

# Caulfield Little Athletics Season Record



2018 / 2019



# Well done to our 2018/19 major winners!



## Centre PB Champion

**Lucas Hijlkema**  
- 52 PB's

## Centre Champions

**Haddi El Shorbagy**  
**Sam Cantwell**

## Glenhuntly Award

**Aleesha Whittle**  
**Noah Emons**

## Clubman Award

**Lachlan Marriner**

## 2018/19 Long Service Members

**James Harper**  
**Liam Glew**  
**Jared Freedman**

## 2018/19 Life Membership

**Tony Glew**

## 2018/19 Centre Records

<b>Jesse Sezonov</b> 200m 400m 400m 70m Discus Discus Shot Put Shot Put	<b>U7 Boys</b> 34.52 sec 1 min 24.96 sec 1 min 25.37 sec 11.16 sec 20.35m 17.58m 7.07m 6.85m	Club Competition Club Competition Club Competition Club Competition Club Competition Club Competition Club Competition Club Competition	2 March 2019 9 February 2019 24 November 2018 23 March 2019 9 February 2019 24 November 2018 23 March 2019 25 January 2019
<b>Angus Brown</b> 400m	<b>U10 Boys</b> 1 min 4.34 sec	State Track & Field	17 March 2019
<b>Laura Wong</b> 60m Hurdles 60m Hurdles	<b>U10 Girls</b> 10.81 sec 10.48 sec	Regional Track & Field State Track & Field	16 February 2019 16 March 2019
<b>Cooper Acklom</b> Discus 500g	<b>U11 Boys</b> 30.22m	State Track & Field	17 March 2019
<b>Jazmin Firth</b> Discus 500g Multi Event (5) Multi Event (5)	<b>U11 Girls</b> 33.30m 1297 points 1175 points	State Track & Field State Multi's Club Competition	16 March 2019 2 February 2019 1 December 2018
<b>Ned O'Neill</b> Shot Put 2Kg	<b>U12 Boys</b> 9.61m	Club Competition	23 March 2019
<b>Charlotte Nielsen</b> 100m 200m 200m	<b>U12 Girls</b> 13.30 sec 27.74 sec 27.77 sec	State Track & Field State Track & Field Club Competition	17 March 2019 16 March 2019 2 March 2019
<b>Andriana Skandalis</b> 400m	<b>U12 Girls</b> 1 min 02.51 sec	State Track & Field	17 March 2019
<b>Elijah Khoury</b> Discus 750g	<b>U13 Boys</b> 33.61m	Club Competition	23 March 2019
<b>Tanasha Santosh</b> 800m	<b>U13 Girls</b> 2 mins 19.33 sec	Club Competition	23 March 2019
<b>Anh Ly</b> High Jump	<b>U13 Girls</b> 1.53m	Club Competition	3 November 2018
<b>Lachlan Marriner</b> 200m	<b>U14 Boys</b> 23.61 sec	State Track & Field	16 March 2019
<b>Aiden Shearer</b> 200m Hurdles 90m Hurdles	<b>U14 Boys</b> 27.79 sec 12.74 sec	Club Competition Club Competition	25 January 2019 16 February 2019
<b>Paddy Colgan</b> Multi Event (7)	<b>U14 Boys</b> 1948 points	State Multi's	2 February 2019

<b>Sam Cantwell</b> 100m Hurdles 100m Hurdles Triple Jump	<b>U15 Boys</b> 13.40 sec 13.73 sec 12.88m	Regional Track & Field Club Competition Club Competition	2 February 2019 1 December 2018 23 February 2019
<b>Haddi El Shorbagy</b> Javelin  Javelin	<b>U15 Boys</b> 54.29m  48.98m	State Track & Field  Regional Track & Field	17 March 2019  2 February 2019
<b>Kosta Pantazis</b> 100m  400m High Jump	<b>U16 Boys</b> 11.92 sec  55.02 sec 1.60m	Club Competition  Club Competition Club Competition	6 October 2018  27 October 2018 27 October 2018
<b>Liam Glew</b> 100m Hurdles  1500m Walk Discus Long Jump Multi Event (5) Triple Jump Triple Jump	<b>U16 Boys</b> 16.79 sec  10 mins 39.42 sec 32.10m 5.30m 1565 points 12.17m 11.91m	Club Competition  Club Competition Club Competition Club Competition State Track & Field Regional Track & Field	1 December 2018  23 March 2019 1 December 2018 1 December 2018 1 December 2018 16 March 2019 16 February 2019
<b>Lucas Vaidie</b> 200m 300m Hurdles Multi Event (7) Shot Put Triple Jump	<b>U16 Boys</b> 26.70 sec 51.49 sec 2228 points 11.04m 11.03m	Club Competition Club Competition State Multi's Club Competition Club Competition	19 January 2019 8 December 2018 2 February 2019 19 January 2019 25 January 2019
<b>Cara Smith</b> 100m 100m 90m Hurdles 90m Hurdles Long Jump Long Jump Long Jump Triple Jump Triple Jump Triple Jump Triple Jump	<b>U16 Girls</b> 13.28 sec 13.35 sec 16.42 sec 16.58 sec 4.92m 4.89m 4.85m 10.69m 10.62m 10.24m 9.79m	State Track & Field Club Competition Club Competition Club Competition Club Competition Club Competition Regional Track & Field State Track & Field Regional Track & Field Club Competition Club Competition	17 March 2019 6 October 2018 23 March 2019 8 March 2019 23 March 2019 2 March 2019 16 February 2019 16 March 2019 16 February 2019 25 January 2019 6 October 2018
<b>Aleesha Whittle</b> 90m Hurdles High Jump Multi Event (5) Multi Event (7) Shot Put	<b>U16 Girls</b> 17.67 sec 1.31m 912 points 2184 points 9.96m	Club Competition Club Competition Club Competition State Multi's Club Competition	1 December 2018 8 December 2018 1 December 2018 2 February 2019 2 March 2019

# BE <sup>your</sup> BEST

Little<sup>at</sup> Aths

Caulfield Little Athletics Centre  
PO Box 3030, Murrumbeena 3166

[www.caulfieldlittleaths.org.au](http://www.caulfieldlittleaths.org.au)

Duncan Mackinnon Reserve Athletics Track  
North Road, Murrumbeena

## Contents

<b>Caulfield LAC Season 2018-2019 Sponsors .....</b>	<b>2</b>
<b>Club History .....</b>	<b>4</b>
<b>Club Life Members and Long Service Members .....</b>	<b>5</b>
<b>Caulfield Centre Committee 2018/2019 .....</b>	<b>6</b>
<b>President's Season Review .....</b>	<b>7</b>
<b>Registrar's Executive Report .....</b>	<b>9</b>
<b>Competition Director's Executive Report .....</b>	<b>10</b>
<b>2018/2019 Summer Season Awards.....</b>	<b>17</b>
General Categories.....	17
Champion Athlete Event Category Awards .....	18
Encouragement Awards .....	21
<b>Major Competition Results .....</b>	<b>22</b>
Caulfield Little Athletics Pentathlon Championship.....	22
<b>Cross Country Competition .....</b>	<b>23</b>
Bayside Cross-Country Club Championship .....	24
Bayside Cross-Country Handicap Event Winners: .....	24
Bayside Cross-Country Age Group Champions: .....	24
SMR Cross Country Challenge .....	25
State Cross Country Championship.....	26
<b>Caulfield Little Athletics Centre – ALAC Representatives .....</b>	<b>28</b>
<b>Centre Records .....</b>	<b>29</b>
Track.....	29
Field.....	29
<b>Caulfield Little Athletics Centre Records as at 1<sup>st</sup> May, 2019 .....</b>	<b>30</b>
<b>Other Venue Records as at 1<sup>st</sup> of May, 2019 .....</b>	<b>36</b>

We have taken care to try and ensure the information in this book is accurate.  
If you find an error, please email [secretary@caulfieldlitteaths.org.au](mailto:secretary@caulfieldlitteaths.org.au) with the details.

## Caulfield LAC Season 2018-2019 Sponsors

Caulfield Little Athletics would like to acknowledge the financial assistance of our Sponsors for Season 2018-2019. We greatly appreciate their support of our centre and athletes. We ask that whenever possible, you support these local businesses. Ofcourse, mention Caulfield LAC so they know their money was well spent with us!

### Major Sponsor

- Bendigo Bank – 436 Neerim Road, Murrumbeena Ph. 9568 8166

### Sponsors

- Wilson Storage – 928 North Road, Bentleigh East Ph. 1300 28 68 28
- Grill'd – 86 Koornang Rd, Carnegie Ph. 9523 5533
- Buxton Real Estate Bentleigh – 1/269 Cetre Rd, Bentleigh Ph. 9563 9933
- Little Green Apple – Fresh Brand Solutions Ph. 0407 285191
- Ashmore Palms Holiday Village – Gold Coast Ph. 1300 303 912
- Carnegie Electrical Services Ph. 9530 9099

If you would like to support the club and see your business here?

Contact Russell Harper on 0437 102 025





## Club History

Caulfield Little Athletics Centre has a proud history and tradition. Our journey began on the 5th June 1969, when a motion was carried that Glenhuntly Athletics Club (seniors) take steps to start a Little Athletics Centre in Caulfield. On the 4th September 1969, a motion was carried that a sub committee be formed to organise a public meeting aimed at establishing a Little Aths Centre in Caulfield.

The Sub-committee members were: Trevor Vincent, Bill Coupe, Ian Sivell, Peter Colthup, Gus Theobald, Tony Cook & D Jones. And so, it all began on the 22nd November 1969 at 9.00am on the Glenhuntly Football Ground behind Caulfield Racecourse with 500 registered athletes. There has been a lot of change since that first competition.

Due to the large numbers, Caulfield Little Aths moved to the current site on the corner of North and Murrumbeena Roads, which at the time was the local football ground and tip. With the support of the City of Glen Eira Council (then City of Caulfield), a new athletic track, Duncan Mackinnon Reserve, was established. Whilst the track was under construction, competition was held at the rear of Murrumbeena Secondary College, (now a housing estate). In 1976 we moved back to Duncan Mackinnon Reserve.

We moved briefly at the start of the 1994/95 season whilst the track was upgraded to its present high standard.

In 2005/2006 Caulfield Little Aths entered the World Wide Web with the commencement of our website: [www.caulfieldlittleaths.org.au](http://www.caulfieldlittleaths.org.au)

The 2006/2007 season saw the introduction of our current uniform, and the NARS recording system.

During the 2009/2010 season, we upgraded our electronic timing gates to include a wireless starting system and also added a Barcode recording system. In 2013/14 we switched to Result HQ for our online recording and results.

The start of our 2015/16 season saw the introduction of a new finish gate system – designed to communicate directly with Results HQ (our online recording and results programme).

During the 2017/18 season the Duncan Mackinnon Athletics track was replaced during the summer resulting in the season being disrupted and a number of our regular competitions being held with our neighbourhood clubs (Mentone, Sandringham and Brighton).

## Club Life Members and Long Service Members

At the commencement of the season, Caulfield Little Aths had 17 life members and 56 long service members. The qualification to be nominated for life membership is 'Outstanding Service to the Centre for at least eight years, including at least five years on the Centre Executive Council; or outstanding general service to the Centre for a period exceeding ten years. Long service membership is granted to all athletes who compete from U7 through to U15.

### Life Members

Roy Foley (dec)	Nicole Lalande
Noel Seward	Matt Baker
Eddie Glenfield	Meghan Baker
Gordon Major	Sharyn Owen
Alan Morris	Tony Glew
Peter Vine	
Lexie Seward	
John Treanor (dec)	
Jan Gyles	
John Scott	
Tom Cohn	
Helen Garland	
Donna Brammer	

### Long Service Members

Juliet Austin	Margaret Gleeson	Trent Lewis	Debbie Scott
Patrick Beraun	Sebastian Graham	Toby Lowe	Belinda Stone
Sarah Biggs	Doug Greenough	Stuart Major	Jade Economidis
Ally Brammer	Lucy Hamilton	John Morris	Sasha Watson
Bridget Brammer	Rebecca Hassett	Lisa Morrison	Jessica Watson
Melissa Brearley	Rebecca Ho	Amy Morrison	Katharine Wright
Dylan Calleja	Josie Holmes	Aiden Orr'Ofarrell	Henrietta Zeffert
Callum Carothers	Craig Jamieson	Kelly Passmore	Christopher Ziaei
Chantelle Cayzer	Will Johns	Findlay Rayson	Nicholas Rayson
Anthony Cohn	Alexandra Jones	Stuart Rooke	Jemma Owen
Elise Cooper	Alex Lalande	Pip Wallish	Isabella Harper
John Cooper	Jacson Lalande	Erika Tomazi	Stephanie Baker
Sonya Deligianis	Grant Lewis	Rachel Truscott	Liam Glew
Georgia Drover	Martine Lewis	Gideon Tuckman	James Harper
Matthew Gamble	Monique Lewis	Natalie Leontaridis	Jared Freedman



## Caulfield Centre Committee 2018/2019

### Executive

President	Jason Whittle
Vice President	Sheridan English
Secretary	Sarah Lorentzen
Treasurer	Andrew Mattinson
Registrar	Linda McCaffrey
Competition Director	Ryan Condron

### Non - Executive

Chief of Officials	Nicole Webster
Web Master/IT	Antony Hearst
Coaching & On Track Coordinator	Mary Harper
Duty Co-Ordinator	Andrew Mattinson
Competition Results	Donna Paatsch
Cross Country Rep	Linda McCaffrey
Sponsorship	Andrew Mattinson
Uniforms	Derek Freedman
Canteen	Steve Miller
Equipment	Andrew Marriner
General	Tony Glew, Russell Harper, Marcus Buckley, Romaine Khan, Claire Scanlon, Natalie Nielsen, Simone O'Brien, Iain Shearer, Tom Cohn, Jean-Luc Carrere

## President's Season Review

I am reporting on the conclusion of my first year as President of the club and a year in which we have very much got “back on track” with our wonderful facilities at Duncan Mackinnon Reserve having been completed and open for business at the start of our season.

We have concluded the year with 330 members and a constant stream of new enquiries to come and join us. CLAC has achieved an increase of some 7% in membership over last season, in a year in which many little athletics centres have struggled to maintain numbers. As a sport and specifically for our club we have to strive to make every opportunity enjoyable and rewarding for our athletes and provide a family friendly experience. Delivering a fun environment for participation and personal performance where skills, values and friendships for life can be developed.

Our season has been consistent and seen 16 weekly competitions completed with no cancellations due to weather. We reintroduced some Friday night competitions and introduced a more carnival atmosphere on these occasions to change things up a little. The home season has seen an enormous number of personal bests and centre records from our athletes.

We also hosted the Southern Metro Regional Relay and Track and Field competitions. We achieved some amazing results through medal tallies, personal bests including winning the overall medal count for the SMR competition for the first time in recent history. However, the highlight for me was having almost 100 athletes participating in the SMR track and field event. This is our highest participation number on record.

Preparing and delivering the home season of events takes a lot of behind the scenes work and lots of effort each event day. While as a committee we can always improve on our performance the following highlights are worth noting:

- Reduced the average weekly competition time by 30 minutes by optimizing the weekly programs, getting us all home a little earlier after each competition.
- Expanded what is potentially the best Junior Athletic training program in the state even further, with higher athlete numbers attending and more high-level coaches working with us.
- A successful first year with our new executive committee, (all new members except the Competition Director).
- Outstanding handover and support from our long serving ex-executive committee members.
- Successfully hosted a well organised and well delivered SMR Relay and SMR Track and Field weekend.

Despite an increase in membership, the significant revenue increase through hosting these major events and the consistency provided through the 16 weekly competitions our cash balance has remained flat on a year on year comparison.

I wish to thank our hard working committee for the fantastic job that they do to keep this club running smoothly. We also have a number of non committee personal who undertake substantial roles for

CLAC week after week, some of whom have been doing this for over 20 years. And final thanks to our weekly helpers who provide us the resources and enthusiasm to allow us to function on a weekly basis.

This year we say farewell to current and past executive committee members Tony Glew, Marcus Buckley (again), Donna Paatsch and Ryan Condron.

Looking forward, CLAC is entering its 50th year of continuous operation in 2019/2020. We are very excited to be able to celebrate this milestone. Special items in planning are a celebratory dinner which will encompass a decade by decade history of Caulfield Little Athletics. The committee has approved a Caulfield 50th Year Open Day during next season and we are in final planning stages for scheduling this event. You will also see some changes to our branding and logos to acknowledge this milestone.

In an effort to keep costs down and still provide a high quality experience for our athletes we have been working hard on sponsorship agreements and grants. Our Marquee Sponsor - Murrumbeena Community Bank again provided outstanding sponsorship to CLAC, which now totals approximately 10 years of support to our club. For all your banking and insurance needs call in and have a talk to Sue to see if she can offer you a better deal. We are also thankful to our other sponsors who provide financial support or services in kind. We have also been successful in securing two grants this year with our national sponsor Coles and also with Telstra. The committee (and some parents) are working on other Grant opportunities.

The cross country season is a great chance to keep fit and active. If we don't see you at Cross Country then I look forward to seeing you all again next September for the next Track & Field season.

Kind regards,

**Jason Whittle**

**President, Caulfield Little Athletics**

## Registrar's Executive Report

I had the pleasure of taking on the Registrar role this season, lucky to take over a well-established system for registrations. We received a large number of new member enquiries throughout the season, with many enquiries and even new registrations coming until the end of the season. We achieved an increase in overall athlete numbers this season, with 331 athletes at season's end, up from 313 the previous season.

AGE GROUP	GIRLS	BOYS	TOTAL
UNDER 6	10	12	22
UNDER 7	15	19	34
UNDER 8	16	27	43
UNDER 9	16	27	43
UNDER 10	22	22	44
UNDER 11	29	30	59
UNDER 12	16	21	37
UNDER 13	9	14	23
UNDER 14	2	10	12
UNDER 15	2	7	9
UNDER 16	2	3	5
TOTAL	139	192	331

We look forward to retaining as many of these athletes as possible in 2019/2020 and also welcoming new athletes to our incredible centre.

**Linda McCaffrey**

**Registrar, Caulfield Little Athletics**

# Competition Director's Executive Report

As Competition Director for Caulfield Little Athletics, I provide this end-of-season report for season 2018/19.

It was fantastic to take full advantage of our new and exceptional facilities at Duncan Mackinnon and our club results demonstrate the benefit of combining great facilities with excellent coaching.

Growing membership outside an Olympic Year has historically been a difficult task but one we achieved this season. We also had an outstanding season at regional and state level competition and an exceptional number of centre records were broken. It really was a stand-out year.

## Weekly Program

In 2018/19, we ensured that we offered three rotating programs, balancing sprints with middle distance events on the track and a good mix of field events over each program. A new initiative this season saw us running the circular track events concurrent with the sprint events which enabled the program to run smoother and shaved 30 minutes off the running time, meaning that most weekly meets were concluding around 11:00am. A big thank-you to the track team and the additional volunteer officials who got involved to enable the success of this initiative.

As always, we could not run a program of events without Caulfield parents committing to duty, with many parents helping every week. Thank you to all who did duty this year, especially with set-up and pack up duty, as this played a key role in enabling us to start and finish on time. A special thank-you goes to Andrew and Lachlan Marriner and Jason Whittle for their dedication to set-up, there very early rain hail or shine.

A special thank you goes to Andrew Mattinson for managing the duty roster this season and to Linda McCaffrey and Donna Paatsch for completing results entry each week.

Finally, a thank you must go to all our officials, the track team, event coordinators and age group managers who put in consistently and without complaint each and every week and who without we could not run competition.

## Equipment

This season we made significant investment in new equipment through replacing all our shot puts, discuss and javelins financed mainly through a successful grant from our national sponsor Coles. Our track team are keeping a close eye on developments of the timing solutions software and hardware and will await new releases before making new investments for the coming season.

## Competition

Throughout the season, we saw some remarkable achievements by our Caulfield athletes with 7,102 Personal Bests recorded. This is a 51% increase on the previous season. In addition, we had 21 athletes break a total of 64 Centre Records, with some athletes breaking multiple records and some records broken by athletes on numerous occasions throughout the season. Congratulations to all those athletes who broke centre records during the season, this is indeed a marvellous achievement. A list of all centre records set this season is included on the inside front cover of the record and the status of all centre and other venue records at the end of the season is contained at the end of record.

## Representative Competition

Caulfield had increase in athletes competing at Region Relays, State Relays, State Multi Event Championships, Region Track and Field, State Track and Field.

### **SMR Relays**



SMR relays was this year held at Duncan Mackinnon. Caulfield put in a massive performance to once again defend the Fred Roffey Memorial Trophy for best performed club. The Fred Roffey Memorial Trophy considers overall result per teams entered and reflects a club wide effort to improve our collective performance. CLAC had 114 athletes and 66 teams (vs 61 in 2017/18) entered and achieved a total of 28 (29) medals comprising of 10 (9) Gold, 10 (13) Silver and 8 (7) Bronze Medals.

### **SMR Track and Field**



SMR Track and Field was also held at Duncan Mackinnon. Caulfield had 96 (vs 83 in 2017/18) athletes entered, competing over the two days. Our athletes achieved numerous Personal Bests in their chosen events. Overall there were 43 (27) Gold, 36 (32) Silver and 30 (18) Bronze medals won by Caulfield athletes, totalling 109 (77) medals and overall first place on the medal tally, knocking off Mentone and Sandringham who have dominated the region for many years.

### **State Relays**



Caulfield had 19 teams (vs 27 in 2017/18) qualify for this event and with many of those teams making it through to finals we achieved 3 (4) Gold, 4 (2) Silver and 0 (2) Bronze medal. State medallists were as follows:

#### **GOLD MEDAL**

U10 Girls 4 x 100m	Time: 1:00.58
U12 Girls 4 x 200m	Time: 1:54.15
U14 Boys 4 x 100m	Time: 48.11

#### **SILVER MEDAL**

U10 Girls 800 Medley	Time: 2:19.68
U12 Girls 800 Medley	Time: 2:04.04
U16 Boys 800 Medley	Time: 1:41.47
U10 Mixed 4 x 100m	Time: 57.13

#### **BRONZE MEDAL**

### **State Multi Event Championships**



State Multi's was held on the first weekend of February at Lakeside Stadium. Caulfield had 41 athletes entered over the 2 days which is a significant increase on the 23 who competed the year before. Caulfield achieved some special results with Jazmin Firth taking home the gold medal in the U11 girls event, while setting a new Caulfield centre record for the Pentathlon. Overall, Caulfield athletes came away with a total of 2 medals comprising 1 gold and 1 bronze.

### GOLD MEDAL

Jazmin Firth U11 Girls Pentathlon 1,297 Points

### SILVER MEDAL

### BRONZE MEDAL

Jemma Craddock U15 Girls Heptathlon 4,015 Points

### State Track and Field



Caulfield had 59 (versus 56 last year) athletes qualify for the State Track and Field Championships held at the State Athletics Centre. Over the weekend athletes achieved numerous PBs and an extraordinary number of centre records. The club came away with 27 (14) medals comprising of 6 (6) Gold Medal, 7 (3) Silver Medals and 14 (5) Bronze Medals.

ATHLETE	AGE/GENDER	GOLD	SILVER	BRONZE
Adele Roche	U10 G			100m
Abigail Cheshire	U10 G		200m	
Laura Wong	U10 G	60m H		
Sophie Volpert	U10 G			Shot Put, Discus
Jazmin Firth	U11 G			Discus
Charlotte Nielsen	U12 G			100m, 200m
Andriana Skandalis	U12 G		400m	
Chelsea Whittle	U12 G		1500m	
Madison Carr	U12 G			Triple Jump
Tanasha Santosh	U13 G		800m, 1500m	
Cara Smith	U16 G	Triple Jump		100m, Long Jump
Jack Newton	U9 B			Discus
Angus Brown	U10 B	400m		800m
Lachlan Marriner	U14 B		100m, 200m	
Sam Cantwell	U15 B	100m H		300m H
Haddi El Shorbagy	U15 B	Shot Put, Javelin		Discus
Liam Glew	U16 B			Triple Jump



**Australian Little Athletics Championships**

This season, Caulfield did not have any athletes progress to represent Victoria at the Australian Little Athletics Championships (ALAC) for U13 and U15 athletes.

To round off my report I would like to thank the Executive and General Committee for all your help and hard work throughout the 2018/2019 season. A special acknowledgement to Tony Glew, Jason Whittle, Sheridan English, Donna Paatsch, Linda McCaffrey, Russell and Mary Harper for your personal assistance throughout the season. Thank you for always responding to my emails and answering my calls at all times of day and night whenever I needed your help.

**Ryan Condon**

**Competition Director**

## Caulfield Little Athletics Centre – 2018/19 Season Calendar



## V2.1 - As at 22/11/2018

	COMPETITION/EVENT	PROGRAM	PACK UP DUTY	DUTY TEAM	VENUE
<b>JULY</b>					
Saturday 7 <sup>th</sup>	State Road Relays				Sandown
Saturday 28 <sup>th</sup>	State Cross Country				Lake Dewar
<b>AUGUST</b>					
Sat 4 <sup>th</sup> – Sun 5 <sup>th</sup>	LAVic Annual Conference & AGM				Geelong
<b>SEPTEMBER</b>	(School Holidays Sat 22/9 – Sun 7/10)				
Saturday 8 <sup>th</sup>	Season 2018/19 CLAC Information Day (2pm – 4pm)				Duncan Mackinnon
Saturday 15 <sup>th</sup>	Welcome to Caulfield Introductory & Warm Up Comp. (9:00am – 11:00am)	Program I	All Parents	All Parents	Duncan Mackinnon
Saturday 22 <sup>nd</sup>	Welcome to Caulfield Introductory & Warm Up Comp. (9:00am – 11:00am)	Program I	All Parents	All Parents	Duncan Mackinnon
<b>OCTOBER</b>					
Saturday 6 <sup>th</sup>	Club Competition Wk 1 (8:30am – 11:30am)	Program A	U14+ Boys	Team A	Duncan Mackinnon
Saturday 13 <sup>th</sup>	Club Competition Wk 2 (8:30am – 11:30am)	Program B	U13+ Girls	Team B	Duncan Mackinnon
Saturday 20 <sup>th</sup>	No Regular Club Competition Relay for Life – Duncan Mackinnon Track Unavailable U13+ Bayside Circuit Comp. – Rd 1				Mentone
Saturday 27 <sup>st</sup>	"Bring a Friend Day" Club Competition Wk 3 (8:30am – 11:30am)	Program C	U13 Boys	Team C	Duncan Mackinnon
<b>NOVEMBER</b>					
Saturday 3 <sup>rd</sup>	Club Competition Wk 4 (8:30am – 11:30am)	Program A	U12 Boys	Team A	Duncan Mackinnon
Saturday 10 <sup>th</sup>	Club Competition Wk 5 (8:30am – 11:00am) U13+ Bayside Circuit Comp. - Rd 2	Program B	U12 Girls	Team B	Duncan Mackinnon
Sunday 11 <sup>th</sup>	Mentone Relay Open Day				Mentone
Saturday 17 <sup>th</sup>	SMR Relays			Special Roster	Duncan Mackinnon
Saturday 24 <sup>th</sup>	Club Competition Wk 6 (8:30am – 11:30am)	Program C	U11 Boys	Team 1	Duncan Mackinnon
<b>DECEMBER</b>	(School Holidays Sat 22/9 – Sun 27/1)				
Saturday 1 <sup>st</sup>	Club Multi Competition (8:30am – 1:00pm)	Program M	U11 Girls	Special Roster	Duncan Mackinnon
Saturday 8 <sup>th</sup>	Club Competition Wk 7 (8:30am – 1:00pm) & XMAS Break-Up including Caulfield Gift II	Program A	U10 Boys	Team 2	Duncan Mackinnon
Saturday 15 <sup>th</sup>	State Relays			Special Roster	Lakeside Stadium
<b>JANUARY</b>	(Sat 26th - Australia Day Public Holiday)				
Saturday 19 <sup>th</sup>	Club Competition Wk 8 (8:30am – 11:30am)	Program B	U10 Girls	Team 1	Duncan Mackinnon
Friday 25 <sup>th</sup>	Club Competition Wk 9 (Twilight 5:30pm – 8:00pm)	Program TA	U9 Boys	Team 2	Duncan Mackinnon
<b>FEBRUARY</b>					
Friday 1 <sup>st</sup>	Club Competition Wk 10 (Twilight 5:30pm – 8:00pm)	Program TB	U9 Girls	Team 1	Duncan Mackinnon
Sat 2 <sup>nd</sup> – Sun 3 <sup>rd</sup>	State Multi's			Special Roster	Lakeside Stadium
Saturday 9 <sup>th</sup>	Club Competition Wk 11 (8:30am – 11:30am)	Program C	U8 Boys	Team 2	Duncan Mackinnon
Sat 16 <sup>th</sup> – Sun 17 <sup>th</sup>	SMR Track & Field			Special Roster	Duncan Mackinnon
Friday 22 <sup>nd</sup>	U13+ Bayside Circuit Comp. - Rd 3				Brighton
Saturday 23 <sup>rd</sup>	Club Competition Wk 12 (8:30am – 11:30am)	Program A	U8 Girls	Team 1	Duncan Mackinnon
<b>MARCH</b>	Monday 11th - Labour Day Public Holiday)				
Saturday 2 <sup>nd</sup>	Club Competition Wk 13 (8:30am – 11:30am)	Program B	U7 Boys	Team 2	Duncan Mackinnon
Friday 8 <sup>th</sup>	Club Competition Wk 14 (Twilight 5:30pm – 8:00pm)	Program TC	U7 Girls	Team 1	Duncan Mackinnon
Sat 16 <sup>th</sup> – Sun 17 <sup>th</sup>	State Track & Field			Special Roster	Casey Fields
Saturday 23 <sup>rd</sup>	Club Championships (8:30am – 1:00pm)	Program CC	All Parents	Special Roster	Duncan Mackinnon
<b>April</b>	(School Holidays Sat 6/4 – Sun 21/4, Easter 21/4)				
Thu 25 <sup>th</sup> – Mon 29 <sup>th</sup>	Australian Little Athletics Championships				Hobart
<b>May</b>					
Sat 4 <sup>th</sup>	CLAC 18/19 Presentation Day and AGM (Alternate)				Duncan Mackinnon

## End of Season Club Awards Explanation

After each season, the club hosts a presentation day to present end of season awards. End of season awards are presented across several categories. To be eligible for end of season awards, an athlete must compete in 50% of the available centre programs offered since their date of registration and have returned to the track after the Christmas break. Awards will be determined by the competition sub-committee and be endorsed by the club executive according to the following criteria:

**Centre Record Award** – Awarded to all athletes who set a Centre record over the season.

**Centre PB Champion** – Awarded to the athlete (boy or girl) who achieves the greatest number of PB's during the season covering club competitions only, including club multi's and centre championships but not including region, state and ALAC events.

**Centre Champions** – Decided at the discretion of the competition sub-committee and awarded to the two senior (U13+) boys/girls who have had the best season considering performances at all club, region and state events.

**Clubman Award** – Awarded to a parent or athlete for outstanding service to the centre. This award is to be at the sole discretion of the club committee.

**Encouragement Awards** – Determined by each age group manager or the committee this award is for an athlete in each age group who most consistently demonstrates the club values in their performances and participation.

**Glenhuntly Award /Damian O'Shea Memorial trophy** – This award is sponsored by Glenhuntly Senior Athletics Club and is presented at the sole discretion of the committee to an older age boy and girl to encourage them to continue to senior athletics.

**Under 6 – On Track – Participation Award** - All Under 6 athletes who participate in the 'On Track' program will receive a trophy recording their participation in the season.

**Age Group Champion and Event Category Awards** - The Age Group Champion and Age Group Event Category Champion Awards are determined on an accumulated point basis across the regular season (excluding club multis and club championships).

### *How the points system works...*

- Each athlete's top 3 results per event are used to calculate their individual ranking per age group per event. Where an athlete has not competed three times in an event then the number of times they have competed is used for the average.
- Points are awarded to athletes according to their ranking per event within their age group according to the following table.

1st place	= 100 points
2nd place	= 95 points
3rd place	= 90 points
4th place	= 85 points
5th place	= 80 points
6th place	= 75 points
7th place	= 70 points

11th place	= 50 points
12th place	= 45 points
13th place	= 40 points
14th place	= 35 points
15th place	= 30 points
16th place	= 25 points
17th place	= 20 points

8th place	= 65 points
9th place	= 60 points
10th place	= 55 points

18th place	= 15 points
19th place	= 10 points
20th - 50 <sup>th</sup>	= 5 points

- Points per athlete are then added up per event category (Jumps, Throws, Sprints, Hurdles, Middle Distance and Walks) according to the following table.

	Walks	Sprints			Middle Distance			Hurdles		Jumps			Throws		
	700m-1500m	70m	100m	200m	400m	800m	1500m	60-100m H	200-300m H	LJ	TJ	HJ	Discus	Shot Put	Javelin
U7		x	X	x	x					x			x	x	
U8		x	X	x	x			x		x		x	x	x	
U9	x	x	X	x	x	x		x		x		x	x	x	
U10	x	x	X	x	x	x		x		x	x	x	x	x	
U11	x	x	X	x	x	x	x	x		x	x	x	x	x	x
U12	x	x	X	x	x	x	x	x		x	x	x	x	x	x
U13	x		X	x	x	x	x	x	x	x	x	x	x	x	x
U14	x		X	x	x	x	x	x	x	x	x	x	x	x	x
U15	x		X	x	x	x	x	x	x	x	x	x	x	x	x
U16	x		X	x	x	x	x	x	x	x	x	x	x	x	x

- Ranking points are totalled per event category to calculate the event category winners per age group. Event category awards are provided to the first two placegetters in each event category per age group.
- To calculate the age group champion, points are totalled across all events for each athlete. Additional bonus points for participation are added to this total at the rate of 10 points for each of the first 3 times that an athlete has competed in each event. Event points and bonus points are combined to determine the age group champion. Age Group Champion Awards are given for the first, second and third placegetters in each age group.

*Note 1: If there is an extremely unusual performance for an athlete recorded e.g. mistake by an official measuring, timing or recording, it will come under the CLAC executive committee's sole discretion as to whether the result will be included, based on the athlete's prior and continuing performances.*

*Note 2: All awards are at the discretion of the Executive Committee and may vary from season to season.*

# 2018/2019 Summer Season Awards

## General Categories

### Centre Champions

Haddi El Shorbagy

Sam Cantwell

### Clubman Award

Lachie Marriner

### Glenhuntly Award

Aleesha Whittle

Noah Emons

### Centre PB Champion - Perpetual Trophy

1<sup>st</sup> – Lucas Hijlkema (52 PBs)2<sup>nd</sup> – Kane Hijlkema (50 PBs)3<sup>rd</sup> – Holly Miller (44 PBs) eq.3<sup>rd</sup> – Grace Ryan (44 PBs) eq.

## Age Group Champions

	1 <sup>st</sup>	Points	2 <sup>nd</sup>	Points	3 <sup>rd</sup>	Points
<b>U16 Boys</b>	Lucas Vaidie	1000	Liam Glew	920		
<b>U16 Girls</b>	Aleesha Whittle	1575	Cara Smith	1275		
<b>U15 Boys</b>	Ashley Curry	1570	Sam Cantwell	1520	James Harper	1280
<b>U15 Girls</b>	Gemma Craddock	690				
<b>U14 Boys</b>	Noah Emons	1415	James Short	1330	Zev Sanchez	1195
<b>U14 Girls</b>						
<b>U13 Boys</b>	Calum Smith	1330	Elijah Khoury	1305	James Borg	1295
<b>U13 Girls</b>	Tamzyn Dolgoy	1560	Tanasha Santosh	1550	Siena Miller	1460
<b>U12 Boys</b>	Jaikiah Honner	1610	Daneil MacRae	1525	Ben Frewin	1350
<b>U12 Girls</b>	Chelsea Whittle	1575	Ella Yang	1455	Charlotte Nielsen	1450
<b>U11 Boys</b>	Harry Marshall	1375	Cooper Acklom	1360	Oliver Chernikeef	1295
<b>U11 Girls</b>	Jazmin Firth	1505	Allegra Orso	1430	Isabella Amad	1290
<b>U10 Boys</b>	Charlie O'Shea	1535	Charlie Thomas	1265	Joel Lang	1240
<b>U10 Girls</b>	Abigail Cheshire	1435	Laura Wong Rosie O'Brien	1385 1385		
<b>U9 Boys</b>	Andrew MacRae	1325	Lucas Hijlkema	1300	Jack Newton	1270
<b>U9 Girls</b>	Amy Russo	1420	Holly Miller	1400	Grace Ryan	1320
<b>U8 Boys</b>	Jaron English	1155	Oscar Lorentzen	1020	Xavier Misso	970
<b>U8 Girls</b>	Ella Spooner	1135	Sophie McCaffrey	1110	Ineka Durack	1040
<b>U7 Boys</b>	Jesse Sezonov	910	Flynn Walker	815	Markus Hamilton	795
<b>U7 Girls</b>	Emily Crosswell	885	Eliza Jeffkins	875	Tiyah Santosh	815

## Champion Athlete Event Category Awards

Age Group	Event	Place	Boys	Girls
U16	Sprints	Champion	Lucas Vaidie	Aleesha Whittle eq. Cara Smith eq.
	Sprints	Runner Up	Liam Glew	
	Hurdles	Champion	Lucas Vaidie	Cara Smith
	Hurdles	Runner Up	Liam Glew	Aleesha Whittle
	Throws	Champion	Lucas Vaidie	Aleesha Whittle
	Throws	Runner Up	Liam Glew	Cara Smith
	Jumps	Champion	Liam Glew eq. Lucas Vaidie eq.	Cara Smith
	Jumps	Runner Up		Aleesha Whittle
	M/Distance	Champion		Aleesha Whittle
	M/Distance	Runner Up		Cara Smith
	Walks	Champion		Aleesha Whittle
	Walks	Runner Up		
U15	Sprints	Champion	Sam Cantwell	Gemma Craddock
	Sprints	Runner Up	Ashley Curry	
	Hurdles	Champion	Sam Cantwell	
	Hurdles	Runner Up	Ashley Curry	
	Throws	Champion	Haddi El Shorbagy	Gema Craddock
	Throws	Runner Up	James Harper	
	Jumps	Champion	Sam Cantwell	Gemma Craddock
	Jumps	Runner Up	Haddi El Shorbagy	
	M/Distance	Champion	Ashley Curry	
	M/Distance	Runner Up	Sam Cantwell	
	Walks	Champion	Ashley Curry	
	Walks	Runner Up	James Harper	
U14	Sprints	Champion	Lachlan Marriner	
	Sprints	Runner Up	Paddy Colgan eq. Aiden Shearer eq.	
	Hurdles	Champion	Aiden Shearer	
	Hurdles	Runner Up	Jay Trickey	
	Throws	Champion	Aiden Shearer	
	Throws	Runner Up	Lachlan Marriner	
	Jumps	Champion	Aiden Shearer	
	Jumps	Runner Up	Paddy Colgan	
	M/Distance	Champion	Noah Emons	
	M/Distance	Runner Up	James Short	
	Walks	Champion	James Short	
	Walks	Runner Up	Noah Emons	
U13	Sprints	Champion	William Wong	Monique Aufgang
	Sprints	Runner Up	James Borg eq. Jackson Davey eq.	Tamzyn Dolgoy
	Hurdles	Champion	James Borg	Siena Miller
	Hurdles	Runner Up	Jackson Davey	Tansha Santosh
	Throws	Champion	William Wong	Monique Aufgang eq. Tamzyn Dolgoy eq.

Age Group	Event	Place	Boys	Girls
	Throws	Runner Up	Seif El Shorbagy	
	Jumps	Champion	James Borg	Tamzyn Dolgoy
	Jumps	Runner Up	Jackson Davey	Tanasha Santosh eq. Monique Aufgang eq.
	M/Distance	Champion	Seth Karam	Tansaha Santosh
	M/Distance	Runner Up	Toby Hearst	Tamzyn Dolgoy
	Walks	Champion	Calum Smith	Monique Aufgang
	Walks	Runner Up	Philip Benton	Siena Miller
U12	Sprints	Champion	Jaikiah Honner	Charlotte Nielsen
	Sprints	Runner Up	Mitchell Shaw	Madison Carr
	Hurdles	Champion	Mitchell Shaw	Chelsea Whittle
	Hurdles	Runner Up	Daniel MacRae	Madison Carr
	Throws	Champion	Fraser Mattinson	Madison Carr
	Throws	Runner Up	Daniel MacRae eq. Ned O'Neill	Chelsea Whittle
	Jumps	Champion	Mitchell Shaw	Madison Carr
	Jumps	Runner Up	Jaikiah Honner	Chelsea Whittle eq. Andriana Skandalis eq.
	M/Distance	Champion	Jaikiah Honner	Chelsea Whittle
	M/Distance	Runner Up	Paddy Sullivan	Ella Yang
	Walks	Champion	Ben Frewin	Chelsea Whittle
	Walks	Runner Up	Jaikiah Honner	Ella Yang
U11	Sprints	Champion	Oliver Chernikeef	Allegra Orso
	Sprints	Runner Up	Henry Dwyer eq. Harry Marshall eq.	Jazmin Firth
	Hurdles	Champion	Harry Marshall	Jazmin Firth
	Hurdles	Runner Up	Harry Hemmings	Grace McIntyre
	Throws	Champion	Cooper Acklom	Jazmin Firth
	Throws	Runner Up	Samuel Moore	Grace McIntyre
	Jumps	Champion	Harry Marshall	Allegra Orso
	Jumps	Runner Up	Xavier Madeira	Isabella Amad
	M/Distance	Champion	Oliver Chernikeef	Jazmin Firth
	M/Distance	Runner Up	Onkaar Lamba	Keely English
	Walks	Champion	Xavier Madeira	Georgia Mathieson
	Walks	Runner Up	Onkaar Lamba	Isabella Amad
U10	Sprints	Champion	Angus Brown	Laura Wong
	Sprints	Runner Up	Charlie O'Shea	Abigail Cheshire
	Hurdles	Champion	Charlie O'Shea	Laura Wong
	Hurdles	Runner Up	Eamonn Walker	Rosie O'Brien
	Throws	Champion	Charlie O'Shea	Sophie Volpert
	Throws	Runner Up	Eamonn Walker	Laura Wong
	Jumps	Champion	Charlie O'Shea	Abigail Cheshire
	Jumps	Runner Up	Charlie Thomas	Laura Wong
	M/Distance	Champion	Angus Brown	Tricia Santosh
	M/Distance	Runner Up	Charlie O'Shea	Sophie Volpert
	Walks	Champion	Charlie Thomas	Rosie O'Brien
	Walks	Runner Up	Joel Lang	Tricia Santosh
U9	Sprints	Champion	Jack Newton	Amy Russo



Age Group	Event	Place	Boys	Girls
	Sprints	Runner Up	Ari Cordover	Holly Miller
	Hurdles	Champion	Andrew MacRae	Amy Russo
	Hurdles	Runner Up	Lucas Hijlkema	Holly Miller
	Throws	Champion	Jack Newton	Holly Miller
	Throws	Runner Up	Andrew MacRae	Maisy McCallum eq. Amy Russo eq.
	Jumps	Champion	Lucas Hijlkema Eq. Andrew MacRae eq.	Holly Miller
	Jumps	Runner Up		Grace Ryan
	M/Distance	Champion	Ari Cordover	Amy Russo
	M/Distance	Runner Up	Andrew MacRae	Holly Miller eq. Grace Ryan eq.
	Walks	Champion	Lucas Hijlkema	Grace Ryan
	Walks	Runner Up	Gabriel Rosencveig	Amy Russo
U8	Sprints	Champion	Jaron English	Ella Spooner
	Sprints	Runner Up	Oscar Lorentzen	Ineka Durack
	Hurdles	Champion	Jaron English	Sophie McCaffrey
	Hurdles	Runner Up	Xavier Misso	Ella Spooner
	Throws	Champion	Jaron English	Zoe Rezsneki-Carrere
	Throws	Runner Up	Xavier Misso eq. Zachary Rezsneki-Carrere	Ella Spooner
	Jumps	Champion	Jaron English	Ella Spooner
	Jumps	Runner Up	Oscar Lorentzen eq. Myles Ellison eq.	Sophie McCaffrey eq. Leah Newton eq.
	M/Distance	Champion	Jaron English	Sophie McCaffrey
	M/Distance	Runner Up	Oscar Lorentzen	Ella Spooner
U7	Sprints	Champion	Jesse Sezonov	Emily Crosswell eq. Eliza Jeffkins eq.
	Sprints	Runner Up	Markus Hamilton eq. Flynn Walker eq.	
	Throws	Champion	Jesse Sezonov	Emily Crosswell
	Throws	Runner Up	Markus Hamilton eq. Flynn Walker eq.	Eliza Jeffkins
	Jumps	Champion	Jesse Sezonov	Eliza Jeffkins
	Jumps	Runner Up	Flynn Walker	Emily Crosswell
	M/Distance	Champion	Jesse Sezonov	Eliza Jeffkins
	M/Distance	Runner Up	Flynn Walker	Tiyah Santosh

## Encouragement Awards

Age Group	Girls	Boys
Under 7	Ingrid Foster Olivia Beanland	Edward Chen Marton Jones
Under 8	Isabella Mathieson Amelie Buxton-Rella	Bastien Hawke Vincent Garvey
Under 9	Alyssa Torrisi Ally Trent	Tom Hemmings Adam Wilson
Under 10	Adele Roche Olin Buisman	Marco Dolgoy Dion Brice
Under 11	Trinity Johnson Zali Letho	Kane Hijlkema Hamish Scanlon
Under 12	Chloe Amad Alexandra Borsaru	Angus Emons
Under 13	Katerina Kavunovsky	Peter Economidis
Under 14		
Under 15		Jared Freedman Lucas Orso

# Major Competition Results

## Caulfield Little Athletics Pentathlon Championship

Date: Saturday 1<sup>st</sup> December, 2018



Age (# of Events)	Placing	Boys	Points	Girls	Points
<b>U6 (3 Events)</b>	<b>Gold</b>	Hugh Blandamer	28	Avil Carew	29
	<b>Silver</b>	Tyler Vun	27	Louisa Roche	26
	<b>Bronze</b>	Kobe Briggs	26	Antigony Koutsoupas	24
<b>U7 (4)</b>	<b>Gold</b>	Jesse Sezonov	40	Eliza Jeffkins Emily Crosswell	33 eq. 33 eq.
	<b>Silver</b>	Flynn Walker	34		
	<b>Bronze</b>	Charlie Wilson	30	Tiyah Santosh	30
<b>U8 (4)</b>	<b>Gold</b>	Jaron English	38	Sophie McCaffrey	38
	<b>Silver</b>	Samuel Willis	24	Ineka Durack	35
	<b>Bronze</b>	Oscar Lorentzen	23	Ella Spooner	32
<b>U9 (5)</b>	<b>Gold</b>	Jack Newton	887	Amy Russo	643
	<b>Silver</b>	Andrew MacRae	748	Holly Miller	510
	<b>Bronze</b>	Lucas Hijlkema	702	Ally Trent	403
<b>U10 (5)</b>	<b>Gold</b>	Charlie O'Shea	1002	Abigail Cheshire	898
	<b>Silver</b>	Eamonn Walker	981	Adele Roche	879
	<b>Bronze</b>	Aadam Khan	908	Kaitlin Ord	848
<b>U11 (5)</b>	<b>Gold</b>	Cooper Acklom	1106	Jazmin Firth	1175
	<b>Silver</b>	Harry Marshall	1094	Allegra Orso	1049
	<b>Bronze</b>	Xavier Madeira	998	Grace McIntyre	879
<b>U12 (5)</b>	<b>Gold</b>	Jaikiah Honner	1218	Chelsea Whittle	1230
	<b>Silver</b>	Daniel MacRae	1181	Charlotte Nielsen	1163
	<b>Bronze</b>	Paddy Sullivan	901	Ella Yang	960
<b>U13 (5)</b>	<b>Gold</b>	Jackson Davey	1116	Tanasha Santosh	875
	<b>Silver</b>	Elijah Khoury	928	Siena Miller	771
	<b>Bronze</b>	Toby Hearst	799		
<b>U14 (5)</b>	<b>Gold</b>	Paddy Colgan	1483		
	<b>Silver</b>	Noah Emons	1007		
	<b>Bronze</b>	Ethan Brown	957		
<b>U15 (5)</b>	<b>Gold</b>	Sam Cantwell	1712		
	<b>Silver</b>	Jared Freedman	1326		
<b>U16 (5)</b>	<b>Gold</b>	Liam Glew	1565	Aleesha Whittle	912
	<b>Silver</b>	Lucas Vaidie	1460		
	<b>Bronze</b>				

## Cross Country Competition



Each year as the summer Track and Field season comes to an end, a dedicated group of Caulfield Athletes get together with children from Brighton, Sandringham Oakleigh, Moorabbin, Mentone, Springvale and South Melbourne Centres to run the Cross-Country season under the banner of Bayside Cross Country. The competition is held on Saturday mornings during the winter months at various locations and our 'home' ground is Bald Hill Park in Clarinda. Regional and State events are also run for the cross-country season for U9-16 age

groups. Athletes in the U7 & U8 age groups may run at SMR however the event is deemed a 'non-championship' event. There are also State Cross Country Relays and State Road Relays for U9-16 age groups.

In 2018 Caulfield had 54 Cross Country athletes competing at Bayside XC, making us the highest represented centre. Cross-country is a great way to stay fit over the winter months and complements other winter sports such as football, netball and soccer, so come along next season and get involved.



## Bayside Cross-Country Club Championship

Bayside Cross-Country Club Championships were held at our home course of Bald Hill Park, Clarinda on Saturday 4<sup>th</sup> August, 2018. Congratulations to all athletes who ran during the season and to the following Caulfield athletes who won medals:

<b>Gold Medal</b>	U6 Boys	Jesse Sezonov
	U7 Girls	Sophie McCaffrey
	U14 Boys	James Harper
	Open Male	Pat Kaufman
<b>Silver Medal</b>	U6 Girls	Tiyah Santosh
	U10 Girls	Alice Francou
	U11 Girls	Chelsea Whittle
	U14 Boys	Ashley Curry
	Open Female	Jackie Tauro
<b>Bronze Medal</b>	U6 Boys	Campbell Miller
	U8 Girls	Amy Russo
	U9 Girls	Sophie Volpert
	U10 Girls	Keely English
	U10 Boys	Onkaar Lamba
	U11 Girls	Tanasha Santosh

## Bayside Cross-Country Handicap Event Winners:

U6 Girls	Tiyah Santosh
U6 Boys	Campbell Miller
U7 Boys	Siddath Balaji
U11 Girls	Maggie Anderson
U11 Boys	Jaikiah Honner
U14 Boys	James Harper
Open Female	Jackie Tauro

## Bayside Cross-Country Age Group Champions:

<b>1<sup>st</sup> Place</b>	U6 Girls	Tiyah Santosh
	U6 Boys	Campbell Miller
	U11 Girls	Chelsea Whittle
	U14 Boys	James Harper
	Open Female	Jo Whittle
<b>2<sup>nd</sup> Place</b>	U6 Boys	Jesse Sezonov
	U10 Girls	Alice Francou

	U11 Girls	Tanasha Santosh
	U14 Boys	Ashley Curry
<b>3<sup>rd</sup> Place</b>	U7 Girls	Sophie McCaffrey
	U8 Girls	Amy Russo
	U10 Girls	Keely English
	U10 Boys	Onkaar Lamb
	U11 Girls	Ella Yang
	Open Female	Linda McCaffrey

## SMR Cross Country Challenge

The SMR Cross Country Challenge was held at Ballam Park, Frankston on Saturday 23<sup>rd</sup> June. Caulfield had 26 athletes entered and we achieved 2 Team Gold Medals (U9 Girls & U11 Girls) and 4 Team Bronze Medals (U9 Girls, U10 Boys, U10 Girls & U15 Girls).

### U9 Boys – 1500m

Charlie O'Shea	1 <sup>st</sup> Place
Mitchell Dally	4 <sup>th</sup> Place

### U9 Girls – 1500m

Sophie Volpert	4 <sup>th</sup> Place
Tricia Santosh	5 <sup>th</sup> Place
Adele Roche	6 <sup>th</sup> Place
Rosie O'Brien	8 <sup>th</sup> Place
Evelina Ouskov	9 <sup>th</sup> Place
Emilie Lorentzen	16 <sup>th</sup> Place
Emma McCaffrey	22 <sup>nd</sup> Place

### U10 Boys – 1500m

Onkaar Lamb	6 <sup>th</sup> Place
Henry Dwyer	15 <sup>th</sup> Place
Shriman Adapa	16 <sup>th</sup> Place

### U10 Girls – 1500m

Emma Middleton	8 <sup>th</sup> Place
Keely English	9 <sup>th</sup> Place
Ines Richard	17 <sup>th</sup> Place

### U12 Boys – 2000m

Aiden Collard	15 <sup>th</sup> Place
Tooby Hearst	17 <sup>th</sup> Place

### U11 Girls – 2000m

Tanash Santosh	2 <sup>nd</sup> Place
Ella Yang	4 <sup>th</sup> Place
Chelsea Whittle	5 <sup>th</sup> Place
Siena Miller	18 <sup>th</sup> Place

### U14 Boys – 3000m

Liam Glew	7 <sup>th</sup> Place
James Harper	8 <sup>th</sup> Place

### U15 Girls – 3000m

Genevieve O'Brien	3 <sup>rd</sup> Place
Isabella Harper	8 <sup>th</sup> Place
Aleesha Whittle	9 <sup>th</sup> Place



## State Cross Country Championship

The 2018 Little Athletics Cross Country season culminated with the State Cross Country Championships being held at Lake Dewar, Myrning on Saturday 29<sup>th</sup> July. Caulfield had 20 athletes participate.

Our athletes achieved the following results.

### U9 Boys – 1500m

Charlie O'Shea 25<sup>th</sup> Place

### U9 Girls – 1500m

Sophie Volpert 5<sup>th</sup> Place  
 Tricia Santosh 13<sup>th</sup> Place  
 Rosie O'Brien 21<sup>st</sup> Place  
 Adele Roche 29<sup>th</sup> Place  
 Evelina Ouskov 31<sup>st</sup> Place  
 Emilie Lorentzen 39<sup>th</sup> Place  
 Emma McCaffrey 50<sup>th</sup> Place

### U10 Boys – 1500m

Onkaar Lamb 20<sup>th</sup> Place  
 Shriman Adapa 43<sup>rd</sup> Place  
 Henry Dwyer 46<sup>th</sup> Place

### U10 Girls – 1500m

Emma Middleton 28<sup>th</sup> Place  
 Keely English 33<sup>rd</sup> Place

### U14 Boys – 3000m

James Harper 17<sup>th</sup> Place

### U11 Girls – 2000m

Tanasha Santosh 5<sup>th</sup> Place  
 Chelsea Whittle 7<sup>th</sup> Place  
 Siena Miller 54<sup>th</sup> Place

### U15 Girls – 3000m

Genevieve O'Brien 7<sup>th</sup> Place  
 Isabella Harper 23<sup>rd</sup> Place  
 Aleesha Whittle 24<sup>th</sup> Place





**State Cross Country Relays**

The 2018 Little Athletics Cross Country season saw the inaugural State Cross Country Relays. The distances for the relays were slightly shorter than the usual XC distances allowing athletes to test out their speed as well. Caulfield had 8 teams entered, as well as athletes competing in an additional 2 SMR teams.

Our athletes achieved the following results:

U9 Boys - 5th  
U9 Girls - 5th, 8th & 14th  
U10 Boys - 6th  
U10 Girls - 7th  
U11 Boys (SMR) - 6th  
U11 Girls - 1st  
U11 Girls (SMR) - 15th  
U14 Boys - 6<sup>th</sup>

**State Road Relays**

The weather was challenging for athletes at the 2018 State Road Relays held at Sandown on 7<sup>th</sup> July. We had 6 teams compete and our athletes achieved the following results.

U9 Girls – 4<sup>th</sup> & 9<sup>th</sup>  
U10 Boys – 11<sup>th</sup>  
U10 Girls – 13<sup>th</sup>  
U11 Girls – 3<sup>rd</sup>  
U14 Boys – 5<sup>th</sup>

# Caulfield Little Athletics Centre – ALAC Representatives

## Caulfield Athletes who represented Victoria at the Australian Championships

1973/74	Bronwyn Bullivant
1976/77	Mandy Seward
1978/79	Tony Wilson
1979/80	Helga Klausgraber
1983/84	Natalie Francis Melanie Dyball
1984/85	Lara Beardsley
1986/87	Gary Brown Sonia Crabtree
1987/88	Stuart Major
1990/91	Steve Partsanis
1991/92	Matthew Robbins
1992/93	Marc Antoine
1993/94	Doug Greenough
1995/96	Michael Ryan
1997/98	Daniel Fowler
1998/99	Tim Rooke Sarah Forster
1999/00	Samantha Cook Jason Ziaei
2000/01	Natasha Ephstein

	Tim Rooke
2001/02	Jason Ziaei
2002/03	Christopher Ziaei
2004/05	Georgia Drover Jessica Kaufman
2005/06	Keana Tour-May
2006/07	Dylan Calleja
2008/09	Henry Smith
2009/10	Nicholas Edwards
2010/11	Bridget Brammer Charlotte McKenzie
2013/14	Piper Montag
2015/16	Aisling O'Conner Buckley Genevieve O'Brien
2016/17	Gemma Craddock Kiyani Sydnor
2017/18	Aisling O'Conner Buckley Aiden Shearer Lachie Marriner

## Centre Records

The following pages provide a listing of all current centre records at the conclusion of the most recent summer season. Track records set prior to the introduction of electronic timing equipment and records for events no longer part of the program have been archived. Whilst care has been taken to ensure all details are correct and up to date, if we have made an error, we apologise. If you believe you have set a new record or an error has been recorded, please email [competition@caulfieldlittleaths.org.au](mailto:competition@caulfieldlittleaths.org.au) with the details and errors will be rectified for the following year's handbook.

Performances recorded at regular Centre Competition, and Region, State, or Australian Team Championships are recognised. Cross Country best performances are recognised at regular competition day, Region/State Championships or at Open Days that are electronically timed.

### Track

All electronic times, regardless of placing, qualify as a potential record. Electronic times are those that are electronically started and finished. With hand timing, 3 official watches must be used to verify a potential record. Both manual and electronic times will be recognised as Centre records.

Track records, for less than 400 metres, will be allowed when there is strong wind assistance. The Centre Competition Director, in consultation with the Chief of Officials and the President, will decide on wind assistance.

### Field

The parent of an athlete may not measure field event records.

On Centre competition days, field event records must be checked & signed by two members of the Centre Executive before the measuring spike is removed or high jump height altered.

Wind assistance does **NOT** factor in the recording of any field Centre Record.

# Caulfield Little Athletics Centre Records as at 1<sup>st</sup> May, 2019

EVENT	RECORD	DATE	NAME	RECORD	DATE	NAME	RECORD	DATE	NAME	
		U7 BOYS						U9 BOYS		
70 METRES	11.16	23/03/19	Jesse Sezonov	11.13	29/03/03	Gerard Gleeson	10.64	16/03/96	Phillip Page	
100 METRES	16.84	08/12/12	Dinesh Jayasena	15.57	15/3/2014	Dinesh Jayasena	14.93	29/11/03	Gerard Gleeson	
200 METRES	34.52	02/03/19	Jesse Sezonov	33.27	15/3/2014	Dinesh Jayasena	30.59	16/03/96	Phillip Page	
400 METRES	1:24.96	09/02/19	Jesse Sezonov	1:15.93	31/01/15	Luke Kennedy	1:08.20	17/03/96	Phillip Page	
800 METRES	no event			no event			2:37.05	15/03/03	Ethan Wilson	
60M HURDLES	no event			11.37	22/3/03	Lachlan Ritchie	10.51	17/03/96	Brent Ryan	
WALK	no event			no event			4:19.92 (700m)	24/03/18	Charlie Thomas	
HIGH JUMP	no event			1.18m	29/3/03	Gerard Gleeson	1.30m	2/03/13	Liam Glew	
LONG JUMP	3.33m	26/02/11	Liam Glew	3.74m	9/03/12	Liam Glew	4.17m	13/03/10	Daniel Mouratch	
SHOT PUT	7.07m (1kg)	23/03/19	Jesse Sezenov	7.62m (2kg)	1/2/03	Gerard Gleeson	9.18m (2kg)	13/03/88	Steve Partanis	
DISCUS	20.35m (350g)	09/02/19	Jesse Sezonov	28.6m (500g)	01/12/86	Steve Partanis	35.12m (500g)	21/02/88	Steve Partanis	
M/EVENT Alberta Youth	no event			no event			1123	15/12/12	Liam Glew	
CROSS COUNTRY	4:07.50 (1K)	01/07/06	Max O'Donnell	3:40.00 (1K)	21/07/12	Liam Glew	5:32.86 (1.5K)	30/07/06	Mason Martinez	

EVENT	RECORD	DATE	NAME	RECORD	DATE	NAME	RECORD	DATE	NAME
U10 BOYS				U11 BOYS				U12 BOYS	
70 METRES	10.29	22/11/97	Chris Huang						
	10.29	20/03/11	Daniel Mouratch						
100 METRES	13.84	20/03/11	Daniel Mouratch	13.53	22/03/98	Jason Ziaei	12.70	21/03/99	Jason Ziaei
200 METRES	29.41	15/03/97	Jason Ziaei	28.12	21/03/98	Jason Ziaei	25.54	20/03/99	Jason Ziaei
400 METRES	1:04.34	17/03/19	Angus Brown	1:01.31	16/03/03	Christian Smak	56.97	21/03/99	Jason Ziaei
800 METRES	2:25.80	04/03/79	Troy Harris	2:23.50	30/03/80	Troy Harris	2:18.75	20/03/10	Oliver Kelaart
1500 METRES							4:44.10	25/03/79	Tony Wilson
60/80M HURDLES	10.62 (60m)	14/03/04	Callum Carothers	10.13 (60m)	22/03/98	Brent Ryan	12.85	20/03/99	Brent Ryan
WALK	6:7.82 (1.1k)	11/03/17	Ben Frewin	6:14.40 (1.1k)	10/03/18	Ben Frewin	7:39.40 (1.5k)	27/02/83	Timothy Fuss
HIGH JUMP	1.41m	24/02/85	Matthew Gamble	1.49m	10/03/07	Henry Smith	1.61m	13/03/99	Noel Bahnsen
LONG JUMP	4.57m	22/03/98	Chris Huang	4.80m	29/03/15	Liam Glew	5.19m	19/01/02	Christopher Ziaei
TRIPLE JUMP	10.08m	28/3/2014	Liam Glew	10.62m	29/03/15	Liam Glew	11.00m	19/03/16	Liam Glew
SHOT PUT	11.42m (2kg)	04/03/89	Steve Partsanis	13.00m (2kg)	19/02/05	Dylan Calleja	9.61m (2kg)	23/03/19	Ned O'Neill
DISCUS	37.86m (500g)	11/02/89	Steve Partsanis	30.22m (500g)	02/03/19	Cooper Acklom	50.64m (750g)	16/02/91	Steve Partsanis
JAVELIN	no event			33.79m (400g)	28/03/03	Redmond Matthews	38.17m (400g)	13/03/04	Redmond Matthews
M/EVENT Alberta Youth	1157	16/11/2013	Liam Glew	1326	12/11/11	Daniel Mouratch	1285	21/11/10	Nicholas Rayson
CROSS COUNTRY	5:16.34 (1.5k)	26/07/98	Jason Abbott	6:51.70 (2k)	26/07/09	Oliver Kelaart	6:58.35 (2k)	26/07/98	Tim Rooke

EVENT	RECORD	DATE	NAME	RECORD	DATE	NAME	RECORD	DATE	NAME
U13 BOYS									
70 METRES	8.97	16/09/07	Dylan Calleja	8.65	10/12/10	Nicholas Edwards	8.38	22/11/97	Daniel Fowler
100 METRES	11.60	22/04/07	Dylan Calleja	11.68	22/03/97	Aidan Schanssema	11.36	22/03/98	Aidan Schanssema
200 METRES	24.30	10/03/18	Lachlan Marriner	<b>23.61</b>	<b>16/03/19</b>	<b>Lachlan Marriner</b>	23.03	21/03/09	Dylan Calleja
400 METRES	54.00	16/04/00	Jason Ziaei	53.25	14/03/04	Christopher Ziaei	51.46	29/03/15	Jesse Scholz
800 METRES	2:12.08	20/03/99	Tim Rooke	2:11.00	28/03/87	Andrew Pearson	2:03.09	16/03/02	Jason Ziaei
1500 METRES	4:42.01	2/03/86	Robin Schwass	4:28.69	29/3/2014	Jasper Pickering	4:25.96	29/03/15	Jasper Pickering
SPRINT HURDLES	12.05 (80m)	29/04/18	Aiden Shearer	<b>12.74 (90m)</b>	<b>16/02/19</b>	<b>Aiden Shearer</b>	<b>13.40 (100m)</b>	<b>16/02/2019</b>	<b>Sam Cantwell</b>
200/300M HURDLES	28.02 (200m)	11/03/18	Aiden Shearer	<b>27.79 (200m)</b>	<b>25/01/19</b>	<b>Aiden Shearer</b>	29.18	07/10/17	Theo Soldati
1500M WALK	7:55.32	13/03/99	Christopher Hammond	7:57.16	25/03/00	Christopher Hammond	7:05.70	28/03/87	Dominic McGrath
HIGH JUMP	1.73m	26/04/09	Henry Smith	1.85m	21/03/10	Henry Smith	1.86m	21/03/98	Todd Andrews
LONG JUMP	5.79m	20/03/93	Marc Antoine	6.05m	16/03/91	Matthew Robbins	6.68m	01/04/92	Matthew Robbins
TRIPLE JUMP	11.87m	20/03/11	Taishi Nakase	13.13m	21/03/10	Henry Smith	<b>12.88m</b>	<b>23/02/19</b>	<b>Sam Cantwell</b>
SHOT PUT	17.39m (3kg)	22/04/07	Dylan Calleja	16.55m (4kg)	08/03/08	Dylan Calleja	16.20m (4kg)	07/03/09	Dylan Calleja
DISCUS	<b>33.61m (750g)</b>	<b>23/03/19</b>	<b>Elijah Khoury</b>	60.62m (1 kg)	1/02/93	Steve Partsanis	64.68m (1 kg)	28/01/94	Steve Partsanis
JAVELIN	38.94m (600g)	11/03/05	Redmond Matthews	45.09m (600g)	11/03/18	Haddi El Shorbagy	<b>54.29m (700g)</b>	<b>17/03/2019</b>	<b>Haddi El Shorbagy</b>
M/EVENT Alberta Youth	1455	26/11/16	Seamus O'Brien	<b>1948 (7 Events)</b>	<b>02/02/19</b>	<b>Paddy Colgan</b>	2581 Events IAAF	8/01/18	Theo Soldati
CROSS COUNTRY	11:10.00 (3K)	1994/95	Ken Zeffert				10:58.00 (3K)	1986	Andrew Robinson

EVENT	RECORD	DATE	NAME
U16 BOYS			
70 METRES			
100 METRES	<b>11.92</b>	<b>06/10/18</b>	<b>Kosta Pantazis</b>
200 METRES	<b>26.70</b>	<b>19/01/19</b>	<b>Lucas Vaidie</b>
400 METRES	<b>55.02</b>	<b>27/10/18</b>	<b>Kosta Pantazis</b>
800 METRES	2:25.52	24/03/18	Joshua Whittle
1500 METRES	5:14.67	11/11/17	Joshua Whittle
100M HURDLES	<b>16.79</b>	<b>01/12/18</b>	<b>Liam Glew</b>
300M HURDLES	<b>51.49</b>	<b>08/12/18</b>	<b>Lucas Vaidie</b>
1500M WALK	<b>10:39.42</b>	<b>23/03/19</b>	<b>Liam Glew</b>
HIGH JUMP	1.60m	27/10/18	Kosta Pantazis
LONG JUMP	5.30	01/12/18	Liam Glew
TRIPLE JUMP	12.17	16/03/19	Liam Glew
SHOT PUT	11.04	19/01/19	Lucas Vaidie
DISCUS	<b>32.10m</b>	<b>01/12/18</b>	<b>Liam Glew</b>

EVENT	RECORD	DATE	NAME
JAVELIN	34.64	24/03/18	Joshua Whittle
M/Event Alberta Youth (5 Events)	1565	01/12/18	Liam Glew
M/Event IAAF 7 Events	2228	02/0219	Lucas Vaidie
CROSS COUNTRY			

EVENT	RECORD	DATE	NAME	RECORD	DATE	NAME	RECORD	DATE	NAME
U7 GIRLS				U8 GIRLS				U9 GIRLS	
70 METRES	11.80	14/03/15	Allegra Orso	11.47	22/04/05	Braden Carothers	10.89	11/03/17	Allegra Orso
100 METRES	17.07	14/03/15	Allegra Orso	16.30	05/03/16	Allegra Orso	15.18	19/02/17	Allegra Orso
200 METRES	35.24	14/03/15	Allegra Orso	33.37	06/02/16	Allegra Orso	31.67	11/03/17	Allegra Orso
400 METRES	1:26.25	8/2/2014	Chelsea Whittle	1:18.34	05/12/15	Allegra Orso	1:14.46	20/03/16	Chelsea Whittle
800 METRES	No Event			No Event			2:46.05	18/03/95	Jenni Vine
60M HURDLES	No Event			11.80	27/03/04	Ally Brammer	10.88	19/02/94	Anna Popescu
WALK	No Event			No Event			4.43.00 (700m)	14/01/17	Emma Middleton
HIGH JUMP	No Event			1.06m	11/02/2017	Grace McIntyre	1.20m	25/03/84	Belinda Stone
LONG JUMP	3.20m	21/03/15	Allegra Orso	3.48m	04/03/2017	Rosie O'Brien	1.20m	10/11/01	Margaret Gleeson
SHOT PUT	5.26m (1.5kg)	15/3/2014	Chelsea Whittle	6.34m (2kg)	13/03/99	Kimberley Mulhall	4.06m	15/03/81	Natalie Francis
DISCUS	18.33m (350g)	25/02/12	Chloe Kaufman	20.55m (500g)	19/02/99	Kimberley Mulhall	7.90m (2kg)	19/03/00	Kimberley Mulhall
M/EVENT Alberta Youth	No Event			No Event			27.67m (500g)	18/03/00	Kimberley Mulhall
CROSS COUNTRY	4:24.25 (1K)	26/07/2014	Chelsea Whittle	4:08.00 (1K)	30/06/73	Mandy Seward	902 Points	28/01/18	Grace McIntyre
							6:02.60 (1.5K)	13/07/74	Mandy Seward

EVENT	RECORD	DATE	NAME	RECORD	DATE	NAME	RECORD	DATE	NAME
U10 GIRLS				U11 GIRLS				U12 GIRLS	
70 METRES	10.08	16/03/02	Alexandra Churchward	9.93	15/03/03	Alexandra Churchward	9.76	21/03/98	Katie Chivers
100 METRES	14.49	17/03/02	Alexandra Churchward	13.86	11/03/18	Charlotte Nielsen	13.30	17/03/19	Charlotte Nielsen
200 METRES	30.26	16/03/02	Alexandra Churchward	28.64	10/03/18	Charlotte Nielsen	27.74	16/03/19	Charlotte Nielsen
400 METRES	1:08.83	12/03/17	Tanasha Santosh	1:04.93	29/3/2014	Genevieve O'Brien	1:02.51	17/03/19	Andriana Skandalis
800 METRES	2:35.96	15/03/03	Keana Tour-May	2:31.44	29/3/2014	Genevieve O'Brien	2:27.37	29/03/15	Genevieve O'Brien
1500 METRES	No Event			5:18.21	14/03/04	Keana Tour-May	4:57.69	25/03/12	Georgie Macdonald
60/80M HURDLES	10.48 (60m)	17/03/19	Laura Wong	10.26 (60m)	18/03/07	Ally Brammer	13.09 (80m)	16/03/96	Sarah Forster
WALK	5.46.27 (1.1K)	16/03/08	Jemima Montag	12:07.02 (1.1K)	21/10/17	Chelsea Whittle	6:56.16 (1.5K)	20/03/10	Jemima Montag
HIGH JUMP	1.27m	13/03/99	Sage Greenwood	1.41m	30/11/85	Belinda Stone	1.49m	21/02/88	Pamela Janko
LONG JUMP	4.42m	21/03/82	Natalie Francis	4.80m	13/03/83	Natalie Francis	5.34m	25/03/84	Natalie Francis
TRIPLE JUMP	9.29m	30/01/82	Natalie Francis	10.09m	25/03/84	Lara Beardsley	11.08m	25/03/84	Melanie Dyball
SHOT PUT	10.01m (2kg)	10/03/01	Kimberley Mulhall	12.07m (2kg)	16/02/02	Kimberley Mulhall	13.72m (2kg)	16/03/03	Kimberley Mulhall
DISCUS	32.21m (500g)	18/03/01	Kimberley Mulhall	33.30m (500g)	16/03/19	Jazmin Firth	37.91m (750g)	28/02/02	Kimberley Mulhall
JAVELIN	No Event			27.44m (400g)	16/03/02	Kimberley Mulhall	32.58m (400g)	16/02/03	Kimberley Mulhall
M/EVENT Alberta Youth	942	28/01/18	Allegra Orso	1297	02/02/19	Jazmin Firth	1352	15/12/12	Piper Montag
CROSS COUNTRY	5:30.00 (1.5K)	13/06/75	Mandy Seward	7:06.16 (2K)	7/07/07	Anne Wallace	6:47.30 (2K)	31/07/05	Keana Tour May



EVENT	RECORD	DATE	NAME			NAME	RECORD	DATE	NAME
U13 GIRLS									
70 METRES	9.45	22/01/05	Georgia Drover	9.58	12/11/05	Georgia Drover	9.24	02/12/07	Georgia Drover
100 METRES	12.83	20/03/05	Georgia Drover	12.84	11/03/18	Kiyani Synhor	12.41	18/03/07	Georgia Drover
200 METRES	26.47	19/03/05	Georgia Drover	25.71	10/03/18	Kiyani Synhor	25.11	17/03/07	Georgia Drover
400 METRES	1:00.71	20/03/16	Genevieve O'Brien	59.12	14/03/04	Rosamond Gilden	58.45	15/02/04	Susan Knight
800 METRES	<b>2:19.33</b>	<b>23/03/19</b>	<b>Tanasha Santosh</b>	2:17.08	11/03/17	Genevieve O'Brien	2:21.82	19/03/05	Laura Monagle
1500 METRES	4:56.32	05/03/06	Keana Tour-May	4:54.69	12/03/17	Genevieve O'Brien	4:50.72	20/03/05	Laura Monagle
80/90 HURDLES	12.87 (80m)	24/04/16	Aisling O'Connor Buckley	12.61 (80m)	11/03/17	Aisling O'Connor Buckley	13.20 (90m)	28/04/18	Aisling O'Connor Buckley
200M Hurdles	29.83	12/03/17	Gemma Craddock	30.42	07/10/17	Gemma Craddock	39.10	07/10/17	Aleesha Whittle
WALK	6:44.36	20/03/11	Jemima Montag	6:49.74	25/03/12	Jemima Montag	7:35.62	02/02/08	Madeleine Graham
HIGH JUMP	<b>1.53m</b>	<b>03/11/18</b>	<b>Anh Ly</b>	1.60m	19/03/95	Natasha Biggs	1.65m	28/02/90	Belinda Stone
LONG JUMP	5.01m	22/03/86	Christine Stewart	5.34m	09/03/01	Lauren Woodman	5.16m	27/03/10	Chynea Lang
TRIPLE JUMP	10.75m	24/03/85	Melanie Dyball	11.80m	22/03/86	Melanie Dyball	11.14m	15/02/04	Sarah Poore
SHOT PUT	13.08m (3kg)	23/04/05	Jessica Kaufman	12.98m (3kg)	29/03/15	Piper Montag	13.77m (3kg)	10/03/07	Jessica Kaufman
DISCUS	39.69m (750g)	20/03/05	Jessica Kaufman	37.92m (1kg)	11/02/06	Jessica Kaufman	39.75m (1 kg)	10/03/07	Jessica Kaufman
JAVELIN	36.23m (400g)	22/04/17	Gemma Craddock	34.10m (400g)	21/10/05	Jessica Kaufman	38.83m (500g)	18/03/07	Jessica Kaufman
M/EVENT Alberta Youth	1464	2/2/2014	Piper Montag	1807	31/01/15	Piper Montag	4363 Points (7 Events – IAAF)	25/01/16	Piper Montag
CROSS COUNTRY	10.41.02 (3K)	30/07/06	Keana Tour-May	10.40.90 (3K)	01/08/10	Anne Wallace	11.25.88 (3K)	30/07/06	Laura Eades

EVENT	RECORD	DATE	NAME
U16 GIRLS			
70 METRES			
100 METRES	<b>13.28</b>	<b>06/10/18</b>	<b>Cara Smith</b>
200 METRES	29.71	20/09/14	Samantha Miller
400 METRES	1:04.90	13/09/14	Samantha Miller
800 METRES	3:12.60	28/11/15	Jemma Owen
1500 METRES	6:30.16	16/1/16	Georgie Whittle
80/90 HURDLES	<b>16.42 (90m)</b>	<b>01/12/18</b>	<b>Cara Smith</b>
200M HURDLES	<b>45.12</b>	<b>06/10/18</b>	<b>Cara Smith</b>
WALK	8:10.57 (1.5k)	05/03/16	Georgie Whittle
HIGH JUMP	<b>1.31m</b>	<b>08/12/18</b>	<b>Aleesha Whittle</b>
LONG JUMP	<b>4.92m</b>	<b>23/03/19</b>	<b>Cara Smith</b>

TRIPLE JUMP	10.69m	16/03/19	Cara Smith
SHOT PUT	9.96m (3kg)	02/03/19	Aleesha Whittle
DISCUS	30.26m (750g)	30/10/15	Jemma Owen
JAVELIN	28.85m (400g)	25/10/14	Samantha Miller
M/EVENT Alberta Youth	912	01/12/18	Aleesha Whittle
M/EVENT IAAF (7)	2184	02/02/19	Aleesha Whittle
CROSS COUNTRY			

## Other Venue Records as at 1<sup>st</sup> of May, 2019

These records are achieved by Caulfield Athletes at any venue other than Duncan Mackinnon.

These are generally Open Days at other Centres. They will not include performances at Region or State as those performances are considered in official CLAC records. Caulfield LAC has recognised “other venue” records since Season 2007/08. If you attend any Open Days or compete at another Little Athletics centre this season, other than at our track, and you better any of the performances listed in this table, just bring your result ticket to Caulfield and give it to a Centre Executive or email all information to [competition@caulfieldlittleaths.org.au](mailto:competition@caulfieldlittleaths.org.au)

Age Group	Event	Name	Record	Season	Venue
Girls U/7	70m	Emily Sinclair	13.39	2009/10	Waverley
	100m	Piper Montag	18.13	2007/08	Knox
	200m	Piper Montag	38.4	2007/08	Knox
	LJ	Piper Montag	2.69m	2007/08	Knox
	SP (1.5kg)	Chloe Kaufman	5.25m	2011/12	Oakleigh
	Discus (350 g)	Chloe Kaufman	15.76	2011/12	Oakleigh
Boys U/7	70m	Liam Glew	12.11	2010/11	Collingwood
	100m	Liam Glew	17.40	2010/11	Collingwood
	200m	Liam Glew	38.43	2010/11	Collingwood
	LJ	Jesse Sezonov	3.40m	2018/19	Seaford
	Discus (350g)	Jack Newton	17.82m	2016/17	Coburg
	SP (1.5kg)	Finn Pickering	5.54m	2010/11	Waverley
Girls U/8	70m	Allegra Orso	11.19	2015/2016	Doncaster
	100m	Allegra Orso	16.26	2015/2016	Doncaster
	200m	Allegra Orso	33.40	2015/2016	Doncaster
	400m	Sophie McCaffrey	1:29.51	2018/19	Knox
	60mH	Jasmine Fassoulis	12.57	2008/09	Knox
	LJ	Allegra Orso	3.28m	2015/2016	Doncaster
	HJ	Abigail Newman	0.85m	2011/12	Collingwood
	SP (2kg)	Chloe Kaufman	5.46m	2012/13	Waverley
	Discus (500g)	Chloe Kaufman	17.64m	2012/13	Waverley
Boys U/8	60H	Liam Glew	11.71	2011/12	Knox
	70m	Liam Glew	11.53	2011/12	Werribee
	100m	Liam Glew	15.66	2011/12	Werribee
	200m	Nicholas Rayson	33.08	2006/07	Werribee
	400m	Liam Glew	1:15.50	2011/12	Clarence, Tas
	LJ	Liam Glew	3.69m	2011/12	Werribee
	HJ	Liam Glew	0.97m	2011/12	Clarence, Tas
	SP (2kg)	Nicholas Rayson	6.27m	2006/07	Doncaster
	Discus (500g)	Kevin Healy	24.02m	2012/13	Coburg
Girls U/9	60mH	Piper Montag	11.71	2009/10	Knox

Age Group	Event	Name	Record	Season	Venue
	70m	Allegra Orso	11.32	2016/17	Knox
	100m	Allegra Orso	15.85	2016/17	Chelsea
	200m	Allegra Orso	32.33	2016/17	Doncaster
	400m	Bridget Brammer	1:20.44	2006/07	Waverley
	800m	Bridget Brammer	2:57.00	2006/07	Sandringham
	700m Walk	Emma McCaffrey	5:17.41	2017/18	Berwick
	LJ	Allegra Orso	3.82m	2016/17	Doncaster
	HJ	Bridget Brammer	1.10m	2006/07	Werribee
	SP (2kg)	Piper Montag	6.63m	2009/10	Knox
	Discus (500g)	Abigail Newman	21.18m	2012/13	Collingwood
Boys U/9	70m	Liam Glew	11.05	2012/13	Clarence, TAS
	100m	Liam Glew	15.05	2012/13	Werribee
	200m	Liam Glew	32.33	2012/13	Sandringham
	400m	Nicholas Rayson	1:15.24	2007/08	Waverley
	60mH	Nicholas Rayson	10.83	2007/08	Knox
	800m	Liam Glew	2:53.57	2012/13	Sandringham
	HJ	Liam Glew	1.30	2012/13	Werribee
	LJ	Liam Glew	3.96m	2012/13	Clarence, TAS
	Discus (500g)	Kevin Healy	28.93	2013/14	Collingwood
	SP (2kg)	Kevin Healy	7.77	2013/14	Oakleigh
Girls U/10	70m	Allegra Orso	10.70	2017/18	Berwick
	100m	Allegra Orso	14.82	2017/18	Berwick
	200m	Allegra Orso	30.75	2017/18	Berwick
	400m	Jemma Owen	1:22.52	2009/10	Sandringham
	60mH	Bridget Brammer	12.56	2006/07	Seaford
	TJ	Bridget Brammer	8.08m	2007/08	Waverley
	LJ	Allegra Orso	4.18m	2017/18	Knox
	HJ	Isabella Harper	1.20m	2006/07	Knox
	Discus (500g)	Sophie Volpert	29.26m	2018/19	Coburg
	SP (2kg)	Sophie Volpert	8.01m	2018/19	Seaford
	1100m Walk	Jemima Montag	6:07.63	2007/08	Waverley
	800m	Bridget Brammer	2:50.60	2007/08	Waverley
Boys U/10	70m	Liam Glew	10.60	2013/14	Clarence, TAS
	100m	Liam Glew	14.39	2013/14	Sandringham
	200m	Liam Glew	31.74	2013/14	Waverley
	400m	Paul Christodoulou	1:13.34	2009/10	Sandringham
	800m	Jasper Pickering	2:44.72	2009/10	Coburg
	60mH	Mitchell Shaw	10.74	2017/18	Berwick
	LJ	Liam Glew	4.21m	2013/14	Collingwood

Age Group	Event	Name	Record	Season	Venue
	TJ	Liam Glew	9.42m	2013/14	Sandringham
	HJ	Liam Glew	1.34m	2013/14	Moorabbin
	Discus (500g)	Jared Freedman	23.95	2013/14	Donaster
	SP (2kg)	Taishi Nakase	7.94m	2007/08	Oakleigh
	1100m Walk	Jacson Lalande	6:45.41	2007/08	Waverley
Girls U/11	70m	Charlotte Nielsen	10.30	2017/18	Knox
	100m	Charlotte Nielsen	14.20	2017/18	Berwick
	200m	Charlotte Nielsen	29.24	2017/18	Berwick
	400m	Genevieve O'Brien	1:07.63	2013/14	Doncaster
	800m	Chelsea Whittle	2:43.73	2017/18	Doncaster
	60mH	Ally Brammer	10.28	2006/07	Seaford
	1500m	Genevieve O'Brien	5:29.05	2013/14	Doncaster
	1500m Walk	Isabella Harper	10:50.56	2013/14	Collingwood
	LJ	Allegra Orso	4.10m	2018/19	Knox
	TJ	Allegra Orso	8.61m	2018/19	Knox
	HJ	Isabella Harper	1.29	2013/14	Collingwood
	SP (2kg)	Jazmin Firth	9.05m	2018/19	Dubbo
	Discus (500g)	Jazmin Firth	32.70m	2018/19	Dubbo
	Javelin (400g)	Chloe Kaufman	21.73	2015/16	Knox
Boys U/11	70m	Liam Glew	10.40	2014/15	Clarence, Tas
	100m	Liam Glew	14.36	2014/15	Knox
	200m	Liam Glew	29.60	2014/15	Clarence, Tas
	400m	Paul Christodoulou	1:08.39	2010/11	Waverley
	60mH	Liam Glew	10.25	2014/15	Knox
	Discus (750g)	Seif El Shorbagy	24.79m	2017/18	Doncaster
	Shot Put (2kg)	Seif El Shorbagy	9.91m	2017/18	Doncaster
	Javelin (400g)	Seif El Shorbagy	21.68m	2017/18	Berwick
	HJ	Liam Glew	1.40m	2014/15	Moorabbin
	LJ	Liam Glew	4.66m	2014/15	Clarence, Tas
	TJ	Liam Glew	10.26m	2014/15	Clarence, Tas
	1500m	Jasper Pickering	5:40.07	2010/11	Waverley
	1500m Walk	James Harper	10:55.94	2014/15	Collingwood
Girls U/12	70m	Chynea Lang	10.48	2006/07	Coburg
	100m	Charlotte Nielsen	13.66	2018/19	Knox
	200m	Charlotte Nielsen	28.47	2018/19	Doncaster
	80mH	Aisling O'Connor Buckley	13.46	2014/15	Knox
	400m	Genevieve O'Brien	1:02.13	2014/15	Frankston
	800m	Chelsea Whittle	2:47.10	2018/19	Doncaster
	1500m	Chelsea Whittle	5:36.97	2018/19	Seaford

Age Group	Event	Name	Record	Season	Venue
	LJ	Aisling O'Connor	4.50m	2014/15	Knox
	TJ	Piper Montag	10.24	2012/13	Knox
	HJ	Isabella Harper	1.45m	2014/15	Frankston
	Discus (750g)	Ally Brammer	22.89m	2007/08	Seaford
	Shot Put (2kg)	Gemma Craddock	8.69m	2015/16	Coburg
	Javelin (400g)	Chloe Kaufman	25.64m	2016/17	Doncaster
	1500m Walk	Jemima Montag	8:05.42	2009/10	Knox
Boys U/12	70m	Liam Glew	10.09	2015/16	Moorabbin
	100m	Aiden Shearer	13.54	2016/17	Coburg
	200m	Aiden Shearer	29.06	2016/17	Coburg
	80mH	Liam Glew	14.02	2015/16	Moorabbin
	TJ	Liam Glew	10.77m	2015/16	Moorabbin
	LJ	Liam Glew	4.82m	2015/16	Hobart, Tas
	High Jump	Liam Glew	1.43m	2015/16	Hobart, Tas
	Shot Put (3kg)	Liam Glew	8.13m	2015/16	Moorabbin
	Discus (750g)	Liam Glew	27.32m	2015/16	Moorabbin
	Javelin (400g)	James Harper	25.62m	2015/16	Doncaster
	800m	Sebastian Graham	2:40.03	2007/08	Knox
	1500m Walk	Sebastian Graham	10:26.31	2007/08	Knox
Girls U/13	100m	Ally Brammer	13.61	2008/09	Waverley
	200m	Jasmine Fassoulis	28.34	2008/09	Doncaster
	400m	Jasmine Fassoulis	1:08.11	2007/08	Waverley
	800m	Gemma Craddock	2:47.34	2016/17	Waverley
	80mH	Aisling O'Connor Buckley	12.12	2008/09	Waverley
	200mH	Gemma Craddock	33.26	2016/17	Knox
	LJ	Aisling O'Connor Buckley	4.61m	2015/16	Doncaster
	HJ	Isabella Harper	1.45m	2015/16	Doncaster
	TJ	Isabella Harper	10.51m	2015/16	Doncaster
	Javelin (400g)	Gemma Craddock	30.39	2016/17	Doncaster
	Shot Put (3kg)	Gemma Craddock	9.18m	2016/17	Waverley
	Discus (750g)	Isabella Harper	17.46m	2015/16	Doncaster
	1500m Walk	Jemima Montag	7:44.00	2009/10	Sandringham
Boys U/13	70m	Seb Graham	9.47	2008/09	Knox
	100m	Lachie Marriner	12.25	2017/18	Berwick
	200m	Lachie Marriner	25.02	2017/18	Berwick
	400m	Seb Graham	1:03.33	2008/09	Knox
	80mH	Callum Carothers	13.03	2006/07	Sandringham
	LJ	Dylan Calleja	5.03m	2006/07	Knox
	TJ	Ryan Losty	9.18m	2009/10	Seaford

Age Group	Event	Name	Record	Season	Venue
	HJ	Callum Carothers	1.30m	2006/07	Sandringham
	SP (3kg)	Dylan Calleja	16.20m	2006/07	Knox
	Discus (1kg)	Lachie Marriner	24.69m	2017/18	Mornington
	Javelin (600g)	James Harper	21.37m	2016/17	Doncaster
	800m	Lachie Marriner	2:36.22	2017/18	Mornington
	1500m	Jeremy Weeks	5:18.66	2006/07	Sandringham
	1500m Walk	Paul Tremiglozzi	9:09.56	2009/10	Sandringham
Girls U/14	100m	Gemma Craddock	13.36	2017/18	Doncaster
	200m	Nicola Davis	28.34	2010/11	Waverley
	400m	Ally Brammer	1:07.61	2009/10	Sandringham
	80mH	Chynea Lang	14.94	2008/09	Seaford
	800m	Samantha Miller	2:41.10	2012/13	Knox
	TJ	Chynea Lang	10.05m	2008/09	Waverley
	LJ	Chynea Lang	4.50m	2008/09	Waverley
	1500m Walk	Madeleine Graham	8:15.18	2006/07	Knox
	1500m	Samantha Miller	5:18.74	2012/13	Knox
	Discus (1kg)	Sasha Watson	28.38m	2009/10	Knox
	Shot Put (3kg)	Stephanie Baker	10.73m	2017/18	Doncaster
	Javelin (400g)	Gemma Craddock	31.10m	2017/18	Doncaster
	HJ	Chynea Lang	1.45m	2008/09	Sandringham
Boys U/14	100m	Lachlan Marriner	11.98	2018/19	Doncaster
	200m	Lachlan Marriner	24.41	2018/19	Berwick
	90mH	Aiden Shearer	13.05	2018/19	Berwick
	200mH	Aiden Shearer	28.04	2018/19	Berwick
	400m	Jack Brammer	1:09.34	2006/07	Southern Pen
	LJ	Aiden Shearer	5.91m	2018/19	Seaford
	TJ	Aiden Shearer	12.31m	2018/19	Berwick
	HJ	James Harper	1.30m	2017/18	Knox
	Discus (1kg)	Haddi El Shorbagy	40.11m	2017/18	Berwick
	Shot Put (4kg)	Haddi El Shorbagy	14.23m	2017/18	Berwick
	Javelin (600g)	Haddi El Shorbagy	38.07m	2017/18	Doncaster
Girls U/15	90mH	Kate Scott	15.24	2006/07	Waverley
	LJ	Sophie Lichoudaris	4.88m	2007/08	Waverley
	TJ	Isabella Harper	10.81m	2017/18	Doncaster
	Discus (1kg)	Sasha Watson	29.00m	2010/11	Waverley
	SP (3kg)	Stephanie Baker	11.42m	2018/19	Seaford
	100m	Sophie Lichoudaris	13.09	2007/08	Knox
	200m	Sophie Lichoudaris	28.15	2007/08	Waverley
	400m	Samantha Miller	1:04.76	2013/14	Doncaster

Age Group	Event	Name	Record	Season	Venue
	800m	Samantha Miller	2.38.52	2013/14	Coburg
	1500m	Samantha Miller	5.01.89	2013/14	Doncaster
	HJ	Sophie Lichoudaris	1.46m	2007/08	Waverley
	Javelin (500g)	Gemma Craddock	34.79m	2018/19	Doncaster
	1500m Walk	Madeleine Graham	7:43.70	2007/08	Corio
Boys U/15	100m	Ben Rayson	15.14	2006/07	Waverley
	400m	James Harper	1:13.33	2018/19	Berwick
	1500m	Chris Hibbert	5:03.21	2010/11	Waverley
	100mH	Dylan Calleja	16.15	2008/09	Frankston
	HJ	Beau Lang	1.46m	2006/07	Coburg
	TJ	Dylan Calleja	11.36m	2008/09	Frankston
	LJ	Beau Lang	4.87m	2006/07	Werribee
	Discus (1kg)	James Harper	34.68m	2018/19	Doncaster
	SP (4kg)	Dylan Calleja	15.03m	2008/09	Frankston
	Javelin (600g)	Beau Lang	37.48m	2006/07	Maryborough
	1500m Walk	Paul Tremiglozzi	9:28.98	2009/10	Seaford
Girls U/16	100m	Aleesha Whittle	17.88	2018/19	Mornington
	400m	Samantha Miller	1:05.87	2014/15	Doncaster
	800m	Aleesha Whittle	3:32.53	2018/19	Mornington
	90m Hurdles	Aleesha Whittle	20.10	2018/19	Mornington
	Long Jump	Madelyn Harper	4.15m	2015/16	Doncaster
	Shot Put (3kg)	Aleesha Whittle	9.25m	2018/19	Mornington
	High Jump	Madelyn Harper	1.30m	2015/16	Doncaster
	Triple Jump	Madelyn Harper	9.52m	2015/16	Doncaster
	Discus (1Kg)	Aleesha Whittle	21.72m	2018/19	Doncaster
	Javelin (500g)	Samantha Miller	29.72	2014/15	Doncaster



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*Enable children  
of all ages and  
ability to participate  
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