23	Knox
	TJ	Laura Wong	8.91m	2019/20	Werribee
	HJ	Isabella Harper	1.29	2013/14	Collingwood
	SP (2kg)	Jazmin Firth	9.05m	2018/19	Dubbo
	Discus (500g)	Jazmin Firth	32.70m	2018/19	Dubbo
	Javelin (400g)	Chloe Kaufman	21.73	2015/16	Knox
Boys U/11	70m	Liam Glew	10.40	2014/15	Clarence, Tas
	100m	Liam Glew	14.36	2014/15	Knox
	200m	Liam Glew	29.60	2014/15	Clarence, Tas
	400m	Paul Christodoulou	1:08.39	2010/11	Waverley
	60mH	Liam Glew	10.25	2014/15	Knox
	Discus (750g)	Seif El Shorbagy	24.79m	2017/18	Doncaster
	Shot Put (2kg)	Seif El Shorbagy	9.91m	2017/18	Doncaster
	Javelin (400g)	Seif El Shorbagy	21.68m	2017/18	Berwick
	HJ	Liam Glew	1.40m	2014/15	Moorabbin
	LJ	Liam Glew	4.66m	2014/15	Clarence, Tas
	TJ	Liam Glew	10.26m	2014/15	Clarence, Tas
	1500m	Jasper Pickering	5:40.07	2010/11	Waverley
	1500m Walk	James Harper	10:55.94	2014/15	Collingwood
Girls U/12	70m	Chynea Lang	10.48	2006/07	Coburg
	100m	Charlotte Nielsen	13.66	2018/19	Knox
	200m	Charlotte Nielsen	28.47	2018/19	Doncaster
	80mH	Aisling O'Connor Buckley	13.46	2014/15	Knox
	400m	Genevieve O'Brien	1:02.13	2014/15	Frankston
	800m	Jazmin Firth	2:44.77	2019/20	Mornington
	1500m	Chelsea Whittle	5:36.97	2018/19	Seaford

Age Group	Event	Name	Record	Season	Venue
	LJ	Aisling O'Connor	4.50m	2014/15	Knox
	TJ	Piper Montag	10.24	2012/13	Knox
	HJ	Isabella Harper	1.45m	2014/15	Frankston
	Discus (750g)	Jazmin Firth	32.15m	2019/20	Werribee
	Shot Put (2kg)	Jazmin Firth	10.95m	2019/20	Mornington
	Javelin (400g)	Chloe Kaufman	25.64m	2016/17	Doncaster
	1500m Walk	Jemima Montag	8:05.42	2009/10	Knox
Boys U/12	70m	Liam Glew	10.09	2015/16	Moorabbin
	100m	Aiden Shearer	13.54	2016/17	Coburg
	200m	Aiden Shearer	29.06	2016/17	Coburg
	80mH	Liam Glew	14.02	2015/16	Moorabbin
	TJ	Liam Glew	10.77m	2015/16	Moorabbin
	LJ	Liam Glew	4.82m	2015/16	Hobart, Tas
	High Jump	Liam Glew	1.43m	2015/16	Hobart, Tas
	Shot Put (3kg)	Liam Glew	8.13m	2015/16	Moorabbin
	Discus (750g)	Jack Newton	33.03m	2021/22	Knox
	Javelin (400g)	James Harper	25.62m	2015/16	Doncaster
	800m	Sebastian Graham	2:40.03	2007/08	Knox
	1500m Walk	Sebastian Graham	10:26.31	2007/08	Knox
Girls U/13	100m	Charlotte Nielsen	13.09	2019/20	Werribee
	200m	Charlotte Nielsen	27.01	2019/20	Werribee
	400m	Jasmine Fassoulis	1:08.11	2007/08	Waverley
	800m	Gemma Craddock	2:47.34	2016/17	Waverley
	80mH	Aisling O'Connor Buckley	12.12	2008/09	Waverley
	200mH	Emma Wilson	32.97	2022/23	Knox
	LJ	Aisling O'Connor Buckley	4.61m	2015/16	Doncaster
	HJ	Isabella Harper	1.45m	2015/16	Doncaster
	TJ	Isabella Harper	10.51m	2015/16	Doncaster
	Javelin (400g)	Gemma Craddock	30.39	2016/17	Doncaster
	Shot Put (3kg)	Gemma Craddock	9.18m	2016/17	Waverley
	Discus (750g)	Amy Russo	28.97m	2022/23	Whittlesea
	1500m Walk	Jemima Montag	7:44.00	2009/10	Sandringham
Boys U/13	70m	Seb Graham	9.47	2008/09	Knox
	100m	Lachlan Marriner	12.25	2017/18	Berwick
	200m	Lachlan Marriner	25.02	2017/18	Berwick
	400m	Seb Graham	1:03.33	2008/09	Knox
	80mH	Callum Carothers	13.03	2006/07	Sandringham
	LJ	Dylan Calleja	5.03m	2006/07	Knox
	TJ	Ryan Losty	9.18m	2009/10	Seaford

Age Group	Event	Name	Record	Season	Venue
	HJ	Callum Carothers	1.30m	2006/07	Sandringham
	SP (3kg)	Dylan Calleja	16.20m	2006/07	Knox
	Discus (1kg)	Lachlan Marriner	24.69m	2017/18	Mornington
	Javelin (600g)	James Harper	21.37m	2016/17	Doncaster
	800m	Lachlan Marriner	2:36.22	2017/18	Mornington
	1500m	Jeremy Weeks	5:18.66	2006/07	Sandringham
	1500m Walk	Paul Tremigliozi	9:09.56	2009/10	Sandringham
Girls U/14	100m	Gemma Craddock	13.36	2017/18	Doncaster
	200m	Nicola Davis	28.34	2010/11	Waverley
	400m	Ally Brammer	1:07.61	2009/10	Sandringham
	80mH	Chynea Lang	14.94	2008/09	Seaford
	800m	Samantha Miller	2:41.10	2012/13	Knox
	TJ	Chynea Lang	10.05m	2008/09	Waverley
	LJ	Chynea Lang	4.50m	2008/09	Waverley
	1500m Walk	Madeleine Graham	8:15.18	2006/07	Knox
	1500m	Samantha Miller	5:18.74	2012/13	Knox
	Discus (1kg)	Sasha Watson	28.38m	2009/10	Knox
	Shot Put (3kg)	Stephanie Baker	10.73m	2017/18	Doncaster
	Javelin (400g)	Gemma Craddock	31.10m	2017/18	Doncaster
	HJ	Chynea Lang	1.45m	2008/09	Sandringham
Boys U/14	100m	Lachlan Marriner	11.98	2018/19	Doncaster
	200m	Lachlan Marriner	24.41	2018/19	Berwick
	90mH	Aiden Shearer	13.05	2018/19	Berwick
	200mH	Aiden Shearer	28.04	2018/19	Berwick
	400m	Jack Brammer	1:09.34	2006/07	Southern Peninsula
	LJ	Aiden Shearer	5.91m	2018/19	Seaford
	TJ	Aiden Shearer	12.31m	2018/19	Berwick
	HJ	James Harper	1.30m	2017/18	Knox
	Discus (1kg)	Haddi El Shorbagy	40.11m	2017/18	Berwick
	Shot Put (4kg)	Haddi El Shorbagy	14.23m	2017/18	Berwick
	Javelin (600g)	Haddi El Shorbagy	38.07m	2017/18	Doncaster
Girls U/15	90mH	Kate Scott	15.24	2006/07	Waverley
	LJ	Sophie Lichoudaris	4.88m	2007/08	Waverley
	TJ	Isabella Harper	10.81m	2017/18	Doncaster
	Discus (1kg)	Sasha Watson	29.00m	2010/11	Waverley
	SP (3kg)	Stephanie Baker	11.42m	2018/19	Seaford
	100m	Sophie Lichoudaris	13.09	2007/08	Knox
	200m	Sophie Lichoudaris	28.15	2007/08	Waverley
	400m	Samantha Miller	1.04.76	2013/14	Doncaster

Age Group	Event	Name	Record	Season	Venue
	800m	Samantha Miller	2.38.52	2013/14	Coburg
	1500m	Samantha Miller	5.01.89	2013/14	Doncaster
	HJ	Sophie Lichoudaris	1.46m	2007/08	Waverley
	Javelin (500g)	Gemma Craddock	34.79m	2018/19	Doncaster
	1500m Walk	Madeleine Graham	7:43.70	2007/08	Corio
Boys U/15	100m	Ben Rayson	15.14	2006/07	Waverley
	400m	James Harper	1:13.33	2018/19	Berwick
	1500m	Chris Hibbert	5:03.21	2010/11	Waverley
	100mH	Dylan Calleja	16.15	2008/09	Frankston
	HJ	Beau Lang	1.46m	2006/07	Coburg
	TJ	Dylan Calleja	11.36m	2008/09	Frankston
	LJ	Beau Lang	4.87m	2006/07	Werribee
	Discus (1kg)	James Harper	34.68m	2018/19	Doncaster
	SP (4kg)	Dylan Calleja	15.03m	2008/09	Frankston
	Javelin (600g)	Beau Lang	37.48m	2006/07	Maryborough
	1500m Walk	Paul Tremigliozi	9:28.98	2009/10	Seaford
Girls U/16	100m	Aleesha Whittle	17.88	2018/19	Mornington
	400m	Samantha Miller	1:05.87	2014/15	Doncaster
	800m	Aleesha Whittle	3:32.53	2018/19	Mornington
	90m Hurdles	Chelsea Whittle	15.92	2022/23	Knox
	1500m Walk	Chelsea Whittle	10:11.11	2022/23	Knox
	Long Jump	Madelyn Harper	4.15m	2015/16	Doncaster
	Shot Put (3kg)	Aleesha Whittle	9.25m	2018/19	Mornington
	High Jump	Chelsea Whittle	1.45m	2022/23	Knox
	Triple Jump	Madelyn Harper	9.52m	2015/16	Doncaster
	Discus (1Kg)	Aleesha Whittle	21.72m	2018/19	Doncaster
	Javelin (500g)	Samantha Miller	29.72	2014/15	Doncaster

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